

inside:



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# Driftwood

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Wednesday, May 12, 2021

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PHOTO BY LILLY FLASCHENTRAGER

**READY TO FLY:** A female Rufous hummingbird sips sugar water from a glass held by Joe Stacey. The hummingbird was found appearing to be almost dead behind a bookcase in the Stacey family home but was able to be rejuvenated and set free. See page 16 for a "before" photo of the bird.

**ENVIRONMENT**

## Invasive lizard lands on island

Royal BC zoologist asks public to look out for creature

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

An invasive lizard species that has over-run gardens from Sidney to Colwood is confirmed to have made landing on Salt Spring, and officials are asking members of the public to help keep tabs on the situation.

Channel Ridge resident Pat Miller discovered the first known instance of the common wall lizard on Salt Spring, which has been confirmed by the Royal BC Museum's curator of vertebrate zoology, Gavin Hanke. Miller said she first noticed the reptile outside her home last year but thought it might have been a native alligator lizard. When it reappeared this spring, though, she had done some more reading and suspected it was an invasive native to Italy.

"I'm a retired biologist. I'm just interested in what creatures are out there," Miller explained.

Miller took a photo of the lizard and posted it to iNaturalist for identification. She also sent photos directly to Hanke, who has written several journal articles on the topic. She's now trying to capture the lizard to send it to him.

Common wall lizards were introduced to the Saanich Peninsula in 1967 when a private zoo shut down and the owner released around a dozen of the reptiles into the wild. There are now an estimated 700,000 in the area, and there are known populations in Duncan, Crofton, Nanaimo, Denman Island, Courtenay and Campbell River.

"I kind of expected [them to appear on Salt Spring] since you're so close to Vancouver Island and they're super abundant on Vancouver Island. I've actually been kind of dreading it," Hanke said.

In Hanke's own neighbourhood, every garden has at least 10 resident wall lizards, and he knows of one neighbour nearby who has something like 200. He said the wall lizard is well-adapted to the local climate since it's very similar to its native Italy, and Salt Spring is especially ideal because it favours garden structures, rock walls and open sunny areas.

"This region is just so hospitable. The winters are short and mild and the summers are warm, and with climate change it's just going to get worse," he said.

LIZARD continued on 16

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FIRST PEOPLES

# Island observes Red Dress Day

Event's significance shared by survivor

BY ELIZABETH NOLAN

DRIFTWOOD STAFF

Empty red dresses were seen hanging in some prominent Salt Spring locations last Wednesday as island institutions and individuals paid respect to the National Day of Awareness of Missing and Murdered Indigenous Women and Girls.

May 5 has become known as Red Dress Day in reference to the REDdress Project by Canadian artist Jaime Black, who raises awareness of those missing and murdered sisters and daughters. Among the locations participating this year were the Salt Spring Public Library and Salt Spring Middle School, where a red dress was draped across the arms of the Coast Salish welcoming figure. Another dress could be seen hanging in a Maliview Drive front yard belonging to Christine Hunt.

Hunt is a Kwakiutl noblewoman, originally from Alert Bay. She hangs a red dress outside her house on significant dates like Valentine's Day and May 5, but also on other days when she is thinking about murdered and missing women and their families.

"I like to put it out there to honour and remember them," Hunt said.

Hunt said the colour red has deep symbolic value. For many tribes, red is the only colour the spirits can see. Hanging the empty red dress both honours the memories of those lost and demonstrates the hope the spirits can bring them home to rest.

The tragic extent of the violence against aboriginal women was ignored by public officials for many years. The federal Conservatives actually rejected appeals for a national inquiry in 2014 after receiving a parliamentary report on the issue.

A national inquiry subsequently established by Prime Minister Justin Trudeau in 2016 brought home the reality. More than 2,380 family members, survivors of violence, experts and knowledge keepers shared their stories over two years of cross-country public hearings and evidence gathering.

The final report, published in October 2019, revealed that "persistent and deliberate human and Indigenous rights violations and abuses are the root cause behind Canada's staggering rates of violence against Indigenous women, girls and two-spirit, lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual (2SLGBTQIA) people."

"This violence amounts to a race-based genocide of Indigenous Peoples, including First Nations, Inuit and Métis, which especially targets women, girls and 2SLGBTQIA people. This genocide has been empowered by colonial structures, evidenced notably by the Indian Act, the Sixties Scoop, residential schools, and breaches of human and Inuit, Métis and First Nations rights, leading directly to the current increased rates of violence, death and suicide in Indigenous populations," the executive summary states.

Hunt's family has not escaped that violence. The DNA of one of her cousins was discovered on convicted serial killer Robert Pickton's farm.

Hunt has also experienced horrific violence directly. In 1975 she was kidnapped and raped by a man who threatened to shoot her afterward with the rifle in his truck.

"I was 25 years old, and he was a white man. It was on a logging road and I remember thinking my family would never know what happened to me ... I was very fortunate to survive that. I got away and I called the RCMP and he was caught right away," Hunt said.

Hunt said the RCMP were very helpful in her case. Men were not often being charged with rape at that time, especially when the victims were Indigenous. The man was charged and after a five-day trial he was sentenced to five years in jail for rape and five years for buggery, with sentences to be served concurrently.

Hunt's father asked her why she would put herself through the trauma of the trial. She told him the man needed to be put away to protect other women and girls. She had a 15-year-old sister and asked him to imagine what would have happened to her.

Until recently, Hunt had only shared that personal story with a few small groups or one-on-one with certain individuals. Then two years ago, an organizer of the Salt Spring Women's March asked her to speak about it. Hunt said the response was amazing.

"I thought if this will help one person come forward and talk about what happened to them, then I've done my job," she said.

Hunt knows she was very fortunate to get away from her attacker. It's estimated that some 4,000 Indigenous women



PHOTO BY ELIZABETH NOLAN

Christine Hunt, wearing Kwakiutl regalia that is over 100 years old, stands by a red dress she hangs outside on her property to honour missing and murdered Indigenous women and girls.

have been murdered in Canada over the past 30 years.

"That's 103 women per year and three per week, which is astounding," Hunt said. "And I have to say I resent the Conservatives putting a lid on this in 2014, because it could

have started to put things in a more positive light as the report did two years ago."

Having missing women is almost worse than knowing they've been murdered. Hunt said many families don't know what happened to their loved ones and may spend years wondering.

"Every time a woman is found I feel relief for that family since their grieving process can start," she said.

Hunts believes the national inquiry was a healing experience for some who testified, since their stories were finally listened to and heard. It also brought everything to the forefront of people's minds.

"It just couldn't be ignored anymore," she said. "We represent only 4.9 per cent of the population of Canada, and our women were preyed upon in horrifying rates."

Hunt is a member of the Salt Spring Public Library's Reconciliation Reading Circle. She contributed a red dress for the library's observance last week along with fellow member Ellie Parks.

Being invited to talk to local groups about reconciliation and Indigenous culture is a positive change, she said. Hunt believes people on Salt Spring are compassionate and want to do better.

Other positive changes include an announcement by the provincial government last week that it will be improving cell service along Highway 16 — the infamous Highway of Tears where many Indigenous women and girls have disappeared.

"I know it's not enough, but it's a start," Hunt said.

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When using Daylight Saving Time, one hour must be added to the predicted time in the table

DAY	TIME	METRES	FEET	DAY	TIME	METRES	FEET
12 WE ME	0355	2.9	9.5	16 SU DI	1327	0.5	1.6
	1112	0.6	2.0		2220	3.3	10.8
	1918	3.1	10.2				
13 TH JE	0001	2.6	8.5	17 MO LU	1410	0.6	2.0
	0412	2.9	9.5		2303	3.3	10.8
	1141	0.5	1.6				
14 FR VE	2003	3.2	10.5	18 TU MA	1458	0.8	2.6
	0056	2.7	8.9		2343	3.3	10.8
	0428	2.9	9.5				
15 SA SA	1213	0.5	1.6	19 WE ME	1553	0.9	3.0
	2049	3.2	10.5				
	0202	2.8	9.2				
	0441	2.8	9.2				
	1248	0.5	1.6				
	2135	3.3	10.8				

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ENVIRONMENT

# Arbutus trees under attack by parasite



PHOTO BY GAIL SJUBERG

Branch of a Salt Spring arbutus tree with dead and dying foliage as a result of leaf blight amplified by stresses such as drought.

## Climate stresses throw relationship out of balance

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Shifting climate has produced an imbalance in a regional parasite-host relationship and the coast's iconic arbutus tree could be the ultimate victim.

People living on Vancouver Island and the southern Gulf Islands have noticed many arbutus trees seem to be suffering this spring, with leaves and branches turning black and falling off. If significant defoliation occurs more than once, those trees may not survive, warns forest ecologist and B.C. native plant expert Andy MacKinnon.

"I can't think of a similar year in the 35 years I've been studying trees on the coast," MacKinnon said.

MacKinnon explained the damage happening to arbutus trees is the result of a parasitic leaf blight. Normally the leaf blight coexists with the trees and has managed to do so for hundreds or even thousands of years. He believes their relationship has changed recently so the leaf blight is getting the upper hand — which could eventually destroy both species — because other stressors are not allowing the arbutus to fight back the way it normally does. Climate change is the most likely culprit.

"It's not just change in climate that's killing the tree, it's weakening the trees and allowing the leaf blight to run amok," MacKinnon clarified.

Arbutus is at the northern edge of its range in British Columbia and is mainly found on the southern tip of Vancouver Island and the southern Gulf Islands, which is also where the most reports of blight are coming from. MacKinnon observed there was a leaf blight epidemic around five years ago that killed many arbutus trees at the time.

"I suspect the problem is extreme summer drought, and that's not going

to happen every year. It's going to happen more often, and there will be more wildfires, at least according to climate projections, but not every year," he said.

Arbutus trees are not just visually striking, they are an important food source for pollinators when they flower in the spring, and for multiple bird species when they produce berries in the fall. They are not the only native trees showing the impacts of climate stress, although MacKinnon said many people he's talked to consider them a favourite tree, so they may be most upset about their plight. In recent years there has been noticeable loss of western red cedars locally, and salal die-offs in some other parts of B.C. MacKinnon said even Douglas firs are dying in some areas.

"I think it's a reminder that climate is changeable and its implications. There is a change in environmental factors that is impacting trees, and the decline in trees we're seeing is simultaneous and widespread," he said.

"It's a reminder we ought to redouble our efforts on greenhouse gas emissions and all that. These tree species are sending us a message."

MacKinnon said there is not a lot people can do to save trees at immediate risk, especially since there are tens of thousands of them. People who have one or a few cherished arbutus trees in their own yards could try easing the stress of drought.

"If you can provide some water to those trees, I'm sure they will appreciate it — but it won't help the vast majority of them," MacKinnon said.

He added it's a good sign that many of Salt Spring's arbutus trees are flowering now, because that means they have the extra energy to expend. As well, trees that lose their leaves one year may bounce back if they are able to grow and keep a new set.

"I'm certainly hopeful some of the trees will survive," he said.

## WEEKLY COVID REPORT

### Southern Vancouver Island & Gulf Islands COVID-19 case data:

NEW REPORTED COVID-19 CASES				
	Week of 4/4-4/10	Week of 4/11-4/17	Week of 4/18-4/24	Week of 4/25-5/01
Southern Gulf Islands .....	0	0	0	3
Saanich Peninsula .....	22	18	16	5
Greater Victoria .....	131	103	74	67
Langford to Port Renfrew .....	58	50	41	20
Duncan Area.....	13	13	12	9
Chemainus to Nanaimo.....	67	39	46	44
<b>Total.....</b>	<b>291</b>	<b>223</b>	<b>189</b>	<b>148</b>

BY CURT FIRESTONE & STAN DERELIAN

Even though there were three reported new COVID-19 cases on the Gulf Islands in the week ending May 1, the overall trend in the southern Vancouver Island area is positive.

With everyone's continued efforts, including getting vaccinated, we are on the correct course.

The cumulative COVID case numbers from January 2020 until the end of April

2021 were released this past week. All of Vancouver Island accounts for only 3.6 per cent of the total cases in British Columbia.

As of April 30, British Columbia has had 129,482 COVID cases; Vancouver Island had 4,665; Victoria metropolitan area had 1,681 and the Gulf Islands had 36 cases. Vancouver Coastal and the Fraser Health areas account for 82 per cent (106,492) of the total B.C. COVID cases.



### NOTICE OF NOMINATION SALT SPRING ISLAND FIRE PROTECTION DISTRICT TWO TRUSTEES

Notice is hereby given to the owners of land within the Salt Spring Island Fire Protection District that nominations for two trustees will be received between:

**9:00 A.M. 17th May 2021  
and 4:00 P.M. 28th May 2021**

During which period the nomination documents shall only be received during the office hours of Monday through Friday from 9:00 A.M. to 4:00 P.M. at the Ganges Fire Hall, 105 Lower Ganges Road, or arrangements may be made to file nomination documents by phoning Anthony Kennedy, Returning Officer at (250) 537-8815.

One trustee position is to fill a vacant trustee position for the balance of a term of office ending at the close of the Annual General Meeting held in 2022; and one trustee position to fill a vacant trustee position for the balance of a term of office ending at the close of the Annual General Meeting held in 2021. The length of terms for those elected will be determined according to the number of votes received with the higher receiving the longer term.

The Election will be held **exclusively by mail-in ballot**. Ballots will be mailed to registered voters or may be obtained from the office of the Ganges Fire Hall beginning on **Monday, June 7, 2021**. Ballots will be received by mail or delivered in person addressed to the Returning Officer at the Ganges Fire Hall during office hours. Election results will be announced at the first regular meeting of the Board of Trustees following the June 18, 2021 General Voting day.

Candidates shall be nominated by two duly qualified electors of the Salt Spring Island Fire Protection District. Nomination forms may be obtained at the Ganges Fire Hall or from Anthony A. Kennedy, Returning Officer (250) 537-8815

Those persons eligible to vote at this election will have the following qualifications:

1. Be a Canadian Citizen
2. Be eighteen years of age or older
3. Be a resident in the Province of British Columbia for at least six months prior to this election
4. Be an owner of land within the boundaries of the Salt Spring Island Fire Protection District
5. One vote is also allowed for each board or corporation that owns land within the Fire Protection District. The Board or Corporation must designate one person in writing to act as an authorized agent to vote on its behalf.

If more than one person is registered on title as owner of land then those owners may vote providing they meet the qualifications set out above. Such persons must be listed on the register of eligible voters or present documents indicating their ownership. No persons may vote more than once with the exception that they may vote as an authorized agent and personally if they own land on a personal basis.

Dated at Ganges, B.C. Anthony A. Kennedy  
This 6th May 2021 Returning Officer

# OPINION



**2019 CCNA Awards**  
 Gold - Best Editorial Page | Gold - Best Feature Series (Gail Sjuberg)  
 Bronze - Best News Story (Elizabeth Nolan) | Bronze - Community Service

**2020 BCYCA Awards**  
 Bronze - Best Historical Writing (Elizabeth Nolan)  
 Bronze - Best All Round (for circulation Category C)



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### EDITORIAL

# Seeking support

Last week was Mental Health Week in Canada, and there's never been a more appropriate time to seek help or at least open the door to the idea.

The impact of the COVID-19 pandemic on individuals' mental health has been widely acknowledged. One measure, an Ipsos poll conducted earlier this year, found 60 per cent of Canadians reporting that they were experiencing mental health issues.

That deaths caused by use of illicit drugs from a toxic supply do not abate despite public awareness campaigns and other policy shifts is another huge mental health-related concern. In March 2021, about 5.1 overdose deaths per day occurred in B.C. From January to March, 69 per cent of those dying were aged 30 to 59, with males accounting for 80 per cent of all individuals dying due to toxic drugs in the first three months of this year.

### THE ISSUE: Mental health during COVID-19

### WE SAY: Resources available

But even without the additional stress and social isolation caused by the pandemic, many people are reluctant to seek help for depression, anxiety, manic behaviour, or unhealthy coping mechanisms like drug and alcohol use or gambling addictions.

The Ipsos poll found that 54 per cent of the people suffering in some way had not sought medical or psychological support. Affordability and stigma were the two main barriers cited.

Increasing access to counselling services through the public health-care system is a step that is long overdue and one which would address the huge affordability barrier. Provincial and federal governments have been promoting some programs that provide free phone and online access to assistance. One of those, a web portal called Wellness Together Canada, had 1.2 million users in the first year. The newest one on the block in B.C. is an app for youth aged 12 to 24 called Foundry BC, with access to virtual counselling appointments and support groups. More sites are listed on page 7 of this issue of the paper.

Stigma is not something that can be easily eliminated with funds or access to specific services. But the simple fact of realizing that so many people are suffering should make it easier to take the steps they need to stay alive and be as mentally healthy as possible in these extra-challenging times.



# Death by a thousand cuts

BY FRANTS ATTORP

At the March 9 Islands Trust Council meeting, eight trustees voted to make the natural environment the top priority in the Trust Policy Statement by removing reference to housing, and by defining the Trust area's unique amenities as including the environment.

North Pender Trustee Benjamin McConchie put their case succinctly: "Why is there no focus on the environment? We are losing the environmental battle slowly, a death by a thousand cuts."

Unfortunately, the three members of Salt Spring's Local Trust Committee all helped defeat the motions. Trustee Laura Patrick shared the view of several others that the interpretation of the Trust mandate be kept "as broad as possible."

Those four words have far-reaching implications for the entire Trust Area as they give trustees enormous latitude in implementing social, economic and environmental goals. Prioritizing everything is the same as prioritizing nothing, and the result of such unanchored policies is apparent in the urban sprawl that surrounds the Gulf Islands.

Yes, the narrowing of the mandate's interpretation would put more constraints on local trustees, especially

### VIEWPOINT

when considering rezoning applications, but isn't that exactly what's needed at this juncture? Last year's State of the Islands Report showed that the natural environment of the islands is in trouble — even before all existing lots have been developed!

Warnings about the unsustainability of development on Salt Spring go back to at least 2007 when the Islands Trust commissioned an ecosystem health review by David Rapport, a local resident who is a renowned expert on assessing the impacts of human activities on ecosystems.

Rapport made 10 recommendations, the very first of which is "that the Islands Trust mandate be directed first and foremost towards preserving and protecting the health of Salt Spring's ecosystems," and that "the OCP be amended to reflect the primacy of this goal."

His second recommendation was to amend the level of build-out in the OCP: "If, with the current island population at half the build-out, we are already experiencing problems associated with damaged ecosystems, then we are already at or past

build-out for maintaining healthy ecosystems."

His third recommendation called for "a hold on further development that may compromise the health of ecosystems." He even indicated down-zoning (removing already approved densities) may be necessary in some areas to protect watersheds.

Rapport also recommended a scientific assessment to establish the current state of health of local ecosystems and the collective impacts of existing land-use practices and other human activities. He emphasized the importance of restoring ecosystems that have already been damaged.

In light of this report and other information currently available, it is astounding that our trustees voted the way they did. How can the Gulf Islands possibly survive as a protected area without a commitment to the environment?

The good news is that the review of the Policy Statement is still ongoing. I encourage all island residents to write to Trust Council (execadmin@islandtrust.bc.ca) asking that protection of the natural environment be prioritized in the Policy Statement. The correspondence deadline for the June meeting is May 20.

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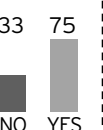
### THIS WEEK'S POLL QUESTION:

Would you hesitate to access mental health support?

Yes  No

### LAST WEEK'S QUESTION:

Are you concerned about invasive plants on the island?



Cast your ballot online at [www.gulfislandsdriftwood.com](http://www.gulfislandsdriftwood.com) before Monday 2 p.m. or clip this box and drop it at our office before Monday at 2 p.m.

# OPINION { QUOTE OF THE WEEK: }

**“My feeling is it would be pretty unlikely that I was the only person on Salt Spring with a wall lizard.”**

PAT MILLER, CHANNEL RIDGE RESIDENT

## SALT SPRING SAYS

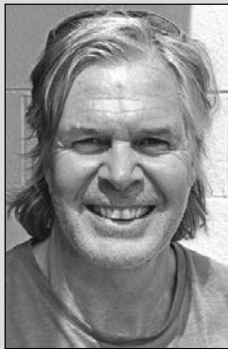
**WE ASKED:** *Is there anywhere you'd like to go when travel is permitted again?*

**JOSEA CROSSLEY**



I actually don't want to go anywhere. I'm pretty content.

**GEOFF FISHLEIGH**



I really miss Mexico and I would also just like to go to Nitinat Lake. I'm looking for the wind.

**MEGAN FLURY**



Hawaii.

**MICKEY MCLEOD**



Probably exploring more around our province and local camping.

**NATALIE BAACK**



The first place I'm going is upstate New York where my family lives. I have three nephews to see.

## LETTERS to the editor

Letters to the editor are welcome, but writers are requested to keep their submissions to 350 words or less. Letters may be edited for brevity, legality and taste. Writers are also asked to furnish a telephone number where they may be reached during the day, and to sign their letters with their full name. Thank you letters will not normally be considered for publication. Send your letters to [news@gulfislandsdriftwood.com](mailto:news@gulfislandsdriftwood.com)

### Upzoning will stress water

There is a problem with actions being taken in the name of creating more affordable housing on Salt Spring.

Since 2013, our Local Trust Committee has up-zoned about 2,000 properties to allow full-time occupancy of cottages or in-house suites. Most of these properties do not even have suites or cottages, and even when they do, there is no assurance that these secondary dwellings will go to local workers because there is no legal way to require that.

This means another 2,000 potential households will eventually be added beyond the limit that was set by our official com-

munity plan to protect the environment. I believe insufficient consideration of water availability was given in locating these additional dwellings.

To make matters worse, various ideas are now being suggested, such as allowing multiple residences on single family lots and in-house suites in all households on Salt Spring. Where does it end? When wells and streams go dry, it will be too late. Protection of the natural environment is clearly incompatible with continued growth.

We can stop this slow-motion destruction of the rural character and natural environment of what is supposed to be a protected area, but it will take an outcry in opposition. If you want to be kept informed on

this issue, please contact me at [maxineleichter@gmail.com](mailto:maxineleichter@gmail.com). Thanks!

**MAXINE LEICHTER,**  
SALT SPRING

### Fans of slow

We are referencing the April 28 front-page article concerning Laughing Apple Farm's private road.

As customers of Laughing Apple Farm we travel Beddis road to the produce stand weekly. Contrary to the petitioners' statements, we have not experienced any of the issues stated in the Driftwood article.

The private section of this heritage road is a well-maintained tranquil stretch of Beddis Road, allowing drivers, bikers, walkers and their pets the opportunity

for a safe walk while not having to dodge speeding vehicles. This is a direct result of the installation of the speed humps.

Over the years, Mary Laucks and Brian Swanson from Laughing Apple Farm have asked those using the road to please slow down, as have residents in other areas on the island.

The private road environment created by Laughing Apple should act as an example of how to slow down traffic island-wide.

MLA Adam Olsen, the petitioners and the Driftwood should focus on the island-wide speeding issue as well as the overall deterioration of island roads. This is where the risks and dangers exist.

**ALAN & ADRIENNE LINDER,**  
SALT SPRING

## Initiatives aim to boost homegrown food supply

BY ANDREA PALFRAMAN  
TRANSITION SALT SPRING

On any sunny Sunday, especially now, town can seem so quiet. It wouldn't seem out of place to see tumbleweed rolling down Fulford-Ganges Road. Visitors might be wondering, "Where is everybody?"

Well, you'd find a lot of us in the garden. From community gardens on Rainbow Road, in the Fulford Valley and at every school on the island, to the hundreds of backyard veggie patches, and homesteads aiming for self-sufficiency, small-scale agriculture is in full flower on the rock.

The explosion in home gardening is a nationwide phenomenon, and Salt Spring is no exception. Call it an unexpected positive outcome of an otherwise horrible pandemic. Nursery operators at Chorus Frog Farm report a surge in sales of one-third over their best year ever. Eagle Ridge Seed maven Marsha Goldberg has tripled her retail and mail-order seed business. And many Salt Spring CSAs — farms providing food box programs — are entirely subscribed.

Part of the phenomenon is simply organic. But part of it also comes from people starting to connect the dots on what we can do with spades and trowels to respond to climate change.

Many people might be surprised that here on Salt Spring — as net importers of food — between 20 and 37 per cent of our island carbon footprint comes from what we put on our plates. From petrochemical-based fertilizers to the lengthy journeys from field to plate, agricultural practices are responsible for over 70 megatonnes of carbon emissions annually in Canada. That's a whopping 10 per cent of the annual total. While that's a staggering number, it's one that we have the power to change.

According to the Salt Spring Climate Action Plan, transitioning to local food resilience is one simple, powerful way we can break free from fossil fuel dependency and adapt to a changing climate. We can foster food security for everyone by building inter-reliance in our community, so that more of us can produce and enjoy local food, regardless of where we live.

Healthy and equitable food systems also require affordable housing, and it's here that the links between climate action, food,



agriculture and social justice stand out. For example, due to the housing crunch, it's extremely challenging for growers to retain skilled field workers to keep farms and market gardens viable; that has consequences for us all.

Since the first Climate Action Plan in 2005, here's what our community has achieved:

- A new Farmland Trust program pairs new farmers with landowners to bring underused farmland under cultivation.
- An allotment garden for home gardeners, a Community Services community farm, and food gardens at all local schools.
- The birth of the Salt Spring Abattoir (2012) and The Root (2020) — local food storage and processing facilities.
- The addition of a Tuesday Farmers' Market.
- Harvest Kitchen farmers market coupon program and distribution of the harvest from Burgoyne Valley Community Farm to low income folks and families.

The recent recognition of the farmers market as an essential service is one of many signs of cultural shifts — like the blossoming of Indigenous learning and stewardship of wild plants and sustainable wild harvesting taking place at Xwaaqw'um ("Burgoyne Bay Provincial Park").

We've done a lot, but because we still import about 90 per cent of our food, Salt Spring's access to food is highly vulnerable to external shocks. Our dependency on food from California means that what happens to the climate there impacts cupboards here at home.

Building a food system that can handle higher temperatures and disruptions to rainfall patterns includes planting more diverse crops, integrating livestock together with crop production, growing varieties that tolerate variable weather, and collecting, conserving and storing back-up water.

The Salt Spring Climate Action Plan rec-

ommends developing a community composting facility — turning food waste into fertilizer — which is likely to become a reality thanks to the folks at the Farmland Trust. To conserve ever precious water supplies, the plan also recommends widespread rain-water catchment in ponds, restored marshland, and water storage tanks, and removing barriers to using greywater for gardens. We currently ship most of our septic system and treatment plant biosolids to Vancouver Island by diesel truck. Instead, we could join other communities, like Sun Peaks, who compost theirs to create a valuable fertilizer. Scores of municipalities across the country turn biosolids into an organic fertilizer for everything from food to forests.

If you want to help expand support for increased on-island agriculture and local food production, join Transition Salt Spring. We are dedicated to advocating to the government for the changes we need to grow an island-wide, robust local food system that reduces emissions, fosters social justice and builds the kind of community inter-relatedness that is essential to surviving — and thriving — in challenging times.

Check out these upcoming free One Cool Island events:

- Let's Beef up our (Food) Security: Building a Healthy Abundant Food System for a Low Carbon Future (Wednesday, May 19, 7 to 8:30 p.m.): Join three Salt Spring agri-food leaders to discuss solutions to lowering Salt Spring's carbon footprint through improved food and agricultural systems. Sign up to attend this free by donation event here: [www.tinyurl.com/SSIAgriculture](http://www.tinyurl.com/SSIAgriculture)
- Let's Grow Together! Victory Gardens for Climate Resilience (Wednesday, June 7, 7 to 9 p.m.): Come hear from the island's best and brightest green thumbs to help us all grow more food in ways that are nourishing for body, soul, pocketbook and planet. Sign up to attend this free or by-donation event here: [www.tinyurl.com/SSgrowsfood](http://www.tinyurl.com/SSgrowsfood)
- Check out these directories for our local farmers and farm stands on Salt Spring:
  - [www.saltspringmeats.com](http://www.saltspringmeats.com): Where and how to purchase locally grown meats.
  - [ssfi.org/farm-directory](http://ssfi.org/farm-directory): Organic farmers of Salt Spring.
  - [saltspringmarket.com/farms-stands-studios-map](http://saltspringmarket.com/farms-stands-studios-map): Farm Stands and Studio Maps.

## Get out of our island cars

Far-right climate deniers are scary but not quite as scary as far right eco-fascists.

I believe that overpopulation arguments are simply racist ("Child limits help climate" Viewpoint in last week's Driftwood). The real reason for our ecological crisis is overconsumption, our insatiable appetites for more homes, more cars (electric included),

more holidays and unlimited economic growth.

The number one recommendation in Salt Spring's 2011 climate plan was to get out of our cars. Where did the collective focus go? To electric vehicles. Let's be number one in EV sales, ownership and infrastructure. That is not a solution, it is green privilege. Let's actually get out of our cars and demand non-motorized roadways.

If one wants to seriously talk about reducing our local carbon footprint then let's begin an epic local "Flygskam," which is Swedish flight shaming. Our demographic of snowbirds surely adds pounds to our collective footprint. We could seriously limit house sizes, but limiting families is definitely not the answer.

**SHELLEY MAHONEY,**  
SALT SPRING



PHOTO BY GAIL SJUBERG

**IT'S BACK!** The oval sign at the top of Central Hall was reinstalled last week after being refurbished as part of the Central Hall residing project that began in the fall/winter of 2019 and was completed just before the pandemic hit last March. According to Central Community Hall Society chair David Holt, the project was a collaborative effort by MC Squared Island Construction and Grange Contracting with valuable assistance provided by hall neighbours.

## Donors appreciated

The Salt Spring Grand(m)others to Grandmothers' Scrabble on Hold fundraiser was a thrilling success.

We are delighted that with our donors' generosity we have raised over \$6,500 for the Stephen Lewis Foundation's Grandmothers to Grandmothers Campaign.

With AIDS/HIV and COVID-19 rampant in sub-Saharan Africa the need for help is tremendous. Supporting grandmothers who are raising children orphaned by AIDS/HIV, the Grandmothers Campaign supports 300 projects in 15 countries that are run by and for grandmothers. These projects include community gardens and animal husbandry; vocational training; basics such as food, clean water and health care; psychosocial counselling; school fees and uniforms; and microfinancing business initiatives.

Thanks to our donors, near and far.  
**JILL TARSWELL,**  
SALT SPRING

## Welcome back

I am delighted to hear of the return of Fields to our island.

We will once again be able to shop for reasonably priced goods for the home and mums will be able to buy clothes and toys for their children without having to leave the island . . . woohoo!

Welcome home, Fields!  
**HAZEL GARDNER,**  
PALLOT WAY

### Island Health is Hiring **COMMUNITY HEALTH WORKERS**



Are you interested in a career where you have a positive impact on the well-being of others? Do you enjoy working in a community setting? Island Health currently has full-time, parttime and/or casual Community Health Worker positions.

**We offer:**

- Flexible schedules
- Training and ongoing education opportunities
- Full-time positions are eligible for a competitive benefits package

**Join our team! We are looking for:**

- Health Care Aide Certificate (or equivalent)
- Registration with the BC Care Aide & Community Health Worker Registry
- Food Safe certificate
- Current level C Basic Life Saving Certificate
- Valid BC driver's licence and access to a vehicle

To learn more & apply, visit: [www.islandhealth.ca/careers](http://www.islandhealth.ca/careers)

Click on "Public Job Postings" and under "Quick Job Search" type in the keyword "121717" to find the Community Health Worker job posting. If you have questions, please contact us at 250-544-2500 to speak to one of our Home Support team members.

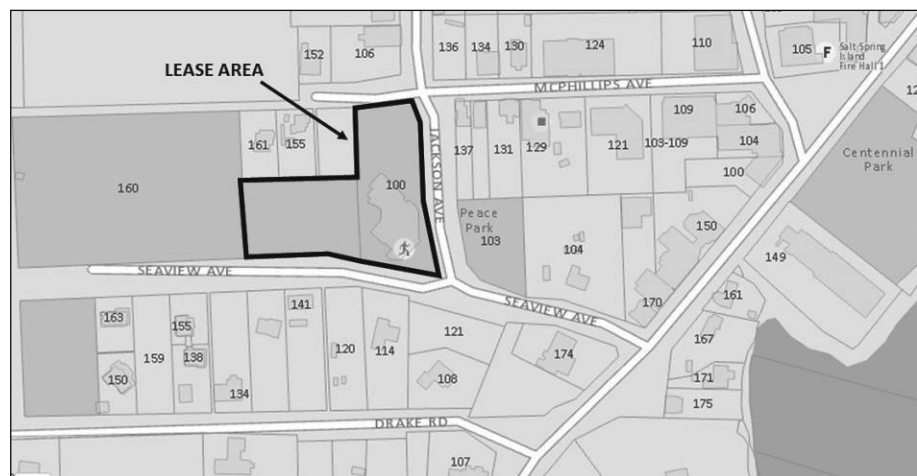
Capital Regional District



### Notice of Disposition & Intention to Provide Assistance

#### Grant of Interest in Land: 100 Jackson Avenue, Salt Spring Island – Lease

Public Notice is hereby given, pursuant to Section 286 of the Local Government Act, RSBC 2015 c-1, that the Capital Regional District ("CRD") intends to grant a leasehold interest to the Island Arts Centre Society (ArtSpring) ("Society"), a non-profit, in that portion of the property located at **100 Jackson Ave, Salt Spring Island** (the "Lands") and legally described as **PID 025-907-212 Lot A, Section 1, North Salt Spring Island, Range 3E, Cowichan District, Plan VIP76836 AND PID 025-907-221, Lot B, Section 1, North Salt Spring Island, Cowichan District, Plan VIP 76836**, shown below in heavy outline and marked "Lease Area", to allow for the operation of the ArtSpring Art Centre Facility. The lease will commence April 1st, 2021 for a term of 10 years. The consideration payable to the CRD by the Society in exchange for the grant will be \$20.00 for the term.



In accordance with Section 272 of the Local Government Act, RSBC 2015 c-1, the CRD gives notice that the grant of the Lease to the Society for nominal consideration is a form of assistance that the CRD intends to provide the Society.

For more information please contact the CRD Real Estate Services at **250.360.3371**.

## Leaked documents show more COVID case details available

BY CURT FIRESTONE AND STAN DERELIAN

Two leaked documents from the BC Centre for Disease Control (BCCDC) revealed some of the COVID-19 information that has been withheld from the public.

The Vancouver Sun reported on May 6 that they were in possession of documents that provided details of COVID case location in far greater detail than the Ministry of Health had previously shared with the public.

The BCCDC on a weekly basis has been providing information, as reported in the Driftwood, showing new case counts by sub-regional areas. Each Wednesday in the late afternoon, we have been able to obtain data from the prior week that includes the new cases in the southern Gulf Islands. BCCDC would not indicate on which of the islands the cases had actually taken place.

Since the beginning of the pandemic, the media has requested more detailed information. Dr. Bonnie Henry and Health Minister Adrian Dix stated that the release of more detailed information might encourage people in less affected areas not to take all COVID regulations seriously. Therefore, it was not forthcoming.

This week's leaked documents do not give any detail for the Gulf Islands, but they do reveal similar unreported details for the Victoria metropolitan area. The communities of View Royal, Colwood and Langford saw an increase in new positive COVID test rates for the week of April 23-29, while the Highlands and Metchosin experienced a

### INDEPTH

decrease. In the past, these three communities were lumped together in the western sub-region that stretches from Langford to Port Renfrew. The leaked documents are incomplete yet seem to be so critical that Dr. Henry held an urgent press conference on Friday to address the issue.

Dr. Henry stated that the leaked documents were drafts; that the information was being prepared for distribution. Upon questioning, she did state

that the documents did reveal detailed information not previously released. She indicated that in the future more detailed information by neighbourhood rather than sub-regional areas would be shared with the public.

**Since the beginning of the pandemic, the media has requested more detailed information.**

The BCCDC is part of the Provincial Health Services Authority (PHSA). In B.C., in addition to the traditional five regional health authorities like Island Health, there are two more health authorities: First Nations Health Authority and the PHSA. The PHSA oversees highly specialized health care services not available from the regional health services and coordinates special programs like the BCCDC.

British Columbia does not share the same level of detailed information as the other provinces, according to B.C. media resources. Media commentary is clear: they believe that it is time for the B.C. government to trust the public with the full truth.



The COVID-19 pandemic has had major impacts on our mental and physical health. This Health & Wellness section includes information to help islanders maintain their health at this time.

# Health & Wellness

## MENTAL HEALTH

# Mental health aid increased

### COVID stresses identified

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Recognition of mental health as a serious issue in need of more resources has become prominent in public discourse over the past several years, and studies show COVID-19 has increased anxiety and depression.

Provincial and federal government agencies have been responding with advice and new online resources and by spreading awareness. For this year's Mental Health Week, which ran last week from May 3 to 9, the Public Health Agency of Canada (PHAC) introduced the campaign "Get real about how you feel. Name it. Don't numb it."

"Now more than ever, we need to be proactive in maintaining and supporting our mental health," a statement from the agency explained. "During these challenging times, many of us may be struggling with difficult feelings like fear, loneliness, anger and grief. This year's Mental Health Week theme tells us that focusing on intense emotions doesn't make them worse. In fact, one of the best ways to quiet our emotions is to give them a voice."

According to PHAC, naming emotions precisely can help people feel calmer and help others understand what they're going through, which can improve relationships.

"When we slow down and give ourselves time to figure how we're really feeling, it can help us feel better and communicate better with those around us," PHAC states.

The agency notes that intense feelings can be overwhelming, particularly when people don't have access to supports and coping tools. This can have negative

impacts on mental health and increased use of substances, like alcohol and drugs.

"If your emotions feel overwhelming, are long-lasting or are starting to interfere with your daily life, it's important to seek support."

The Government of Canada's Wellness Together Canada portal is one place where people of all ages can access free mental health and substance use supports 24 hours a day, seven days a week. There are a broad range of resources available, from information and practical tools to help people feel better, to self-guided programs and peer-to-peer support to confidential sessions with social workers, psychologists and other professionals. Supports are provided online as well as by phone and text for those without internet access.

Learn more about Wellness Together Canada by visiting [wellnesstogether.ca](http://wellnesstogether.ca), or simply text the word WELLNESS to 686868 for youth or 741741 for adults. Frontline workers should text the word FRONTLINE to 741741.

Also last week, the B.C. Ministry of Mental Health and Addictions introduced a new app designed to give youth faster and easier access to mental health and substance use services and support. The Foundry BC app allows youth and their caregivers to access a virtual counselling appointment, find peer support or join a youth group or caregiver group. These services are accessible through virtual drop-in or by scheduling an appointment. The program also includes a library of tools and resources.

See [foundrybc.ca](http://foundrybc.ca) for more information on how to download the app or create an account to access services.

### Tips for managing anxiety due to COVID-19

The Canadian Mental Health Association - British Columbia Division says anxiety is a normal reaction to uncertainty and potential danger, but having too much anxiety can itself be harmful.

**CMHA-BC offers the following tips for decreasing pandemic-related anxiety:**

- Take action to protect yourself and others in the community by following public health orders and advice;
- Take care of yourself: eat as well as possible, exercise regularly, get enough sleep, and make time for hobbies;
- Stay connected with family and friends by phone, text or video call even if it's not possible to see each other in person;
- Help others if you can with chores they may have difficulty accomplishing and checking in regularly;
- Cut back on the amount of time you spend on social media and the news;
- Explore self-management strategies like mindfulness, yoga, meditation, art or exercise to manage anxious thoughts;
- Have a plan for and have supplies ready in the event that self-isolation is required. B.C. residents should keep two weeks of food, household products, prescription medications, over-the-counter medications on hand in case quarantine becomes necessary;

- Seek extra help or support when you need it. Signs you might benefit from extra help and support include being unable to think about anything other than coronavirus or the COVID-19 illness; finding anxiety interferes in your daily life such as going to work or being in public spaces even when the risk is very low; self-isolation when it isn't necessary; feeling hopeless or angry about the situation; having a hard time eating or sleeping well; and/or experiencing physical symptoms like frequent headaches or an upset stomach.

People needing help can learn more and find resources at [www.heretohelp.bc.ca](http://www.heretohelp.bc.ca). Family doctors' offices may also offer telehealth or e-health services. Those who need more information about local services or just need someone supportive to talk to can call the BC Mental Health Support Line at 310-6789 (no area code) at any time.

More information about mental health and anxiety support during COVID-19 can be found online at:

- [www.bouncebackbc.ca](http://www.bouncebackbc.ca)
- [www.anxietycanada.com](http://www.anxietycanada.com)
- [www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/mental-well-being-during-covid-19](http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/mental-well-being-during-covid-19)
- [www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/virtual-supports-covid-19](http://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/virtual-supports-covid-19)

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# HEALTH AND wellness

## PHYSICAL FITNESS

# Micro-workouts provide vital exercise snacks

Short bursts of activity helpful for sedentary folks and others



**Susan Gordon**  
THE PERENNIAL **RUNNER**

If you've been trapped indoors either by COVID-19 restrictions, weather, or any other reason, you might have found yourself going a little stir-crazy.

It's all too easy to end up glued to the couch or the computer. You stand up and body parts ache from sitting so long. Movement seems laboured and sometimes you just might not feel like exercising. And yet, what if I told you that you could maintain or increase fitness with the tiniest little micro-workouts, now trending as "Exercise Snacks"?

Sounds delicious, doesn't it? Well, maybe not quite as tasty as chocolate or potato chips, but you can reward yourself with treats after you've spent a minute or two flexing your muscles and raising your heart rate.

Winter downpours and changes in my personal schedule all provided the chance to try out this theory. Typically, my day begins with a few minutes of Pilates mat exercises before breakfast and stretches during breakfast. If that sounds a little obsessive, it could be, but you can take any ordinary situation out of your day and turn it into an effective one to five minute

micro-workout. You may be surprised at the results.

The short duration of "exercise snacks" makes it an appealing aspect of habit building. If you really enjoy the activity, you might find that as you build muscle and increase flexibility you'll be willing to spend more time at it or add to an existing routine.

There are countless creative ways to introduce short bursts of activity to your day. Waiting for the kettle to boil? Do 60-second repetitions of leg lifts, squats, or leg circles. House cleaning? Incorporate a bit more of a reach, a little extra stretch, and a few shoulder shrugs. Got some time before the kids come home from school? Try 30 to 60-second repeats of jogging on the spot, knee-to-elbow lifts and calf-raises. Be inventive based on your personal situation and level of fitness.

For those who are already avid runners or

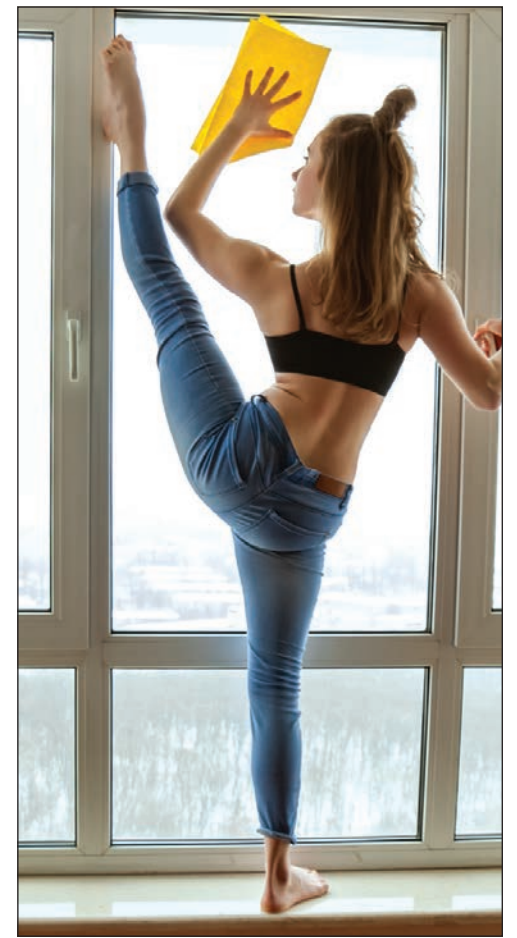
walkers, you can use a small space in your home or your driveway for a variety of drills that you would typically do on a track as part of your warm-up. The basics are identified as "A," "B," and "C" drills. For specifics you can look those up online. A few minutes a day can improve your running form and help you make minor corrections that will pay off when you get back outdoors for lengthier runs.

If you are feeling fatigued from too much sitting, these quick micro workouts will have a rapid effect on your overall mood and relieve the stiffness that might be creeping in.

As always, don't overdo it. If you haven't done jumping jacks since elementary school do 10 or less and call it a day. Start slowly with any new exercise, and make sure that what you're doing is safe for your age, weight and state of fitness. The point is to enjoy your snacking as much as you enjoy the edible kind!

For more information on "exercise snacks" and their effectiveness, you can search online or start with this article from UBC Beyond: <https://beyond.ubc.ca/exercise-snacks/>

*Susan Gordon has been a Salt Spring resident since 2012, and a successful competitive runner since 2008, with many age-group wins and series championships.*



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2

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Assess

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If Any Signs of HEARING LOSS

## When Should You Have Your Hearing Tested?\*

\*Source: <https://www.healthlinkbc.ca/healthlinkbc-files/hearing-loss-adults>

### May is Hearing Awareness Month.

*There's no better time to take care of your Hearing Health.*

**SALT SPRING 778.353.3012**

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**Thank you for being there for us...so we can be there for you!**

- Through your support, you help ensure excellent care closer to home for everyone on Salt Spring island.
- Thank you to all our donors and volunteers — for your generosity, loyalty, and helping hearts.
- Your contributions provide a powerful return on investment for our entire community— like the new Lady Minto Hospital Emergency Department, coming soon.



**To donate: [www.ladymintofoundation.com](http://www.ladymintofoundation.com)**

# HEALTH AND wellness

## ORAL HEALTH

# Oral hygiene care improvements pay dividends

Early detection of disease is critical

Dental hygienists are essential primary health-care providers who teach Canadians how to maintain healthy teeth and gums every day. They share their wisdom at dental

hygiene appointments, helping us to separate fact from fiction when it comes to enjoying a perfect smile.

### WHAT EVERYONE NEEDS TO KNOW

• **Teeth don't have to hurt** for there to be a problem. Regular dental hygiene care is important for the early detection and prevention of cavities

and oral diseases. Often by the time there is pain, advanced disease is present. Early detection by a dental professional can prevent lengthy and costly treatments.

• **Gum disease** is not normal. Red or bleeding gums may be a warning sign of gingivitis, the first stage of gum disease. When bacteria accumulate on your teeth and gums, you are at greater risk of infection. Fortunately, gingivitis can be reversed with improved oral hygiene at home, and it can be prevented in the first place by brushing your teeth twice daily and cleaning between the teeth.

• **Teeth whitening** is safe if done properly. Bleaching your teeth is not dangerous if it is done with careful planning and advice from your oral health professional. Always arrange for a full oral exam prior to tooth whitening and ask about the best bleaching options for you.

• **Improvements** in home oral hygiene care, coupled with regular dental hygiene appointments, can reduce inflammation and improve our oral and overall health.

### REDUCE YOUR RISK OF ORAL CANCER

Tobacco use, alcohol consumption, sun exposure to the lips and the human papillomavirus are all known risk factors for oral cancers. By modifying our lifestyle, ensuring that our children receive the HPV vaccine, examining our mouths for

suspicious changes and scheduling regular dental hygiene visits, we can reduce this risk of illness.

Dental hygienists provide oral cancer screenings at each appointment and will make referrals to specialists if they spot anything unusual. They also remind us to watch for the following changes in our mouths between appointments:

- Alterations to the colour or texture of gums, cheeks, lips or tongue
- Mouth lumps or sores that do not heal within 14 days
- Chronic sore throat or cough
- Difficulty swallowing
- Lumps in the neck, including those that aren't bothersome
- Mouth or ear pain

Oral and oropharyngeal cancers, now among the 10 most common cancers worldwide, often go unnoticed at first because they can develop without pain or symptoms. But if the cancer is detected early and before it has spread to other tissues, it can usually be treated successfully.

April was Oral Health Month in Canada. The above information from Dental Hygiene Canada was provided by local dental hygienist Tara O'Carson.

**Thank You for Supporting Local Businesses!**

BUILDING A stronger, healthier community.



**LYNNS VITAMIN GALLERY**

Mon-Sat 9:30-5:30  
Closed on Sundays and stat holidays

Located in Village Green Mall  
4-180 Central Road, Duncan  
250-748-4421 • [lynnsvitamingallery.ca](http://lynnsvitamingallery.ca)

Senior's Day everyday on supplements & Customer Appreciation Day last Friday of every month.



**SALT SPRING SENIORS CENTRE**  
379 Lower Ganges Road



- Find new friends, share ideas, talk, laugh and stretch your skills.
- Covid 19 protocols in place - Kitchen is closed.

- The office is open Monday to Friday 10am - 12:30pm
- Limited driving services available. Call 250-537-4465. Monday - Thursday 10am - 12pm
- Caregivers Group, Wednesday from 11am - 12pm



[saltspringseiorscentre.ca](http://saltspringseiorscentre.ca)  
250-537-4604

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To view call Patrick for an appointment  
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Local personal service

Browse our catalog online at [www.ssimedicalequipment.ca](http://www.ssimedicalequipment.ca)




**Dan Hardy DENTURIST**

**Dan Hardy Denturist**  
Salt Spring office located at Gulf Clinic  
241 Lower Ganges Road

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**For appointments call 1-250-710-1884**



# End-to-end lifecycle research important

BY RICK LAING

Jim Standen's May 5 letter responding to my April 28 critique of electric vehicles ("Bright Green Lies") did show a willingness to read the book (we donated a copy to the local library) but also displayed a casual naivety regarding recycling in this modern age.

I have considerable experience in this field as I designed, built and managed the existing Salt Spring Recycling Depot and its education programs for seven years and was given a CRD award in 1994 for that accomplishment.

The consumer and industrial products of today are light years away from the world my parents knew when rag and bone men plied their trade and a newspaper's middle life was as handy packaging before ending up in the cookstove or in the commode.

From the mid 1980s to the present day, the collection of post consumer waste by Blue Box or depot programs has gained favour by governments for three reasons: 1. To reduce roadside litter. 2. To conserve valuable space in their increasingly regulated and shrinking landfills. 3. And political pressure from a concerned public. However, the profit-driven manufacturing and industrial sectors that need to sell their finished products to a demanding public always avoids post-consumer waste like the plague, focusing only on the valuable, easy-to-recycle

## INRESPONSE

"big metals" — steel, aluminum, copper, lead, silver and gold. This is a basic truth that can sometimes be distorted by hidden government subsidies to industry.

Increasingly, almost everything our society consumes has become a highly complex mix of plastics, glass, laminates, chemicals and alloys made in global factories that require pristine raw materials to make but the finished product has no recycling value.

Bottle recycling is a "great success?" Seriously, Jim, almost all used glass bottles collected (except for some local reusable beer bottles) are crushed and used as mixed aggregate under roads, as drainage or as landfill cover.

In the 2018 book called *The Rare Metals War: The dark side of clean energy and digital technologies* (also available at our library), French journalist Guillaume Pitron spent six years of research across a dozen countries exposing the hidden environmental and geopolitical costs of our new addiction to green technologies. He describes the extreme pollution caused by mining rare metals and then later trying to recycle those same metals found in wind turbines, electric vehicles, solar panels and smart phones as similar to a baker returning a loaf of bread back to its

original ingredients, with nickel being the yeast and rare metal magnets being the salt. In other words, virtually impossible.

Recycling lithium ion batteries used in EVs is much the same, that is "complex, hazardous, expensive and not cost competitive with mining new nickel, cobalt, lithium . . ." and that's why, after 40 years of production, less than five per cent are recycled. Wishful thinking about a start-up in California won't change that worldwide economic reality or change the increasingly deplorable environmental damage caused in China, Chile, Kazakhstan or the Congo to mine those metals.

Both books document numerous detailed studies looking at end-to-end lifecycles. EVs with a 120-km range are three to four times more energy intensive to build than conventional cars and doubling the range will double the carbon footprint. A 2016 French government environment study concluded "the energy consumption of a standard EV over its lifetime is similar to that of a diesel or gas car." Here's two of the many unanswered questions: Do we know the precise ecological cost of all the electronics packed into an EV and what do you do with a 10-year-old EV with a failing battery? Hello, landfill!

Don't swallow the green tech myth. Do some research, look after your existing vehicle, drive less and walk more.



## Roses

IWAV would like to express our deep gratitude to the equestrian community and the family of Jennifer Quesnel for their generous donations to IWAV in honour of Jennifer Quesnel.

I would like to send a bouquet of roses to Dave and Amanda of Fulford for making my day a lot less stressful. Thank you for taking the time to track me down. People like you make Salt Spring a wonderful place to be. Kindly, Shae

Many thanks to the Girl Guide Rangers for cutting broom on the Farmers' Institute grounds. Great job, girls! SSIF directors.

Sending a bouquet of rainbow roses to Pod Contemporary Gallery, Osi Boutique, Mouat's Clothing Co., Twang & Pearl, Mondo Trading Co., OMG Boutique, Country Grocer, Soma Studios, Apple Photo, ArtSpring, Cedar Mountain Studios, Salt Spring Books and all the models, volunteers, staff and the folks who made bids for the Purses With a Purpose, Satchels With a Story fundraiser for The Circle Education Salt Spring Society. You helped us raise \$5,015! Your contributions will help The Circle to cultivate a culture of empathy and inclusion on Salt Spring. Thank you! Kim D.

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The Emergency Program thanks all applicants for their interest and advises that only candidates under active consideration will be contacted.

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## Real Estate

### Buyers: How to compare prices and value?

Comparing homes with similar attributes can provide valuable insights. Consider the age of the: roof, decks, septic field, appliances and "deferred maintenance". How dated are the bathrooms and kitchen and flooring? Would you want to replace them? The cost of replacing each of these items could be considerable. Make up a comparison chart accounting for these differences.

When planning a second viewing, ASK FOR AN INFO PACKAGE & PERMISSION TO TAKE PHOTOS. Take notes. Identify chattels that you may wish to have included such as: window coverings, appliances and their brand name, built in vacuum and/or hot tub accessories, shelving, firewood on hand, riding lawn mower, water filters, garden sheds, building plans, etc. Note what items are excluded on the feature sheet to assist you in making plans for replacing. Then you will likely conclude that...

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## Financial Advice

### I'd like to align my investments with my ethics and values. Can you help?

Ethical investing is an area that I'm particularly passionate about. I'm also proud to say that my team at Island Savings has a lengthy history of providing socially responsible investment options. In days gone by, ethical investors sometimes had to compromise on the performance of their investments. This is simply no longer the case - there's a large and growing number of outstanding values-based investment options, products and strategies. Whether you simply want to avoid certain industries like tobacco or military products, for example, or you want to ensure your investments are divested from fossil fuels, there are solutions for you. It doesn't matter if you're just starting out as an investor or if you're highly experienced: you can ensure that your entire portfolio is invested responsibly in companies that are committed to making a positive impact on our planet. Unfortunately, not all financial advisors have significant experience with socially responsible investing, so if this is important to you, make sure you find an advisor who does. I'm happy to suggest one, if you like!



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## Marketing

### Does colour in newspaper ads work?

Visual factors play an important role when consumers are purchasing products.

Industry research confirms what most of us already know ... colour has a significant impact on newspaper advertising compared to black and white ads. Research on colour, conducted in the past by Starch Canada and the Canadian Newspaper Association (CNA), finds that colour increased ad visibility by 14% to 34% over non-colour ads.

Adding colour to newspaper ads increases visibility over black and white ads regardless of gender. However, the impact of adding colour is even greater for women in Canada based on a CNA survey. Women notice colour ads 42% more than black and white ads. Men are 26% more likely to notice colour ads vs. black and white ads.

Research also found the printed community newspaper is by far the favourite source of local news and information in communities large and small across Canada.

Canadians trust newspaper ads, in both print and digital formats, more than any other media. Despite the proliferation of digital ad formats printed newspaper ads top the list when it comes to trusted ad formats.



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### GISS DANCE

# Filmed dance final creates new possibilities

Students adapt to performing without audiences

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Continuing prohibitions against group gatherings have seen performing art companies of all stripes moving to online platforms.

That scenario is no different for students taking dance at Gulf Islands Secondary School. While their end-of-term project would normally involve creating works and presenting them on stage at ArtSpring, the spring 2021 cohort has produced an unlisted YouTube playlist entitled Dancing In, Dancing Out instead.

GISS dance teacher Sonia Langer explains in an introduction: "Because the theatres have shuttered us out, we needed to pivot and reinvent. With reinvention comes innovation, and with innovation comes unique challenges. These dancers, aged 14-19, overcame these challenges and produced a wonderful, deeply moving collection of choreographic works."

"In the end, we're so proud of what we got. We've made some great films," Langer told the Driftwood. "With no equipment, with no supplies, we figured out how to be filmmakers."

"It was very special," said graduating student Ameru Seki, who hopes to go on to study dance at Simon Fraser University.

COVID rules impacted more than just the medium for sharing the final project, which created both challenges and opportunities. Students were also limited



PHOTO BY CHLOE HAIGH

Students, from left, Tina Pongratz, Stephanie Cowan and Lauren Ashford perform in A Sky Full of Stars by international student Anna Hanmann, on location at Beddis Beach in a filming for their class YouTube playlist.

in what types of choreography they could create during the pandemic.

"Everything was different. There wasn't really anything about dance class or the performance that was what we've done in past years at all," said Chloe Haigh, who is graduating this spring and has taken dance every year since Grade 9. "We wear masks; we had to be apart. We couldn't create any pieces like duets where you were touching, because we couldn't touch each other. It was like learning a new language in a way."

Physical connection was replaced with eye contact, and the choreographers had to find alternatives to dynamic elements like lifts.

"It was so sad, and less energetic. It's a completely different vibe," Seki said.

The mask mandate introduced by the province during the past quarter term additionally impacted students' physical stamina (being hard on the cardiovascular system) and ability to focus. April's warm weather was a gift since they could remove their masks outside.

Filming of the final pieces took place in the dance studio with theatrical lighting but also on the basketball court, in the forest and on the beach, and in downtown Ganges. Students could choreograph and dance in any style from classical ballet to urban/hip hop.

Having the opportunity to perform outside presented some logistical challenges, such as the uneven ground at Beddis Beach. Not having the stage setting also made it more difficult at first to include students in the class

who have disabilities, but it also added new elements. Presentation of the final pieces changed dramatically from the usual projects, and not just because the on-stage performance at ArtSpring could not take place. Rather than sticking to a single-shot straight recording, students employed creative editing techniques to make things more dynamic.

Seki edited many of the class pieces and he enjoyed how dance class transformed into a multimedia learning experience. He filmed one scene in the GISS cafeteria after working hard in that kitchen for his 10-week foods course.

For their piece called Eastside, Haigh, Seki, Sarah Weis and Mischa Engel Larrain used the public library's architecture to frame their dancing. The video scenes then move to loca-

tions that are meaningful to each of the dancers.

"We aren't performing in front of people, but we still got to make it as cool as we possibly could with what we could deal with," Haigh observed.

Haigh and Seki agreed it was difficult to create work that no one might ever see, especially since they are both graduating after being part of the school dance community for many semesters.

Being able to take dance at all during COVID is something the students greatly appreciated, noting not all schools have offered it. Extra long classes under the quarter system may have been mentally and physically exhausting but they seemed to inspire more collaboration between students, who had the time to work things out together in class instead of creating the choreography at home and coming back to school to teach it the next day.

"I feel like in the end, as grads, our finished project was very satisfying," Haigh said. "I feel like in the end it was all necessary, and not one person in our class would regret doing it."

"Under all these difficult circumstances, in a global pandemic, I'm proud of what they did," Langer said. "I hope that people watch these pieces and receive the gifts the students have shared."

Anyone interested in seeing Dancing In, Dancing Out should email slanger@sd64.org to receive the unlisted playlist link. Langer said it would be great to hear back from viewers with their feedback and responses since the students missed the immediate feedback of live performance.

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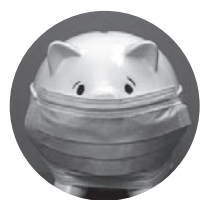
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# ISLAND LIFE

## COVID-19

# Brinkworthy stays noisy

'Brink Bangers' sustain tradition honouring front-line workers

BY GAIL SJUBERG  
DRIFTWOOD EDITOR

Early in the life of the COVID-19 pandemic, citizens everywhere took to banging pots and pans at a certain time of day as a way to show appreciation for emergency service workers on the front lines of the battle.

Many people on Salt Spring, including residents of Brinkworthy Estates, took up that call to make clattering noises at 7 p.m. each day.

While evening quiet quickly returned to most parts of the island, the "Brink Bangers" have kept up the ritual every night since the beginning.

"We started last spring with everyone else across the world as a symbol to express our gratitude, solidarity and support with those on the front lines and back lines in the fields of health, education, community, business, farming and for volunteers of all sorts," explained Brinkworthy resident Margaret Benmore.

"We have not stopped because the situation has not stopped or even slowed down, really. It seems to have deepened into apathy . . . and it is now more complicated as folks in all fields are burning out, exhausted and feeling overwhelmed. Everything is still stressful and exhausting, and everyone is doing their best to keep things going for us on the island."



PHOTO BY GAIL SJUBERG

Brinkworthy Estates residents gather Friday at 7 p.m. to make some noise in appreciation of front-line workers during COVID-19.

The Brink Bangers have been down to two in number during winter months, and up to 20 or so in the summer, with the average being about six to eight each night. They meet in the community's clubhouse parking lot, "all done with proper ceremony, social distancing, friendship, gratitude and love," said Benmore.

They use a variety of noisemakers, from tin plates to bells and bowls. Benmore brings a tall pole adorned with new and old prayer flags.

"We have shared some amazing night skies, moonscapes and sunsets," she adds.

The residents have a wide range of personal reasons for participating. Some have children who are health-care workers or have contracted the virus, for example.

"We all firmly believe everyone on Salt Spring working last spring greatly contributed to our island lives being relatively normal," said Benmore. "They continued through the summer visitor influx, adapting to plague rules and economic stress. They continued work through the second wave and now we are seeing stage three with variants. There is no end in sight really for a long time."

Benmore said the Brink Bangers would like to see more areas of the island and the world pick up the gratitude trend again.

"It is therapeutic to both those receiving and being acknowledged and for those who are sending the message. It is a great way to build a sense of neighbourhood in these isolating times."

## THIS WEEK'S HOROSCOPE

Michael O'Connor - Life Coach Astrologer

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TIP OF THE WEEK: READ MORE IN MY NEWSLETTER. SIGN-UP IS FREE ON MY WEBSITE.

Jupiter in Pisces (May 13 – July 28) is among the top stories this week. This 10-week cycle is sure to synchronize with a lot of drama, intrigue and controversy. The overall portrait reveals a bowl chart pattern, which tends to manifest as an array of orientations towards new experiences. With Pluto in Capricorn and Mars in Cancer, the two ruling planets of Scorpio and both also occupying degree positions directly associated with Scorpio, it appears that there is little likelihood that we will be able to go through this time period without the purge, and purification, change and transformation, death and rebirth that represent the core characteristics of Scorpio.

Of itself, Jupiter in Pisces will manifest as religious fervor, and spiritual aspiration, but also holds the potential for mass deception and hysteria. The stage is set globally for such reactions subject to divisions sowed by popular media and countered by the flow of information by the efforts of concerned citizens the world over. Let us pray...

### Aries (Mar 21 – Apr 19)

The flow finds you busy on a variety of fronts. In some respects, you feel determined to get to the bottom of things, literally and figuratively. Renovations remain likely. This trend will continue through mid-June especially. Expect to be busy on a variety of fronts. This includes keeping up with the latest intel, to which you will want to respond, as well as be informed.

### Taurus (Apr 20 – May 20)

Gemini time activates interests in variety and you will be happy to align with it. Doing the rounds as opposed to trying to complete any one project is likely. Cooperative efforts will also prove more satisfying, allowing you to socialize and be productive at the same time. In the deeper reaches, your entire philosophy of life is changing to adapt to the changing times.

### Gemini (May 21 – Jun 21)

Keeping busy behind the scenes continues. Yet, you are also excited to explore new avenues of self expression. Positively, you are inspired and enthusiastic to engage in creative projects that you have never tried before. Meanwhile, Mars in Cancer is leading you to dig deep somehow and this includes more effort than usual. Themes of security are featured.

### Cancer (Jun 22 – Jul 22)

Breaking through barriers of any kind to lay claim to a fuller scope of your creative power is a central theme now. You may even choose to leave long-standing involvements both in your personal and perhaps in your professional life too. You yearn to expand your horizons and to reach for distant shores. Some of your choices may take you and others by surprise.

### Leo (Jul 23 – Aug 23)

Last week's new moon sowed seeds of material ambition and professional power. You yearn to make some of your dreams come true and are willing to reach out to others you deem allies. This could well lead to new professional relationships and friendships too. Returns for past efforts are indicated, which could boost your confidence and be supportive of dreams coming true.

### Virgo (Aug 24 – Sep 22)

Seeing both a bigger picture and with a deeper understanding too is a central theme now. This will contribute to a new level of confidence and synchronize with social and professional expansion and increase. Meanwhile, an ardent push for truth is already and will continue to activate an edgy approach. Be empathetic with your vigilance for best results.

### Libra (Sep 23 – Oct 22)

Deep changes were activated by the Taurus New Moon. Some of these are directly linked to financial realities. In other respects, the emphasis is on new perspectives and changes in your philosophy. On other fronts yet, the influences are directed precisely at your public and professional life. Getting and or giving special training is likely and ideal.

### Scorpio (Oct 23 – Nov 21)

Your relationship life is receiving some fresh, springtime activations. These are activating both your desires and your ambitions. Yet, you may have to give more in terms of learning new skills and acquiring new tools. You may also choose to hire out and take full advantage of the expertise of others. Altogether, this stands to be an abundant cycle.

### Sagittarius (Nov 22 – Dec 21)

The emphasis on health continues to take the spotlight. Since health encompasses physical, mental, emotional and spiritual elements, there is ever opportunity for improvement. Generally, the emphasis is on building upon and strengthening your overall foundation and constitution. Gaining knowledge from others is indicated and will help you to see what was previously hidden.

### Capricorn (Dec 22 – Jan 19)

The Taurus New Moon activated your creative sectors. This impulse will likely manifest as innovative and inventive ideas, plans and schemes. With Jupiter entering Pisces, a boost of imaginative thinking will inspire new designs. Other factors suggest that the time has come to bring long-standing dreams out from the back of your mind and down into reality.

### Aquarius (Jan 20 – Feb 19)

Whether literally or figuratively, the effects of the Taurus Moon cycle will sow seeds and produce sprouts of abundance. Over the coming weeks, you may be surprised and delighted to receive returns on investments made a long time ago. While it will remain important for you to know where and how you need to 'pay your dues', you will feel more confident doing so.

### Pisces (Feb 20 – Mar 20)

Directing your attention to a variety of inspirational activities should be apparent by now. Your energy levels should be running higher than usual, as well. With your creative juices flowing so abundantly, you could experience a very productive cycle with both practical and purely inspirational returns. Use this window of opportunity to complete projects initiated previously for best results.

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GAMBLING SUPPORT

# Free program instructs on responsible gambling

Gulf Islands-based education and prevention services available

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Human beings' natural instinct for play and the dream of a better future can make gambling an attractive prospect.

Knowing how to take a fun risk without it becoming addictive and potentially ruinous is essential to keeping gambling a positive activity, but many people don't have the tools required. That's where the British Columbia Responsible and Problem Gambling Program comes in. In addition to profiting from gambling revenue, the B.C. government provides free information and resources to support informed choices and healthy gambling through the program, which is administered by the Community Supports Division within the Gaming Policy and Enforcement Branch of the Ministry of Attorney General in 18 different regions of B.C.

Pender Island resident David Nickoli is contracted to provide those free prevention and education services in the southern Gulf Islands, including on Salt Spring. He is a former school principal, has a masters degree in leadership and training, and is also involved with Pender's Community Justice Program. He got involved with the B.C. Responsible and Problem Gambling Program after receiving a phone call from his niece, who was worried because her husband had come home with flowers and gifts after winning big at the casino.

Although that sounded fine at first, Nickoli, said, "She looked into their bank accounts and found out he'd lost more than he'd won."

Nickoli set up a meeting with then-director of prevention services, Andre Serzisco, to talk about how the province needed to help people with problem gambling. Serzisco explained they already did that, but getting the word out could be difficult. After several more discussions, Serzisco decided the southern Gulf Islands really needed its own program. They created a part-time position for Nickoli and he completed specialized training to provide prevention and education.

The B.C. Responsible and Problem Gambling Program takes a gambling neutral position, "recogniz-

ing that gambling is an individual choice and is best made with full knowledge of the facts, myths and risks associated with gambling products."

Nickoli points out that gambling is a legal and regulated activity in B.C., so the program does not attach any judgement to the activity.

"About 75 per cent of people of legal age in Canada choose to gamble as a form of recreation," Nickoli said. "And for most of them, it's not a problem."

If 75 per cent sounds high, that's because the definition of gambling includes anything in which a person puts up money or something else of value and there's an element of chance that allows them to win or lose. That extends to lottery tickets, bingo and even 50/50 draws. Nickoli said most people gamble by playing Keno or buying lottery tickets, but internet gambling is also popular and has become even more so during COVID-19. The closure of casinos, race tracks and church halls has seen even more gambling migrate online.

BC Lottery hosts its own online gaming site at PlayNow.com, which allows people to set spending limits. Nickoli said there is "a plethora" of non-regulated sites that are just as easy to find, though, and it's easy for people to spend too long and too much. He knows of stories on every one of the Gulf Islands where someone has lost everything they had — their home, their life savings and their relationships.

An estimated 160,000 people in British Columbia are considered to have a gambling problem, and Nickoli said a high

percentage of them will attempt suicide at some point.

Part of his work in trying to prevent those situations is building gambling literacy.

"Research shows if we can teach people to play responsibly, hopefully folks won't get into trouble, so we need to increase gambling literacy in the general population," Nickoli said. "We're not opposed to gambling. But if people choose to gamble we want them to do it with their eyes wide open so they can make good decisions."

One of the most basic platforms in gambling literacy is "the house always wins." Nickoli said people tend to get into trouble when they invest in the mythology they can come out ahead. Some people may look at gambling as a career. People in a lower socio-economic bracket may be looking for a way to escape their financial hardship.

The losses always outweigh the gains, so a good approach is to set a budget for how much one can afford to lose and to stop when that limit is reached. Nickoli encourages people to keep accurate records that show every win and every loss, along with the dollar amounts. Setting a limit on how much time one will spend gambling in a day or a week is also a good idea.

Gambling literacy can and should start at a young age. Children encounter the same type of psychological impact of "intermittent reward" as gambling through social media and gaming. The aim for kids is to build capacity for critical thinking, self-regulation and healthy

ways of finding happiness. Nickoli has created programs for children as young as three years old such as a themed Story-Walk that is now in use in all 18 districts, and has given workshops with fun games and activities at places like Fernwood Elementary School.

He also gives presentations and workshops for youth and adults.

Outreach support for people who believe they may have a gambling problem, or that someone close to them does, is provided locally by a woman who lives in Ladysmith. She responds to phone calls within 48 hours and can help people decide whether they wish to get help, and can refer them to counselling or treatment programs from there.

Being open and honest about one's gambling, both with oneself and with others, is a key indicator of whether the practice is healthy. Denying losses is a sign of potential trouble, Nickoli said. Other indications can be gambling every day, and gambling in lots of different formats.

Fill out the online request form at [bcgaming.myoutcomesapp.com](http://bcgaming.myoutcomesapp.com) to access free prevention, treatment and support services, or contact the multilingual Gambling Support Line (24/7, toll free) at 1-888-795-6111. Contact David Nickoli about prevention and education services at [david.nickoli@gmail.com](mailto:david.nickoli@gmail.com), through the website [BuildingHealthyCommunities.ca](http://BuildingHealthyCommunities.ca) or the Building Healthy Communities: Southern Gulf Islands, BC page on Facebook.

More online resources are available at [ChoicesAndChances.ca](http://ChoicesAndChances.ca) and [bcresponsiblegambling.ca](http://bcresponsiblegambling.ca).

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## what's on this week




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<p><b>Wed. May 12</b></p> <p><b>VIA ZOOM</b></p> <p><b>Conversations on Racism: It Takes a Village.</b> A wide-reaching conversation with Sharyn Carroll and Molly Murphy, moderated by Shamana Ali. 7 to 8:30 p.m. Get the link through the Anti-Racism Forums page on <a href="http://www.saltspringjapanesegarden.com">www.saltspringjapanesegarden.com</a>.</p> <p><b>Gulf Islands School District Board of Education Meeting.</b> Monthly public meeting at 6:30 p.m. See <a href="http://sd64.bc.ca">sd64.bc.ca</a> for the link.</p> <p><b>Fri. May 14</b></p> <p><b>ACTIVITIES</b></p> <p><b>StoryWalk.</b> Self-guided family activity from SS Public Library through Mouat Park toward the Rainbow Road Pool. 10 a.m. to 4 p.m.</p> <p><b>VIA ZOOM</b></p> <p><b>Ask Salt Spring.</b> This week's guest is CRD director Gary Holman. 11 a.m. to 1 p.m. Send an email to <a href="mailto:ask@asksaltspring.com">ask@asksaltspring.com</a> to get the link.</p> <p><b>Sat. May 15</b></p> <p><b>ACTIVITIES</b></p> <p><b>Saturday Market in the Park.</b> Saturday market runs with COVID-19 safety protocols in place from 9 a.m. to 4 p.m.</p> <p><b>THE FRITZ CINEMA</b></p> <ul style="list-style-type: none"> <li>• Closed until further notice due to COVID-19 regulations. See <a href="http://www.thefritz.ca">www.thefritz.ca</a> for info about weekend concession sales.</li> </ul>	<p><b>Sat. May 15</b></p> <p><b>ACTIVITIES</b></p> <p><b>StoryWalk.</b> See Friday listing.</p> <p><b>Invasive Plant Drop-off Day.</b> Community Gospel Chapel parking lot. 10 a.m. to 3 p.m. Broom, holly, ivy and blackberry welcome. No gorse or spurge laurel. No roots or dirt/rocks.</p> <p><b>Sun. May 16</b></p> <p><b>ACTIVITIES</b></p> <p><b>StoryWalk.</b> See Friday listing.</p> <p><b>Mon. May 17</b></p> <p><b>ACTIVITIES</b></p> <p><b>StoryWalk.</b> See Friday listing.</p> <p><b>VIA ZOOM</b></p> <p><b>SSI Fire Protection District Trustees Meeting.</b> Via Zoom at 6:30 p.m.</p> <p><b>Tue. May 18</b></p> <p><b>VIA ZOOM</b></p> <p><b>SS Parks and Recreation Commission Meeting.</b> 3 p.m. Get the link from the Salt Spring CRD office: 250-537-4448.</p> <p><b>EXHIBITIONS</b></p> <ul style="list-style-type: none"> <li>• Gallery 8 celebrates its 12th anniversary with the <b>Symbolically 8</b> Exhibition upstairs in the gallery until Friday, May 14.</li> <li>• Today, May 12, is the last day to see <b>RETRO</b>, a retrospective show by the <b>Printmaking Group of the Salt Spring Painters Guild</b>, at the Salt Spring Gallery.</li> </ul>	<p><b>Wed. May 19</b></p> <p><b>VIA ZOOM</b></p> <p><b>Author Event: Susan Lundy.</b> Salt Spring's Susan Lundy will read from and talk about her new book called <i>Home on the Strange: Chronicles of Motherhood, Mayhem, and Matters of the Heart</i>. A Salt Spring Public Library event. 7 p.m. Email <a href="mailto:programs@saltspringlibrary.com">programs@saltspringlibrary.com</a> for the link.</p> <p><b>Transition Salt Spring Food Security Event.</b> Join three Salt Spring agri-food leaders to discuss solutions to lowering Salt Spring's carbon footprint through improved food and agricultural systems called <i>Let's Beef Up Our (Food) Security: Building a Healthy Abundant Food System for a Low Carbon Future</i>. With Pat Reichert, Anne Macey and Kaleigh Barton. 7 p.m. Sign up to attend this free-by-donation event at: <a href="http://www.tinyurl.com/SSIAgriculture">www.tinyurl.com/SSIAgriculture</a></p>
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### Impressions 6

Show of work by island printmakers  
Salt Spring Public Library Program Room  
Until the end of May



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<p><b>PLACE AN AD</b> In person at 328 Lower Ganges Rd., Ganges By telephone 250-537-9933 or fax 250-537-2613 By email to driftwood@driftwoodgimedi.com By post to Driftwood, 328 Lower Ganges Rd., Salt Spring Island, B.C. V8K 2V3</p> <p><b>Payment</b> By cash, debit, Mastercard or Visa. Classifieds are prepaid.</p>	<p><b>DEADLINES</b> Class display deadline: Monday 4pm Word ad deadline: Tuesday 9:30am Too Late To Classify: Tuesday 1pm</p>	<p><b>WHAT IT COSTS</b> <b>3 LINE CLASSIFIEDS:</b> \$14.00 - additional lines \$1.00 ea All ads are posted to BCClassified.com <b>EMPLOYMENT/LEGAL ADS:</b> 3 line rate \$16.50 - additional lines \$1.00 ea <b>DISPLAY ADS:</b> \$14.00 per col. inch</p>	<p><b>YOUR AD ON-LINE</b> All ads booked in the Driftwood Classifieds appear on-line at <a href="http://www.bcclassified.com">www.bcclassified.com</a> Auto ads also listed on line at <a href="http://www.bcautocentral.com">www.bcautocentral.com</a></p>
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**Obituaries**

**CLARKE IRVIN MOGGRIDGE**  
November 8, 1934 - April 25, 2021

Clarke passed away peacefully at Victoria General Hospital. He is survived by his children; Mike (Leslie), Lise, Matt, Tim (Angela) and Susan (Peter), his 9 grandchildren, 3 great grandchildren and his sister Joan Jones (St. Catharines, Ont.).

Clarke grew up in St. Catharines, Ont., the youngest of three siblings. He was an RMC graduate and a commissioned artillery officer with 10 years service. He spent the next 20 years in the federal public service and was Director Human Resources when he retired. Clarke retired to Salt Spring Island where he built a house with an extensive garden on Bullock Lake. He volunteered for Meals on Wheels and Salmon Enhancement. He enjoyed carpentry, making wine and restoring old cars and scooters. RMC reunions and the chance to reconnect with old classmates was always a highlight for Clarke.

We will remember his sense of humour, competitive spirit and homemade pizza.

Clarke will always be in our hearts.  
No service will be held due to Covid.

**Obituaries**

*Dale Anne Crawford*

Feb 23, 1952 - May 3, 2021

Dale Anne Crawford passed into the presence of her Lord and Saviour in the early morning of Monday, May 3rd. She will be sadly missed by her loving husband John. Her mother, Agnes Cunningham on Salt Spring Island. Children; son Keith (Lisa)Crawford, daughter Charlene (Steve) Mason, son William and daughter Sharon (Markus) Crawford. Her sister, Dawn (Mel) Williamson in Colorado. As well as her many grandchildren whom she loved to the moon and back.

Dale was known for her kindness, generosity, compassion and sensitive caring to the needs of others.

In lieu of flowers, donations may be made to the Langley Hospice Society.

The family wishes to thank Dr. Douglas McFee, Dr. Kevin McDermid and Dr. Jennifer Corpuz.

A Celebration of Life will be held at North Langley Community Church at a future date.

**Obituaries**

*Dr. Don Shea*

December 5, 1941 - May 1, 2021

Dr. Don Shea passed away suddenly at home in Victoria on May 1. Survived by his loving wife of 38 years, Wendy, and their blended family, sons Greg (Jolie), Tim (Kirstie), daughter Kate Palmer (Matt), step daughter Jacqueline Zan (Roger), step son Stephen Robinson (Annette), grandchildren Sarah, Christopher, Jordan, Denman, Curtis, Emma, Kyle, Ryan, Mowatt, Nico, Maese, Hudson, Audrey and Hadley and great granddaughter Rylie. Also survived by his sister Patricia Turnbull, nephew, Nicholas Bapty and nieces Becky Moore and Megan Clemiston.

Born in Vancouver on December 5, 1941, Don moved with his family to Victoria after completing high school and graduated from, what was then Victoria College, in 1963 with a Bachelors Degree in English and Zoology. After a year of travelling in Europe, Don worked as a research assistant at Kings College Hospital in London before returning to Canada to attend McGill Medical School in Montreal in 1965. On receiving his medical degree, Don returned to the West Coast in 1970 and did his residency in Radiology at UBC. His first position as a Radiologist was at Nanaimo Regional General Hospital where he spent many happy years. In 1998 the ultimate semi retirement opportunity knocked and Don had his dream job providing radiological services for Lady Minto Hospital on Salt Spring Island. During his time at Lady Minto, Don mentored numerous international medical graduates and was Chief of the Medical Staff for a number of years. When he turned 70, Don decided it was time to retire and moved back to Victoria in 2013 where for a short time he voluntarily did some teaching at the Island Medical School at the University of Victoria. Don spent his retirement years as a professional news junkie, devouring every online newspaper known to man, that was his thing.

Due to current restrictions there will be no service or celebration of life at this time. In lieu of flowers donations in Don's memory can be made to the Lady Minto Hospital Foundation, 135 Crofton Road, Salt Spring Island, BC, V8K 2R8. ladymintohospitalfoundation.com Condolences may be offered at [www.earthsoption.com](http://www.earthsoption.com)

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**Help Wanted**

**Salt Spring Island Fire Rescue**  
**SUMMER STUDENT WANTED**

Salt Spring Island Fire Rescue has received approval for a grant to employ a summer student. We are looking for a student enrolled for this upcoming fall semester to work over the coming summer in the Fire Hall to help properly digitize and organize our historical records. If you have excellent computer skills and are good with people, we would like to hear from you!

The position is full-time at 35 hours per week. The start date is flexible with the end of May as the preferred start. There is a possibility of working a compressed work week of four days. Compensation is \$20.00 per hour.

Spend the summer right here on Salt Spring working in the fire hall!  
Application period closes May 15, 2021.  
**For more information and to apply, please visit: <https://saltspringfire.com/job-opportunities/>**

**Help Wanted**

**Salt Spring Hospice**

**Looking for GRIEF SUPPORT?**  
Hospice offers 1-on-1 and group help.  
Call for info  
**250-537-2770**  
250-537-2770 - [saltspringhospice.org](http://saltspringhospice.org)

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**GRAHAM PAUL FOULKES**  
June 8 1965 – April 25 2021

It is with great sadness that we announce the sudden death of Graham, known by many as Oz or Ozzy. He was the loving husband of Leanne, father of Tabitha (Tavis), Jenoa (Brandy), Trylan (Aleah), Rosemary, stepfather of Coast, and grandfather of Sayla. As the lynchpin of a large extended family, he was also a "bonus dad" to Kaiya and Maria, and a caring uncle to many nieces and nephews.

Graham was born in Watford, UK to Audrey and Michael, and brother to Trevor, Steven, David and Sally. After attending Watford Grammar School and a brief stint in university studying environmental sciences, he started on his great adventure in Canada in 1987. He attended film school in Victoria, incorporating film and photography throughout all aspects of his life. Graham was most comfortable behind the lens, often seen with a camera slung around his neck. Over the years, in his unique way, he became a vibrant member of the communities of Saturna Island, Cortes Island, Slocan, and Salt Spring Island. Photography, playing guitar, and bird watching were among his passions.

His death, fittingly, was close to Earth Day. As a dedicated environmentalist, he lived a minimalist, low-impact life and was an early adopter of more sustainable technologies like electric cars. He was determined to do his part in preserving the world in which he lived and in making it a better place for his children and grandchild.

He had the inquiring mind of an engineer, a philosopher's reflective nature, and the gentle, compassionate temperament of the Dalai Lama. He will be sorely missed by his family and friends around the world. Graham is predeceased by his father Michael and brother Steven - his ashes will be spread in the UK, Cortes Island, and Salt Spring Island. In lieu of flowers, a memorial fund has been set up for the family.

**Obituaries**

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**Estate Sales**

**ESTATE SALE**  
**at 120 CAIRNS PLACE**  
(Off Long Harbour)  
**May 14 and 15, and**  
**May 21 and 22 10am - 3pm**

SOME ITEMS AVAILABLE:  
King, queen and twin beds with matching vanity and side table (hardly used), cream wicker pull out bed, 2 blue couches, 2 tables 4' 6" square, 12 chairs-upholstered seats, lace, jewelry, bed linens, beautiful napkins, lamps, filing cabinets. Lots more from a 5,000 sq.ft. home

**Distancing will be in place and appointments taken if wanted.**  
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Service for troubleshooting, software & networking support. Remote desktop support available.  
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## Advertising Deadlines Change

Please note that the Gulf Islands Driftwood office will be closed on Monday, May 24 - Victoria Day and will reopen for usual business hours on Tuesday, May 25.

**Deadlines for the Gulf Islands Driftwood Wednesday May 26 edition will be as follows:**

Display Advertising deadline:  
**Wednesday, May 19, 12 noon**

Classified Display Deadline:  
**Wednesday, May 19, 12 noon**

Classified Word Deadline:  
**Wednesday, May 19, 12 noon**



**Driftwood**  
gulfislandsdriftwood.com



**BIRD IN THE HAND:** Hummingbird found behind a bookcase in the Stacey family home before it was nurtured back to health as seen in our front-page photo.

PHOTO BY MIKE STACEY

## LIBRARY SERVICES

# Lynda courses grow

### Online library offerings

Salt Spring Public Library users now have access to a database of more than 16,000 free expert-led online courses on a huge array of topics.

With the LinkedIn acquisition of Lynda.com, an online educational platform, the library now has access to a resource of beginner to expert-level courses called LinkedIn Learning. People sign in to LinkedIn Learning either with their library card through the library's website or LinkedIn itself.

"I have checked out videos on using PhotoShop, 3D printing and Excel, but there's a lot of specific information pertinent to business, tech and creative pursuits available," said Salt Spring librarian Julia Wagner. "Whether it's finance, sales, marketing, app develop-

ment, videography or photography, you can find videos to walk you through your learning. This resource can bolster your skills and give you new ideas and know-how, which is great given that so many professional development activities and events have been put on hold due to COVID."

Wagner said people can even earn a certificate when a course is completed, which can be added to their resumes.

Chrome should be used as the web browser for LinkedIn Learning, or a version of Safari that is 13.1.1. or later. Library personnel can help people who are having issues accessing LinkedIn Learning.

Funding for this database was provided by the Salt Spring Island Foundation and through the Public Libraries Branch through the B.C. government.

**Salt Spring Island Firefighters' Association**

# ANNUAL CHARITABLE BOOT DRIVE

**Raising Funds for Family Place**

**May Long Weekend**

Donations can be made in several ways:

- PayPal link: [www.paypal.com/donate/?hosted\\_button\\_id=BQB6KHQGLCWES](http://www.paypal.com/donate/?hosted_button_id=BQB6KHQGLCWES)
- Interac Etransfer to: [donations@ssiffa.org](mailto:donations@ssiffa.org)

Cheque to: The Salt Spring Island Fire Fighters Association, delivered to Ganges Fire Hall, 105 Lower Ganges Road, Salt Spring Island, BC Canada V8K 2T1

GO TO: <http://ssiffa.org/donations> FOR MORE DETAILS

# Lizards out-breed predators



PHOTO BY GAVIN HANKE/ROYAL BC MUSEUM

Common wall lizard (*Podarcis muralis*) of the same species found at Channel Ridge.

## LIZARD

continued from 1

Although many native species as well as domestic cats prey upon them, wall lizards are such prolific breeders predation can't keep the population down. Native alligator lizards have only one clutch of eggs per year, but wall lizards have at least two and sometimes three, with five or more eggs per clutch. Once hatched, the hatchlings scatter wide to avoid being eaten by their parents.

On the flip side, wall lizards are fearful predators in the own right, and they target everything from native snake and lizard hatchlings to important pollinators. There is concern about local ecosystems due to the large number of insects they eat, and for rare or endangered species like the sharp-tailed snake.

Wall lizards may appear similar to alligator lizards, especially as juveniles when they are a coppery brown. As adults, though (6.5 to 10 centimetres), wall lizards are distinct for their green and black patterning and for having scales that are almost too tiny to see with the naked eye. Another difference is that wall lizards scurry away quickly if approached, while alligator lizards tend to let people get closer, and wall lizards like more sun while alligator lizards can tolerate

spending a lot of time in the cool forest.

So far Miller has seen just the one invader, but islanders are being urged to watch out for others.

"My feeling is it would be pretty unlikely that I was the only person on Salt Spring with a wall lizard," Miller said.

Hanke encourages people to take photos if they see a lizard. Those photos can be uploaded to iNaturalist and sent to him directly at [ghanke@royalbcmuseum.bc.ca](mailto:ghanke@royalbcmuseum.bc.ca).

Once properly identified, capturing wall lizards may be possible using a noose on the end of a long stick. Hanke recommends people put lizards in a tub in the refrigerator to send them into hibernation and then finish them off in the freezer once they're asleep.

Since the B.C. coast is so hospitable to so many species, Hanke additionally urges people never to release pets or fish into

the outdoors if they can no longer care for them. They should be re-homed, or if that's not possible, brought to a vet to be euthanized.

"There's still a lot of things in the pet trade that could get established here and we're just lucky they haven't been released," Hanke said. "The pet trade is a great vector for exotic species and it's a great threat."

**"[Our] winters are short and mild and the summers are warm, and with climate change it's just going to get worse."**

GAVIN HANKE  
*Curator of vertebrate zoology, Royal BC Museum*

**Trail Appliances**  
Your Home. Your Style.

# Customer Appreciation SALE

May 13-26

## AMAZING PROMOS + BONUS DELIVERY CREDIT<sup>2</sup>

**MAYTAG**  
4.9 cu. ft. HE Top Load Washer and 7.0 cu. ft. Dryer - White

- 11 Washer Cycles
- Sensor Dry System

**AFTER SAVINGS**  
**\$1399<sup>96</sup>** PAIR  
+ FREE HAULAWAY!

**SAMSUNG**  
French-Door Refrigerator - Stainless Steel

- 22.6 cu. ft. Capacity
- Pull-Out Freezer Drawer

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**KitchenAid** Buy More, Save More!

Buy 2 Kitchen Appliances **SAVE \$200<sup>5</sup>** | Buy 3+ Kitchen Appliances **SAVE \$400<sup>5</sup>**

\*Conditions apply. Ask In-Store or Online for details.

**LG**  
All-Gas Range with Convection - Stainless Steel

- 56,100 BTUs
- Built-In Air Fry Feature

**SALE PRICED**  
**\$1099<sup>98</sup>**

THANK YOU FOR CHOOSING US!  
YOU CAN WIN 1 OF 3

# PRIZES!

INCLUDING A KITCHENAID PACKAGE VALUED AT \$7500 AND MORE<sup>4</sup>

Enter in-store or online

4 No purchase necessary. One entry per person. Must be a resident of BC and over the age of 18. Valid from May 13-26, 2021. For full prize details and contest rules and regulations, visit [trailappliances.com/contest](http://trailappliances.com/contest). Ask a Product Expert for more details. KitchenAid Kitchen Package prize includes a \$7500 MSRP credit towards KitchenAid Major Appliances.

**NANAIMO SHOWROOM | 6334 METRAL DRIVE Tel: 250-390-3333**

Shop from the comfort of your home and find more great deals at [trailappliances.com](http://trailappliances.com)

1 Prices, unless otherwise stated, reflect all applicable rebates and offers. Federal and Provincial taxes are not included in our prices. Pricing in effect May 13-26, 2021 while stock lasts. Actual products may not be exactly as shown. The flyer reflects the most current information available at the time of printing. If despite our vigilance, errors occur, a notice will be printed in store. 2 Bonus \$50 delivery credit applicable to purchases over \$500. Not valid on microwaves (including OTRs and countertops), BBQs, warming drawers, accessories, ventilation, and food disposers. Not valid on prior purchases. Purchases made under our Price Match Policy may not qualify. One delivery offer per customer. Multi-home purchases do not qualify. Does not include installation. Not valid on Miele, Wolf, Sub-Zero, Gaggenau, Viking, Marvel, La Cornue, Jenn-Air and U-Line. Offer is valid May 13-26, 2021. Ask a Product Expert for details.