

CANADA DAY PUPPIES: Marty Best holds one of Ozee's 13 puppies. Mom and offspring were holding court under a truck at the Canada Day celebrations in Ganges.

Coffee Co. loses trustee's support

Applicant questions process but intends to carry on

BY SEAN MCINTYRE

DRIFTWOOD STAFF

Trustee Christine Torgrimson has come out against a rezoning application to permit construction of a new Salt Spring Coffee Company roasting facility at 1501 Fulford-Ganges Road.

"I just can't shake this feeling that this is simply the wrong location for this business, as green as it is and as valuable as it is for the island," Torgrimson said at Thursday's local Trust committee meeting.

Torgrimson cited outstanding odour concerns, the large number of covenants, and the threat of commercial and industrial sprawl in the rural neighbourhood as her main reasons for

opposing the application.

"I've seen [sprawl], I'm sick of it, I don't want to see it here," she said.

She said permitting the facility in the proposed location would only "create ongoing conflict, ongoing hardship and unhappiness."

"I know [the applicant] worked really hard and maybe some bright light will shine and I will change my mind, but I don't think so," she said. "I've thought about this a lot."

She encouraged the applicant to find another island location for their facility.

"If they truly love the island as they say they do, if they treasure the Salt Spring Island brand, they care about their island workers and families

and are sincerely committed to doing the right thing in as many ways as possible, they will work towards finding another property here that is more suitable to their needs and desires and more compatible with the nature of that particular place on the island," Torgrimson added.

She acknowledged environmental studies and peer reviews confirming the operation's environmental impact would be negligible.

According to a staff report presented at last week's monthly local Trust committee meeting, 17 covenants have been proposed to control the proposed facility's operating practices.

Despite trustee Torgrimson's opposition to the application, trustees voted unanimously to have Islands Trust staff examine the feasibility of and

COFFEE CO continued on A2

Elizabeth May rumours abound

May-be, May-be not coming to Saanich-Gulf Islands

BY NATALIE NORTH

DRIFTWOOD STAFF

A snowballing rumour that Elizabeth May will be moving to the Saanich-Gulf Islands riding with high hopes of winning a seat in the House of Commons is gaining strength, along with questions of whether or not the national Green Party leader's presence will help or hinder the battle against climate change.

May held a book signing on Pender Island July 7 and will be the guest speaker at the Green Party's AGM at St. John's Church Hall in Saanich on July 9 appearances which continue to fuel speculation on her candidacy in this riding. But would another environmentalist's intentions unite the region or further divide the progressive vote across several parties?

The possibility of a summer by-election, pending results from pollsters and visits to a few remaining ridings are among May's reasons for holding off on any announcements. So far, Saanich-Gulf Islands is still most certainly a possibility, but not a certainty until she can determine that it is absolutely the most likely locale for her to be elected to parliament — a move she has openly stated is the party's top priority.

May speaks ruefully of the Saanich-Gulf Islands riding's electoral history — which has seen some of the "best people" put themselves forward for election campaigns, she said, only to compete with each other and all lose out in the end.

"Briony [Penn] has been a MAY continued on A2



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NEWSBEAT

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Riding of choice could be named anytime

MAY

continued from A1

Green Party member before being recruited to the Liberals, Andrew Lewis is a very fine person and you feel badly when so many people were working with the same goal in mind," she said. "It would be nice to see a chance for everybody to be united."

Yet this is the very threat that May could bring with her, according to Penn, who does not plan to back the Saanich-Gulf Islands Greens.

Penn believes that a coming together of progressive voters from across federal Liberal, Green, NDP and Bloc lines is the answer to breaking free of the Conservative minority and climate change inaction.

"In the last election, I ran on a platform of bringing all three voices in this riding of progressives to parliament and supporting a coalition," Penn said. "At the time the riding association of the Green Party here did not

support my bid. If they had, I would likely be sitting in parliament today, representing this riding, from the 2,000 votes that I lost by."

While Penn has stepped down as a candidate for the Liberal Party, she will be supporting climate change scientist Renee Hetherington of Saanich, pending her successful nomination. Penn describes Hetherington as a "wonderful person worthy of voting for, as is Ms. May.'

"The chances of either winning boil down to a very difficult numbers game which I am well acquainted with. I believe that the odds are slightly higher for Dr. Hetherington," Penn said. "If by some unfortunate chance both are running in this riding, we will have a Conservative MP again."

Penn suggests that the Governor General could orchestrate a decision making-process with MPs, who will determine how to form a majority government.

"We would quickly see then an end to the fierce partisanship as the progressive parties are forced to collaborate on how we intend to limit the damages of a world already in full-blown crisis," she said.

Meanwhile, the non-stop speculation regarding the Saanich-Gulf Islands riding even has a long-standing Conservative MP swept up in the hearsay.

"I ran into Gary Lunn at the Calgary Stampede and the first thing he said to me was 'I hear you're moving to Saanich-Gulf Islands to run against me," May laughs. "I said 'Well that's the rumour! What do you think?!"

With the Green Party's national Sept. 1 deadline to nominate candidates, May could announce her riding of choice at any time.

"It's hard to talk about it without sounding sort of appallingly self-confident," she said, "but my history in the environmental movement, my knowledge of issues in various aspects of my life and being leader of the party — all those things together have added up to me being the strongest candidate the party's had."

Company will continue with application process

COFFEE CO

continued from A1

enforcement mechanisms for the covenants.

A report is expected in time for the Salt Spring LTC's August meeting.

Fellow trustee George Ehring stated that he is still undecided about the matter and would like more time to assess information ahead of a possible public hearing.

"This shows you that we don't work things out together because I did not know this was coming," Ehring said, following Torgrimson's announcement. "For me, the balls are still in the

The Salt Spring Coffee Company application dates back to early 2008. The company seeks to rezone a rural property that would allow a 13,000-squarefoot two-storey building housing the company's roasting unit, administrative offices and tasting area.

According to the application, the proposed building will meet the highest environmental standards and the property will feature a 5,000-square-foot greenhouse for food production, and rainwater-catchment system, among other sustainable-design elements.

Ehring said the scale of investment the company is ready to make for such a stellar environmental project is among the reasons he has not reached a decision.

"This is exactly the kind of

catalyst project that so many people in the community talked about when we were doing the [official community plan] review," he said. "That is why it doesn't fit inside the box.'

'We want to be the kind of place that embraces this kind of vision, but I don't know how we can get there," he added.

Speaking in response to Thursday's events, company spokesperson George Grams said the company's owner intends to continue the application process.

"We are not inclined to give up," he said. "We have to expose this for its incompetence and lack of vision."

Grams said Thursday's announcement by trustee Torgrimson frustrates the

Salt Spring Coffee Company's 13-month effort to bring a workable proposal to the table.

He called the turn of events a "manifest failure of the system."

In an open letter to the Islands Trust written after the meeting (and published in a full-page ad in this issue of the Driftwood), Grams said the Trust needs to establish a clear-cut mechanism to assess applications in a way that is "methodical, documented, verifiable and transparent."

Company president Mickey McLeod is currently in Peru and not available for comment.

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Newsbeat

TECHNOLOGY

Lee pursues islanders' right to equal bandwidth

South-enders await high-speed service

BY SEAN MCINTYRE

The president of the South Salt Spring Island Property Owners and Residents Association (SSSIPORA) is looking to break down one of the island's longstanding divides between north and south.

"We are tired of being second-class citizens," said Ken Lee. "The momentum is building."

The movement in question is a drive to connect as many as 400 south-end properties to the rest of the island's highspeed internet grid.

In June, Lee and Meyer Road resident Ashley Hilliard began an online petition to collect signatures as a way to show the demand for extending the broadband network southwards. In fewer than two weeks, the petition has grown to include more than 100 signatures.

Lee is impressed with the results given that word about the campaign is only now getting out.

He has already lobbied the provincial and federal governments on several occasions for money needed to help internet providers pay for the estimated \$700,000 invest-

This time around, Lee said, his renewed optimism is due to the federal government's decision to have Industry Canada contribute upwards of 50 per cent of funds needed to expand communications services in under-served rural areas across the country.

Of the \$14 billion in infrastructure funding slated to be handed out, \$225 million is earmarked to expand broadband service.

Lee argues the lack of high-speed internet access impacts several home-based businesses in the region. The area's proximity to an existing high-speed cable network and a relatively high population are further reasons for the government to serve up the funding for high-speed service.

"Some people can't even print an [airline] boarding pass," he said.

South-end areas such as the Beaver and Isabella points are among a few pockets on the island that have no access to broadband wiring. The Mount Belcher area near Ganges is another example.

Approximately 92 per cent of British Columbia households have broadband access.

The provincial government has compared bridging of the "digital divide" to the railroad boom of the 19th century or the construction of highways in the 20th century.

Salt Spring was not among the 100 locations chosen to receive "last-mile" broadband funding.

The NetworkBC initiative was developed to improve broadband access in order to improve communities' access to health, education and economic services.

Lee has written to federal MP Gary Lunn and met with representatives at Shaw Communications Inc. about the matter in hopes of getting in line for some of the govern-



PHOTO BY SEAN MCINTYRE

Ken Lee sits with his computer at his Salt Spring home.

ment money.

"We were told to go home and push and that's what we are doing," Lee said.

Funding is available to assist with initiatives from both the private and public sectors.

"Shaw planners told us that the push for this could not come from them but would have to come from the island residents in the form of petitions and letters to our federal MP." Lee said.

"If we are successful, it is not inconceivable that we could get enough government funding to trigger a partnership with Shaw."

Lee encourages everyone with an e-mail address to sign the petition before he forwards it to Lunn's office later this

"We were told to go home and push and that's

what we are doing."

KEN LEE

President, SSSIPORA

"It's in everybody's interest to break down the 537-653 barrier," he said. "If you have ever tried to send a picture to your friend in the south end, he or she can end up tied to the computer forever."

For more information on the petition, visit http://bit.ly/ saltspringhighspeed.

News briefs

Fire ban in effect

er fool you, forests on the island are still tinder dry and highly susceptible to

Effective July 3, the BC Forest Service imposed a fire ban throughout the Coastal Fire Centre district.

The ban covers all the Gulf Islands south of Quadra Island and on Vancouver Island south of the Gold River highway.

Areas within two kilometres of the high water mark Don't let the cool weath- on the west coast of Vancouver Island are exempt from the ban.

The campfire ban prohibits the use of open fires in burn barrels, fireworks and other open flame campfire apparatus.

It does not restrict fires in stoves using gas, propane or charcoal briquettes.

A fire ban on all out-

door burning, including incinerator use, small brush piles, campfires and class-A land clearing remains in effect.

Individuals caught disregarding the ban may be liable to charges under the province's Wildfire Act.

Night out gets ugly

RCMP detained and charged a cantankerous late-night drinker who

chose to drive home under the influence of alcohol on July 3.

An officer on patrol noticed a vehicle swerve out of the parking lot of an island bar on Friday at 2:45

The 35-year-old driver did not stop when the police officer activated the vehicle's emergency lights and further resisted compliance with police during the subsequent investiga-

The man was detained and arrested for impaired driving, refusal to provide a breath sample, assaulting a police officer and possession of a controlled substance.

The vehicle was towed as the driver was an impound candidate and a violation ticket was issued for not having a driver's licence.

Friendly day in the park

tumultuous week at the June 27 Saturday market due to a lack of available vendor space, last week's event went off without a hitch.

Although some of the 20 new vendors had no space to set up their stands, they left the park without attempting to set up shop on the forbidden grassy area.

Five warnings were issued on June 27 for breaking the bylaw and selling outside of the designated area.



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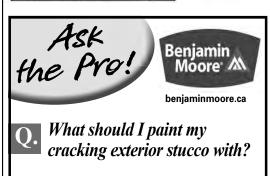
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NEWSBEAT

WILDLIFE

Baby herons saved with help from humans

Neighbours take action for on-the-ground bird

BY NATALIE NORTH

DRIFTWOOD STAF

New residents who've moved into Mary Hughes' and Dawn Davies' neighbourhood brought a little excitement with them last week.

Hughes has kept careful track of the great blue herons in a colony behind her Ganges-area home since they moved into the maple trees in early spring. She counted 16 adults in April and many more nests. She heard chicks and collected broken eggs, but also saw aggression from a nearby eagle and owl that she knew would threaten the young birds. So it was a "neat surprise" when Hughes returned from a boat trip to find photos of a young heron exploring her back yard.

Davies, who has been fascinated by collecting fallen feathers and egg shells from the nests, suddenly had a close encounter with a fledgling one morning.

"Early in the day, I saw the heron on Mary's side yard and I thought they were practically flying," she said. "When this little one didn't take off, I followed it. It waited at the gate, so I opened the gate!"

Later that afternoon, she noticed the heron, likely the same one, sitting in her



front yard and called the Island Wildlife Natural Care Centre. Staff advised her to safely contain the flightless bird under a laundry basket or a garbage can, which she did with the help of another neighbour and the little guy was shipped off to the centre in a matter of moments.

"I was so relieved that this beautiful innocent creature would not be facing a fatal night on its own and a horrible end," she said.

Davies' fears were founded. When her heron from the newly-formed mid-island rookery was brought back to the centre, three other herons the same age were already being cared for. The day after Davies' friend was sent packing, another fledgling was flown in from Prince Rupert by helicopter for rehabilitation at the centre. Currently, the Island Natural Care Centre and the Vancouver Aquarium are the only two facilities in the country permitted to conduct marine mammal rescue and rehabilitation.

Deceased young herons have also been recovered this year, said Jeff Lederman, founder of the centre.

"Once on the ground, the parents will not feed them," Lederman said. "They're just going to starve to death or be eaten by a raccoon or something."

Lederman is pleased to see the formation of the new rookery, and stresses its sensitivity to threats — natural or otherwise.

"The eagles are terrible predators of the young ones, that's why herons are so selective about nest sites," he said. "We used to have a heron rookery in the north end of the island. It was well known and then somebody cut down a big stand of trees that exposed the herons to the eagles and the herons just never came back.'

Lederman urges anyone who sees young herons on the ground to contact the centre immediately so they can be cared for along with the rest of the rescued animals, including the centre's first pelican that was brought in from Youbou. Pelicans come from as far away as California in search of food and are usually always starving by the time they make it to the Vancouver Island area.

SUMMER SHOW & SALE





Alcohol and summer activities turn up the heat on RCMP calls

Officers kept hopping during first week of July

Salt Spring's RCMP were kept busy over the past week, mostly ensuring Canada Day celebrations did not get out of hand, while also dealing with alcohol and drug consumption around town, boating issues and driving violations.

Canada Day saw RCMP foot patrols forced to dump out revellers' libations as both youth and adults alike got into the swing of the holiday celebrations.

Police also dealt with a young pipe-smoking couple who were illegally using marijuana in Ganges.

The officers destroyed the substance and contacted the youths' parents.

A male caught consuming alcohol in Centennial Park, in violation of earlier conditions he had been placed on, attempted to flee the scene and was subsequently pursued and detained by police.

After searching the man's pocket, RCMP arrested him for possession of marijuana.

Also on Canada Day, RCMP were made aware of a boat adrift in Ganges Harbour.

Police located the empty boat, which was in danger of damaging several other vessels in the area.

The Coast Guard were called in and eventually towed the vessel into the harbour.

There was more trouble on the water on July 2 when police received a report of a sailboat stolen from the Centennial dock.

The boat's owner, along with police, located the vessel tied to the government dock in Fulford Har-

RCMPREPORT

Police seized various items for fingerprinting and discovered several items had been stolen, including a stereo and speakers, tools and tackle.

Anyone with information regarding this incident is asked to contact Salt Spring RCMP.

Also on July 2, a group of males was caught consuming alcohol near Centennial Park and were issued violation tickets for drinking in a public place.

While patrolling Fulford-Ganges Road near Lee Road on July 5, RCMP witnessed an SUV weaving on the road.

The female driver was stopped and failed a roadside screening device, leading to her arrest for impaired driving.

Later at the police station the 56-year-old woman refused to provide a breath sample leading to an addition charge for the refusal.

After receiving three simultaneous complaints of an erratic driver in the parking lot near Country Grocer on July 6, police attended the scene and located a 60-year-old woman behind the wheel of the running vehicle.

The driver had rammed into shopping carts and driven at high rates of speed through the parking lot, although she had no memory of hitting anything.

The woman, whose uninsured car showed some damage, had earlier been admitted to Lady Minto Hospital and was on meditation.

She was escorted back to the hospital while her car was towed from the scene.

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NEWSBEAT

ISLANDS TRUST Trustees ponder school expansion

Gas bar development idles

BY SEAN MCINTYRE

DRIFTWOOD STAFF

The island's Agricultural Advisory Committee will get a chance to comment on a School District No. 64 proposal to install a portable classroom on land adjacent to Gulf Islands Secondary School.

The proposed location is a one-acre property in the province's agricultural land reserve between the high school and the Rainbow Road pool.

School district facilities manager David Henshall said the proposed building would house the high school's Phoenix alternate program, which is currently in a house on Jackson Avenue.

'This just seems like a reasonable location because of the degree of separation [from the high school]," Henshall told trustees at Thursday's meeting of the Salt Spring Island Local Trust Committee.

A staff report notes that agricultural activity has not taken place on the treed area for "many years."

Installation of the classroom would not require removal of many larger second-growth trees from the property, Henshall said.

Trustees said a subsequent rezoning application, required if and when a non-farm use is granted by the province, could "take some

"We don't have a backup plan, but can certainly take another look at what we are trying to do," Henshall added.

In other Trust news, renovations proposed for the Mid-Island Consumer Services Co-op gas bar at the corner of Rainbow Road and Jackson Avenue have been parked in neutral until the Islands Trust can resolve outstanding issues regarding construction of a proposed sidewalk along the property's roadside boundary.

"I don't want to issue the development permit in 2009 and still be waiting for a sidewalk in 2019," said trustee George Ehring.

The proposed renovations include converting the structure's garage space into a fullscale convenience store and altering the building's facade to create a "more comfortable and friendly surrounding."



PHOTO BY DERRICK LUNDY

COOL DOWN: Bradon Bogaardt beats the heat in St. Mary Lake.

EMPLOYMENT

Hospitality jobs increase

Influx of youth search for summer employment

BY SEAN MCINTYRE

Despite the national unemployment level reaching an 11-year high last month, staff at the Career Assistance and Resources for Employment (CARE) centre in Ganges have experienced a steady increase in job post-

The majority of job offers are concentrated in the hospitality and tourism service industries, according to Suzanne Archer, one of the employment centre's two career counsellors.

That's an improvement from this past spring, when the centre's job board made headlines on account of its dearth of employment prospects.

"As predicted, we've seen more jobs being posted," Archer said.

There may be more jobs of late, but opportunities are largely concentrated in cleaning positions and restaurant work.

Postings for construction, landscaping or "general labourer" positions, she added, are still relatively low compared to past years.

Many tradespeople may want to consider commuting to the Sidney area, where, she said, job postings submitted by the centre's affiliate offices abound.

As schools have let out for the sum-

mer, Archer said, younger job seekers have come to dominate the people coming through her door.

We're seeing new people to Salt Spring and more youth lately and that can be from university and high school students being out [for the summer]," she said, adding that many newcomers have come from Alberta and even Ontario.

Archer and fellow CARE staff member Gayle Mavor provide job seekers with a one-on-one opportunity to improve their resumes and find the job that's right for them.

"I still am a firm believer that its networking, showing extreme motivation, being proactive and doing a follow up," Archer said. "I'm hearing that employers have never received as many applications as they are in

She said the centre can also provide information about retraining for people currently receiving employment insurance.

While figures released in June placed the nation's unemployment rate at 8.4 per cent, B.C's rate reached 7.8 per cent. At 6.2 per cent, Salt Spring Island and the rest of the capital region has the province's lowest unemployment levels.

Find or post a job application with CARE by dropping by the office at 105McPhillips Road, visiting the website

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Delays and overloads dog the return of Skeena Queen

Frustration reigns in Fulford

BY SEAN MCINTYRE

The Skeena Queen's return to the Swartz Bay-Fulford Harbour route hasn't quite lived up to riders' hopes, according to Fulford's Bruce Patterson.

"There seems to be a fair amount of frustration," Patterson said from his office at the Patterson Market on Tuesday morning. "She's having trouble

keeping her schedule." The Skeena Queen has proven consistently inconsistent on account of a series of mechanical and electrical failures since the vessel returned to service on June 25.

The latest problem was a 21-minute delay on the 1 p.m. sailing out of Swartz Bay on Tuesday afternoon on account of mechanical problems

Cancellation of an early morning Canada Day sailing left holiday travellers with line-ups and backlogs throughout the day.

Patterson suspects high passenger volume compounds the already strained situation.

"A lot of people hoped that when the Skeena Queen got back in service, the problems we had with the Bowen Queen would stop," he

said. "It's not as bad, but it certainly hasn't improved significantly."

Travellers are reminded that the 9 p.m. Swartz Bay to Fulford Harbour sailings on Tuesday, July 14 and Wednesday, July 15 will be cancelled to accommodate ferry terminal maintenance.

Water taxi service will be provided for walk-on passengers only.

Parking at the Swartz Bay Terminal will be available for those customers who register in advance at the general

A spokesperson for BC Ferries was not available in time for the Driftwood's Tuesday afternoon deadline.



pinion

GOLD - Photo Essay, Day in the Life of Salt Spring Island / GOLD - Special Publication, AQUA - Gulf Islands Living. D - Feature Photo Award, under 25,000, Derrick Lundy / GOLD - Ad Design Award, Under 25,000, "Pegasus Gallery" GOLD - Ad Design Award, Under 25,000, Collaborative "Cardino's" / SILVER - Best All-Round Newspaper, Category C CANADIAN **Community Newspapers**

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EDITORIAL

Mythical right spot

ocal trustee George Ehring stated last week the Salt Spring Coffee Company's ultra-green operation represents the vision the island wants, but added "I don't know how we can get there."

Yes, most people probably feel the company's plan would be an island asset and that its associated 20 jobs and million dollars-plus in annual payroll are desirable — in theory, at least. They just want to see the plant located in "the right spot." But if its impacts are as minimal as they appear to be, what criteria for that spot are we all missing?

People who believe 1501 Fulford-Ganges Road is the wrong spot have put forth a number of reasons for their beliefs, ranging from traffic concerns to fear of environmental damage to Ford Lake or air filled with harmful compounds and annoying odours.

THE ISSUE:

SS Coffee rezoning

WE SAY:

Best spot is on the table

Between considerable efforts by the company and Islands Trust, each concern has been addressed through research, studies, a peer review, covenant proposals and sharing of facts about how the operation will run. It's hard to imagine what else would give comfort to trustees, neighbours and other concerned individuals. And

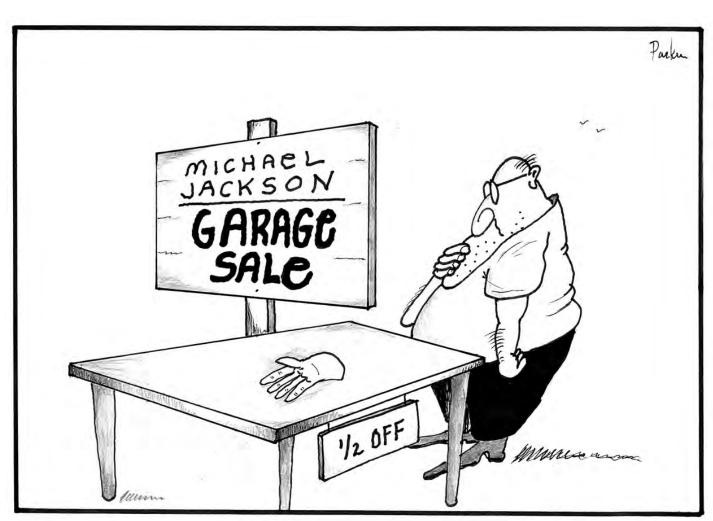
this has all occurred without a bylaw being given first reading or a public hearing date set.

The fact is that Salt Springers will raise a ruckus regardless of where the coffee company proposes to set up shop, even in areas designated for commercial, agricultural or industrial uses. Somebody lives or works near all of those areas. Theories about negative impacts will always abound.

Coffee company consultant George Grams described seven other properties that were investigated, including one specifically mentioned in a new Friends of Ford Lake-commissioned report at Rainbow and Atkins roads. The landowners either didn't want to sell or lease them, neighbours raised hell, or the property came with insurmountable obstacles the company was advised would take "years" to resolve.

Face it. There is no absolutely right spot for this proposal — or any other. Remember the fire hall?

A desire for caution and thorough decision-making is admirable, but it seems as if the Trust is flying by the seat of its pants on this one and that they truly "don't know how to get there." The result could be an applicant collapsing with frustration and exhaustion and telling more tales about how impossible it is to deal with the Islands Trust. Is that how the Trust wants to manage land use on the islands? Let's hope not.



Are your vegetables green enough?

BY DAVID SUZUKI WITH FAISAL MOOLA

Any parent knows that it can be a challenge to get kids to eat vegetables and some fruits. We've learned all the tricks: smothering broccoli with cheese sauce, putting peanut butter and raisins on celery sticks and calling it "ants on a log," convincing kids that eating spinach will give them Popeye muscles.

Some kids just don't like the taste of certain fruits and veggies, and some have issues with the way the food looks. Adults are usually less picky about taste but can be finicky when it comes to the appearance of our fruits and veggies. We've become accustomed to blemish-free produce. But what's wrong with a few spots on our apples?

Well, according to the executives at two of the world's largest agricultural companies, Monsanto and Dole, our kids may be right: there is something wrong with spots, as well as the shape, texture and taste of some vegetables. Or, at least, that's what they'd like you to think.

The two companies have come up with a five-year plan to produce new varieties of spinach, broccoli, cauliflower, and lettuce with improved nutrition, flavour, colour, texture, and

Monsanto was also one of the first companies to start commercially marketing DDT, and has also been a major producer of Agent Orange, Roundup and other toxic chemical pesticides, as well as bovine growth hormone to increase milk production in cows

Dole has been involved in some controversies over its pesticide use, among other things, as well.

The issue isn't just about the agri-giants and pesticides and genetically modified foods, though. (In fact, the two companies say their collaborative project will be done through breeding and not genetic engineering.) The issue is about our relationship with food.

Along with trying to maximize profits, the agriculture indus-

try has made it possible for food to be transported around the world and for produce to keep longer without spoiling.

This can benefit areas that have food shortages or short growing seasons.

It also means, though, that we are giving up a lot of our control over one of the basics of life to large corporations that may not always have our best interests in mind. As Michael Pollan writes in his bestselling book In Defense of Food, eating goes beyond biological necessity: "Food is also about pleasure, about community, about family and spirituality, about our relationship to the natural world, and about expressing our identity."

Agribusiness will continue to play a role in our food production and delivery systems, but that doesn't mean we can't embrace some of the other trends emerging in the way we feed ourselves. As Mr. Pollan argues: "What we need now, it seems to me, is to create a broader, more ecological — and more cultural view of food.

That means eating more locally grown and organic food, eating less meat, steering away from processed foods and not worrying about the odd spot on your apple. Or, as Mr. Pollan says in the opening of his book: "Eat food. Not too much. Mostly plants."

These small measures will help make us healthier and they'll also make the planet healthier, by reducing the emissions generated in food production and transportation and by improving the ways we use our land base. Not only that, but they may even help get your kids to eat more vegetables. Carrots and peas are more fun to eat if your children grow and pick them from the

Come to think of it, we can all find spinach, broccoli, cauliflower, and lettuce with better nutrition, flavour, colour, texture and aroma than some of the factory-farmed produce found on grocery-store shelves. We just have to look in the farmers markets, or in our own backyard or community gardens.

THIS WEEK'S OUESTION:

Did you watch Michael Jackson's funeral?

Cast your ballot online at www.gulfislandsdriftwood.com before

Monday at midnight or clip this box and drop it at our office before Monday at 4:30 p.m.

Should Salt Spring Island promote itself as a cruise ship destination?

LAST WEEK'S QUESTION:





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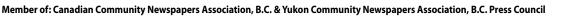
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QUOTE OF THE WEEK: "It's in everybody's interest to break down the 537-653 barrier."

KEN LEE, HIGH-SPEED INTERNET ADVOCATE

SALT SPRING SAYS

We asked: What feature would you like to see in Salt Spring's proposed new library?



BEV FOWLIEReading areas and a comfortable children's section with lots of little tables and small chairs.



JOEY PATON *More computers and more privacy.*



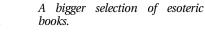
BEN DIAKUNIt would be cool if it was made with eco-friendly materials and had lots of skylights.



DENZProbably just more space. It's a little too cramped right now.

Letters to the editor are welcome, but writers are requested to keep their submissions to 350 words or less

Read and reply to letters online at www.gulfislandsdriftwood.com under the Opinion tab.



KEENAN WHYTE

Letters to the editor

On the money doctor

I have been a patient of Dr. Ron Reznick since I inherited him from Dr. Ernie Jarman

I consider myself to be a lucky man. Even though I have had a minimum of health concerns over the 25 years, old Doc Reznick has been on the money every time I needed him. I consider Ron a friend.

I had a moment or two of discomfort last Sunday in Fulford Hall when I imagined it to be a "celebration of life" or what I call a "funeral," but fortunately reality set in when I saw the good doctor walking around the hall being Ron.

A remarkable event and my highest praise goes to the organizers for in fact celebrating an extraordinary life and a treasured member of our community. By the way, I have never had a problem with a doctor in spandex examining me. For a while Dr. Cheryl Leavitt examined me while wearing overalls. Only on Salt Spring eh?

HERB BURNETT,

Keep deer wild

I was walking down to the garden the other day when I encountered one of the fawns who was born around here.

Normal behaviour for the fawn would be to scamper off into the woods on sighting a human, but this one, without an iota of hesitation, walked right up to me. Why? I would guess it's because some of my neighbours feed the deer and the fawn was looking for a handout. She believes humans are a safe food source for deer.

I don't know what else to tell my neighbours that I

haven't already. How about this scenario? Imagine a dry hot summer and a cougar or bear has swum to the island looking for food. It follows the plethora of deer on Salt Spring to their favourite feeding grounds, your front yard. Suddenly not only the deer are at risk, but you, your children and grandchildren.

While I am dismayed by humans who feed deer, I continue to be heartened by the efforts of Salt Spring's Island Wildlife Natural Care Centre staff and volunteers who bring their compassion and expertise to the wildlife on the island. Last week I had to call them in to take away an injured fawn. They worked quickly, sensitively and with great professionalism. I hope the fawn has now been returned to the wild and is not endangered by humans who mindlessly feed her and possibly put her in harm's way.

These are wild animals.

No matter what you think, they do not need your food. Please don't feed them.

JOANNE BEALY, SALT SPRING

Prevent a disaster

This is an open letter to the fire and police departments.

Even though there is a fire ban on the island, particularly on weekends and holiday evenings there are huge bonfires lit on the beaches at the foot of Churchill Road, Beddis Beach and other locations.

Residents in these locations go to sleep at night and unless awakened by the noise, do not realize these fires have been lit until the morning when they smell the smoke or see the still-burning remains. When this is reported to the police, residents are told that they should report illegal fires at the time they are being lit. The fire department asks if the revelers are drinking and if there

are many of them — in case they have to call in the police to help.

Letters may be edited for brevity, legality and taste. Writers are also asked to furnish a telephone number where they may be reached

Now, does this mean that residents must stay up all night monitoring the beaches and if there is a fire, go down to the beach, take their lives in their hands to count the party numbers and determine if they are drinking?

It strikes me that perhaps the departments who are paid to protect the island are not doing their jobs. Why is the RCMP detachment not scheduling frequent patrols of the beach areas, at least on weekends and holidays? "Short staffed" is a too-ready answer. Yet they can bring in off-island officers to do car checks. Bringing in extra police officers and more effective scheduling for those times might better serve those you are supposed to protect.

As for the fire department, while signage is not your responsibility, you could and should exert some pressure to

have big "Fires Banned" signs at the ferry terminals, in the village and at the beaches. It won't cure the problem but it might help. However, a very visible police presence would make a big difference, as would a few arrests.

It is not enough to e-mail folks on the Salt Spring list. One sign at the highways work yard is insufficient. The majority of residents are well aware of the danger of fire on the island. It is the law-breakers who do not read, do not listen and do not care that our protective services must act on.

Perhaps during the hot season the police and fire-fighters could skimp on the paperwork, curtail leave, extend weekend work hours, patrol the beaches and quite probably save the island from a major disaster.

PATSY SIEMENS, SALT SPRING MORE LETTERS continued on A9

Harsh realities hit home as 60th birthday comes, goes

Today, as I write this column, I turn 60. As I sit here watching my fingers stumble across the keyboard, I can feel the seconds ticking away. I get up, walk over to the hall mirror and take a good look at myself.

Who is that stranger looking back at me? What's with all the thinning hair and graying follicles? How did all those wrinkles and crow's feet get there and why are they spreading across [this] [his] face? Are those just deep forehead creases or are they only the first signs of glacial facial erosion? Let's face it: those worry lines are, well, in a word, worrisome.

What I'm observing firsthand is the aging process in progress. My face has become a battleground for the ultimately futile struggle against time. My body is already waving the white flag of surrender. It happens eventually to all of us, if we can manage to somehow survive this long despite all the creams, dyes and yoga positions we try, let alone surgical interventions. I've been told the upside for all this physical deterioration is the onset of something called "wisdom." However, I'm still waiting for this wondrous state to descend upon me and am beginning to suspect that this phantom so-called "wisdom" lies somewhere along the elusive spectrum between the Easter Bunny and the Tooth Fairy. So far no one has come up to me and told me how wise I'm looking

Nobody asked me, but when I first picked out this body exactly 60 years ago, I couldn't

help but be smitten by its new, squeaky clean, shiny lines (baby fat notwithstanding). It had come right off the factory assembly line and was just begging to be taken out for a test ride. The sales rep, at the time, extolled the virtues of this potentially sporty model with its sleek "two-on-

the-floor" design and proudly declared it came with a lifetime warranty. He told me to look beyond the roly-poly first impression and gave me a slick photo brochure as to how "it" could look in 20 years time.

I should have read the fine print.

A "lifetime" seemed like forever back then. Now I'm starting to feel I might have been ripped off. I did not foresee the "planned obsolescence" which was built right into this aging machine I call "me." One day it's that nagging back pain. The next day my knees are swollen to the size of truck fenders. A good day is when I can remember whether or not I've already taken my anti-inflammatories.

Mind you, I must admit that I have been more than a little remiss on the upkeep and maintenance of this body. As the years have slipped by, I've let my fitness regime slide a bit. Gone are the days of 200 sit-ups followed by a hundred push-ups. Now, a sit-up is what I have to do to get myself out of bed in the morning and a push-up is what gets me away from the dinner table. At the same



Shilo Zylbergold

NOBODY ASKED ME BUT

time as I've been witnessing my hairline moving north, I've had to reluctantly watch my waistline heading south (low-rise jeans are now my pants of choice). I guess I've never been the kind of man who could walk by a cinnamon bun without getting his face sticky.

Way back in 1965, Jack Weinberg, one of the leaders of the Free Speech Movement at the University of California at Berkeley, warned us "never to trust anyone over 30." Now that I'm turning 60 (and am doubling that milestone of suspicious malice), I'm wondering whether I can finally be trusted again. According to certain sources, I'm trustworthy to the effect that I'm almost guaranteed to leave the bathroom light on once I leave the room —or any room, for that matter — despite all the waste of electricity; I'll almost always leave my cordless phone off the hook overnight so it loses its charge; I can be counted on to scatter reams of newspapers and letters all over the kitchen counter, table and any other horizontal surface; and I can definitely be trusted to never miss a football game or baseball score while lying on my side weeding in the garden.

Obviously, I need to come to terms with certain harsh realities. At this point in my life, I am probably never going to be skating around the rink at GM Place with Lord Stanley's Cup hoisted high above my head.

Equally out of reach now is any chance of my giving an acceptance speech at the Academy Awards ceremony. It's unlikely I'll be the first man to walk on Mars. It's doubtful now that I will be the one to mathematically prove that "pi" is indeed a rational number.

I'm afraid it won't be me who discovers the cure for cancer is something as simple as, say, a smoothie concocted from the blending of Scotch broom and thistle in slug slime. In fact, I might not even be able to figure out how to put up the blinds that we bought over five months ago.

When I turned 40, I was able to convince myself that youth and vitality were still within the realm of my possibilities.

To prove this to myself, I cycled around the island and had enough jam left in me to play a doubleheader of fastpitch ball later that evening.

The day I turned 50, I once again cycled around the island. It may have taken me a mite longer, and perhaps there was a bit more dismounting and pushing the bike up yet another hill, but I managed to will my way through it. Instead of playing the doubleheader like I did the decade before, I was forced to spend the next two days soaking in a hot tub.

As I hit 60 today, I think I am still capable of cycling around Salt Spring. The problem is I can't remember where I last left my bike. I think I'll just go soak in the hot tub instead.

Open Letter to the Islands Trust from Salt Spring Coffee Company

Following Thursday's local Trust meeting, Salt Spring Coffee Company wishes to express concerns regarding how our rezoning application is being processed by the Trust. These concerns reach beyond our particular application. They reverberate in and around the processes and mechanisms the island has in place for determining rezoning applications, their efficiency, fairness, impartiality and accountability.

Trustee Torgrimson confirmed at the meeting that she was unable to support our application further on the basis of two fundamentals:

- 1 The risk of further industrial/commercial sprawl in the neighbourhood;
- 2 The number and nature of covenants being defined to control activities on the lot.

George Ehring affirmed that he has continuing reservations on the basis of item 2 above and on the basis of smoke and smell.

If sprawl is a predetermining issue — more important than environmental concerns, traffic generation, island employment and food security combined — can we please ask the trustees to inform us and the community as a whole why it has taken thirteen months and two environmental audits to come to that conclusion? If our application is to be refused on the basis of factors that have no bearing on our environmental performance, why was it necessary to spend thirteen months and a great deal of money assembling environmental data? How can the Trust justify spending ratepayers money for an environmental peer review the merits of which have been identified by the trustees as entirely peripheral to the core decisions now being given as reason for driving a refusal? How does the Trust justify the waste of resources exhibited by their inability to sort key priorities at the beginning of the process and consider the most relevant first?

With regard to the number and nature of covenants, many of those that the Trust is aiming to impose have no relevance to the mandate of preserve and protect. We decide to build a LEED standard building and the Trust decides to mandate this as a rezoning condition. We decide to install grey water recycling and rainwater harvesting and the Trust decides to adopt this too as an essential requirement. We choose to install a nayadic waste water treatment facility and the Trust responds with a requirement that under the development permit such a system be compulsory. Our offer to provide space for a bus shelter is being met with a demand that this be set as a condition for rezoning. We advertise that we will be providing electric vehicle facilities and this now becomes a further requirement for the lot. We decide to capture waste heat and, lo and behold, this is now a statutory requirement for the lot. When we make it known we intend to design for deconstruction, the Trust responds with a request for us to define what standards will apply. We are unclear how the Trust intends to use this information or what relevance it has to our rezoning application. However, in light of the Trust's reaction to our various other green initiatives, we are naturally cautious that the purpose of seeking this information is so that they might apply further conditions and restrictions limiting the activities which we can undertake within our title. We fully expect that had we defined an intention to use geothermal energy, solar panels and wind power, the Trust would have sought to mandate these also.

Can the Trust identify any other location on the Gulf Islands where a corporation employing 20-plus people in an operation so benign that it emits less harmful airborne emissions than a single log burning stove has been asked for covenants demanding a LEED gold building, grey water recycling and rainwater harvesting as a condition of commercial rezoning? Have any rezoning applications of any sort (industrial, residential or commercial) throughout the Gulf Islands been the subject of a LEED gold building mandate? How about provision in the car park for electric vehicles, or a building that is not allowed to vent any smells into the atmosphere? Has the Trust mandated elsewhere in the Gulf Islands that a rural lot cannot have greenhouses that are illuminated outwith daylight hours? Have they ever mandated that a rural lot can have a composting facility only if it emits no smells? Where else in the Gulf Islands has the Trust imposed a covenant demanding that a piece of machinery be manned at all times of operation? On which other islands have they insisted that the applicant is covenanted, as opposed to making a simple request, to provide a documented and printed fire management plan and an equipment malfunction management plan?

Certain covenants and restrictions are necessary and we support them, most notably those dealing with the comfort of neighbours and those aiming to seek protection of the environment. Many others are superfluous and for the Trust to argue that the very number of covenants they elect to impose is good cause for considering the application with caution is strange reasoning indeed. What are the factors that are driving the Trust to demand that each green feature we intend to build becomes a statutory requirement? Why would any authority seek to punish its greenest corporate citizens with restrictions and limitations on their activities and title that are more extensive and onerous than anything the Southern Gulf Islands have seen in 35 years?

Where are the Trust's own standards for ensuring preservation and protection? And can the Trust advise how they propose to preserve and protect without such defined standards? After 35 years of Trust governance, there are no documented processes and procedures for dealing with rezoning applications, there is a complete vacuum where there should be recorded, identifiable criteria used to assess the merits of applications and there is an absence of documented and defined standards against which those criteria can be measured. The consequence of these omissions is an application process that after thirteen months, after reviews and audits by four environmental organizations, after numerous Islands Trust meetings, after an enormous expenditure of resources by Trust staff and the applicant, is in danger of being refused consent by the Trust on the grounds of two issues over which the coffee company never had any influence or control — the number and nature of covenants and the risk of sprawl.

George Ehring says that instead of the coffee company applying for rezoning of a rural lot on which it can already build greenhouses but needs consent for a new

roaster, why doesn't it apply for consent to build greenhouses on an industrial lot but where it is already free to build the roasting plant? Can we ask what the difference is and how this will lessen the impact on residents or the environment of either lot? The same buildings would be constructed, the same green measures would be incorporated, approximately the same volume of neighbours would very likely be affected and the same traffic would be generated. He comments that if the coffee company makes such a future application the Trust could then apply equally rigorous covenants and restrictions as are currently being negotiated. Is there truly a belief by the trustees that the coffee company will happily run the gauntlet of this process once again, so the Trust can shackle our activities in a manner unprecedented in the Trust's history on one of the greenest corporate projects the islands have seen, that the company will expose itself once again to unwarranted vilification from neighbours bent on swaying trustees by making false accusations about cancerous emissions and the death of Ford Lake? Should we run the risk of again having the walls of our property in Ganges vandalized by graffiti and our windows smashed at 1501 Fulford-Ganges Road?

Pollution is one of those subjects where we all live in glass houses. Complaining about a local coffee company producing CO2 while you hold a cup of someone else's coffee in your hand is not a valid criticism, especially when that other company does not grow food, does not run its vehicles on biodiesel, does not buy carbon credits to offset their CO2 production and does not contribute 1% of their income to worthy social and environmental cause. We have even been criticized for operating from our island, as if this were a shameful waste of resources. We use not one jot of additional fuel and emit not one additional molecule of CO2 into the atmosphere by operating from Salt Spring. The ferries run whether or not the coffee company vehicles ride them.

The essential message that the Trust will send to the broader community with a refusal of this application is that instead of aiding an existing island employer with a commitment to a deep green agri-commercial project, they would rather risk the lot being clear cut. They would rather offer no protection to the riparian area and run the risk having 38,600 square feet of buildings constructed on the lot, which the company is perfectly at liberty to do under the current zoning regulations. They would rather the company continue to roast in Alders Road where, if we chose to put profits before the wellbeing of our neighbours, we are entirely free to operate without the benefit of an afterburner; where we can grow no food; where we can recapture no waste heat; where we can beneficially harvest no rainwater nor recycle grey water. They would rather the company move off island, taking over a million dollars in wages. They would rather displace or make redundant over 20 staff and their dependents than confront the problem of how to manage sprawl.

Trustees are invested with the responsibility of determining rezoning applications and we should respect their decision whichever side of the fence it falls. The coffee company's predominant concern is with the process which they believe is deeply flawed, not with the prospect of the Trust refusing this application. If the coffee company is denied consent to rezone the lot for the reasons trustee Torgrimson offered at the meeting, it would exhibit a failure of governance at variance with the very mandate the trustees purport to uphold. It would exhibit a system that is unable to arrange priorities, that prevaricates, that orders unnecessary environmental audits, that has those audits unnecessarily peer reviewed at ratepayers expense, that penalizes good corporate citizens by insisting that each of the applicant's green intentions be mandated. It exhibits a system of governance that after 35 years has no defined procedures, no documented criteria for assessing what is and is not acceptable nor any defined standards of its own for measuring those criteria. It signals a system so dysfunctional that the greener a project is, the more restrictions and covenants it attracts.

Good governance requires more than that standards be applicant led. Although Salt Spring Coffee want to set a benchmark for green development on the islands, why should these leading edge initiatives be framed into a mandate that controls the coffee company's activities to a level of management that far exceeds anything that the islands have seen hitherto and that will likely apply nowhere else in the Trust's area of control? This is neither objective, impartial nor even handed. It is singling out the coffee company for particularly onerous covenants and restrictions as a consequence of us raising the ecological bar higher than anyone else in the southern Gulf Islands. To argue, as the Trust did at Thursday's meeting, that the company's wish to elevate corporate environmental standards on the islands obliges the Trust to apply such punitive covenants and restrictions as are being suggested, and that this issue alone is one of the key reasons to refuse the application, defies all logic.

We believe the Trust's request that both staff and the applicant expend yet more time and money on examining covenants that might or might not progress to a public meeting is an utter waste of resources. Covenants can and should be examined in detail before the third reading. That both the company and ratepayers are asked to expend further time and money in examining with the Trust how they can best frame restrictions around our many green initiatives before we even see a public hearing is needless prevarication that is entirely unwarranted and unreasonable. We wish the Trust to make a determination on the further progress of our application with the very considerable information it already possesses. If the Trust believes that this is not possible and that this will cause the application to fail, we would ask for a detailed, written explanation why.

For more information contact Salt Spring Coffee Company on 250 537 5439.

PHOTO FEATURE



HAPPY CANADA DAY:

A crowd of people gathered at the Hydro field in Ganges to celebrate Canada's birthday last Wednesday. At left, a hungry horde admires a special cake provided by Embe Bakery.

PHOTOS BY DERRICK LUNDY





Above left, RCMP Const. Kent Emery salutes the flag during the singing of O Canada; while above right, Carrysa Kinnear, Hari Brooks and Maya Dammel-Sherrin are painted up for the fireworks, Wednesday night in Ganges.



the owners of cars exhibiting in the annual Canada Day car show. Flowers were donated by Country Grocer and Thrifty Foods.

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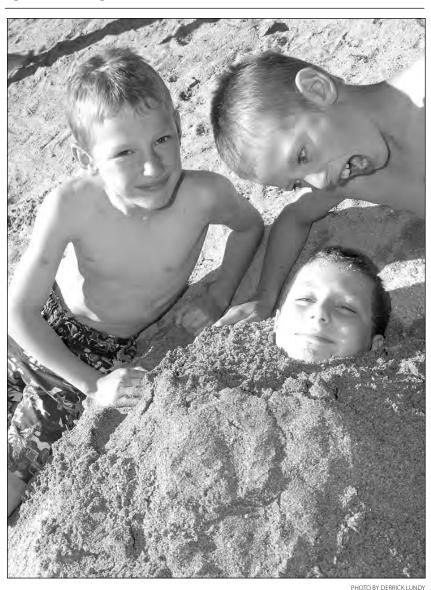
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OPINION



IN DEEP: Kai and Daniel Davies bury Johnny Sliwowska at St. Mary Lake.

MORE LETTERS

continued from A7

Keep debate honest

John Roe's July 1 letter ("Unsuitable") regarding the Salt Spring Coffee Company's relocation half a kilometre from Ford Lake regrettably adds nothing new to the debate and even more sadly, contains more of the same misinformation and exaggeration as earlier letters.

The so-called "sensitive wetland ecosystem" is already compromised by agricultural runoff. Should we ban that activity? It is also affected by pollution-spewing traffic along the nearby highway. Should we ban the traffic or re-route the highway?

The proposed light-industrial food production facility (just to spin words

in John's style) will have a far lower impact on the environment than either of the above human activities. The ecosystem will survive.

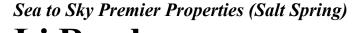
Loaded phrases like "natural green belt" and "wildlife corridors" add little to rational assessment of the limited effects of the coffee roastery and because wetlands were converted to parking lots in Hamilton, this really has no bearing on the local situation. The tired old slippery-slope argument of one development leading to others in John's closing paragraph also is not helpful.

I'm all for debate, but let's keep it honest, clear and accurate. And let's look at the whole picture, not just one's favourite issue.

ANDREW OKULITCH,

SALT SPRING

MORE LETTERS continued on A11



Virginia Midgett

Alvaro Sanchez

• John Hoyle

Joan Ayles

Li Read,

Managing Broker

Is very happy to sponsor the Precious Metals show at ArtCraft, July 3 to July 16.

We are lucky to have so many talented & inspired artists on this Island.

Enjoy!

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- Stephanie Artz
- Martin Ebbers
- Jan Smith

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- Alex Lyons
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Post your comments on-line @ gulfislandsdriftwood.com

MORE LETTERS

continued from A10

Appreciative doctor

I would like to express my heartfelt thanks and appreciation for an incredible, humbling tribute my dear patients, friends and family paid to me last Sunday, June 28 at Fulford Hall.

The years have passed all too quickly and yet I am reminded, with every visit my patients make to my clinic, why I came and stayed on this wonderful island. This is a community of amazing people who care deeply for each other.

Thank-you for everything you have done, given, shared and taught me over the years. I am the one that owes you the tribute.

I would also especially like to thank:

- Sylvia Ommanney and Lynne Raymond for organizing this wonderful event. I know that this took many months of planning.
- Wally Stambuck a great fam-

ily friend since the Saskatoon days, and a very entertaining and humorous orator. Wally co-mc'ed with my extra-ordinary nephew Dean Donnelly. Dean's creativity and incredibly hard work helped make this day very special.

- Allan Sherman for his many efforts towards producing such an amazing slideshow.
- Bob Primes (photographer extraordinaire) for capturing all the candid moments.
- Dennice Stambuck and Arthur Black for all their help.
- Rani Dankley, the Fulford Hall caretaker, for all of her extra work.
- All of the people who brought the delicious food.
- Donna Mort, who greeted people at the front of the hall.
- Last, but not least, Jean Southgate for always making me look so good!

DR. RON REZNICK,
SALT SPRING

Fertility crisis

Worldwide male fertility and male birthrates are declining and it is quite widely accepted that the ever-growing list of man-made synthetic chemicals in our environment are responsible.

Shocking information was recently reported in a CBC program called "Doc Zone." American college-age males have half the sperm that their fathers had and what they do have is 85 per cent defective.

It appears that inadvertently the chemical industry is about to reverse the world-wide population explosion by threatening our extinction.

Ultimately the oil industry is deeply involved in this process since virtually all the feedstock for the chemical industry comes from oil and, of course, the oil industry encourages its markets to keep growing.

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RANTS and Roses

Rants

Rants to the man in the Caravan coming out of the back of Embe Bakery on Thursday, June 18 around 3:20. You did not look both ways and almost hit my one-year-old daughter and I. We are very lucky there was no oncoming traffic because we had to swerve into their lane to avoid being T-boned by you! C. Hubenig

To the person or persons who feel it necessary to remove our road signs for Sacred Mountain Lavender right before we have an event. Not only our own signs, but three from the Studio Tour as well. Signs are expensive to produce and those from the Studio Tour are funded by the whole group, so their removal not only affects us, but the tour group as well. If you have a personal beef with us, please let us know personally so that we can deal with it face to face rather than in this destructive manner. This is not the first time this has happened, so we are imagining that you must be really angry with us. Let us deal with it. Ben and Jacqueline

Roses

Buckets of rose petals and cherry blossoms to

Not well water - Not treated municipal tap water

www.carleyspring.com

Brenda Guiled for organizing and staging the wonderful Japanese Arts in the Park fundraiser for the Japanese Garden Society. It came off without a hitch and only a multi-tasking genius could have done it!

To Tara Brown of Tara Brown's Day Care. Thank you for another great season of education and care. You are phenomenal with the children. It is so wonderful to have it be a place that children are keen and excited to be.

A big bunch of Nootka roses to the "Pathway Friends" who have been trimming back the blackberries from the pathway in front of Brinkworthy. It is sure appreciated by all the people using the pathway. Partners Creating Pathways

Colourful, fragrant roses to all the people who made the move to our first house so wonderful: Mel, Param, Jonathan, Christine C., Terry M., Mike B., Martin W., Agni, Lisa and Kuno, and to Roy Lamont who acted as consultant. Thanks to Sandra Smith and Myles Wilson for making our first purchase an enjoyable experience! The O'Scalleighs

Bright bouquets of LePage, Country Grocer after grad party: Paul at

sparkly red and white roses to soprano Betty Rothwell. Bravo!

Betty, you "stole the show" with your fabulous singing and acting performance at the July 1 Music and Munch concert at All Saints. Large and lavish bundles of red and yellow roses to David Storm, pianist, accompanist extraordinaire. Thank you, David, for your musical expertise, your friendship and always inspiring guiding spirit. Without you both, there could never have been such an audiencepleasing "replacement" Music and Munch presentation!

To all the wonderful volunteers from Salt Spring who helped to make the 7th Annual Salt Spring Lavender Festival such a great success. We have received an e-mail already from guests who just raved about how much they enjoyed themselves and it would not have been possible without your great support. Thank you. Jacqueline and Ben Sutton

A cart of colourful summer roses to all the island businesses and groups for your support of our third annual SummerFaire in the Meadow. In particular, we'd like to thank Royal LePage, Country Grocer

and Thrifty Foods for the use of their tents once again. Also big thanks to Island Star Video, Barnyard Graphics and the Driftwood for their contributions. Countless shops and businesses allowed our poster to be hung at their establishments — thanks to you all. Equal portions of the funds raised will go to our local food bank and to Mission & Service, our greater church outreach program. And thanks to all who participated on Saturday! United Church Members and Friends

Gardens full of fragrant wild roses to the fine people in our community who are supporting the re-opening of the Fulford Info Centre. The season is now upon us and we are pleased to be representing your businesses to the visitors coming to our island.

A wheelbarrow full of Canada Day roses to Ross and Gina. Thanks for the fabulous food and games. We all had a great time. See you next year. Love from the gang at Choices, Community Initiatives and GIFTS.

Roses (and public acknowledgement!) to the many people who donated time, energy and goods to the food portion of this year's after grad party: Paul at

Admiral's; Tim and John from Island Star; Morven Fraser and Embe Bakery; Jamie Macdonell at Pomodoro's; Greg Bellevance; Mike and Anne Marshall; Barry Dunster; Al Irving; Thrifty Foods; Rani Dunkley; Ken Byron; Keith Stibbards; and all the servers and preppers, including Brenda Wainwright, Josephine Sweetnam, Alicia Coelho, Gwen Temmel, Shoshana Lucich, Caroni Young, Caitlin Bishop, Penny Dale, Arla Hillis, Bim Nairne and Elizabeth Cronin. Thanks again. The 2009 After Grad food committee.



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Diana 0'Brien

November 25, 1985 July 7, 2008



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WHAT'S ON

CELEBRATIONS

CELEBRATIONS

FAMILY ANNOUNCEMENTS

IN MEMORIAM



A Memorial Tea will be held on

Sunday, July 12, 2009 @ 2:00 pm At the United Church



COMMUNITY ANNOUNCEMENTS

COMING EVENTS

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10:00am-2:30pm July 14, 15, 21, 22

Bev Lillyman

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FOR A complete calendar of coming events check the Drift-wood Community Calendar, in our office in the Upper Ganges Centre, 328 Lower Ganges Road, or on our web-site at www.gulfislands.net. Use the calendar for event planning and to make sure your date doesn't conflict with

CELEBRATIONS

COMMUNITY ANNOUNCEMENTS

COMING EVENTS

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COMING EVENTS

COMMUNITY ANNOUNCEMENTS

COMING EVENTS

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from 8:30am-3:30pm TEACHER: Heather Martin COST (includes GST); \$20 Plus donation to teacher at end of retreat, Please bring your own lunch.

LOCATION: The Gatehouse on Stowel Lake Farm 190 Reynolds Road, Salt Spring Island, B.C.

ROOKIE JUNIOR Tennis Tournament, Saturday, July 25th 9am -12 Noon, Portlock Park. To Register call: 537-5870 or pick up registration form at Parc office, or email baselinetennis@telus.net

SALT SPRING SWIM CLUB Bottle Drive. Monday, July 13, 10am - 2pm. Drop off at Rainbow Rd. Pool or we pick up. Don Funk 250-653-6935.

SUMMER PAINTING Workshops with Val Konig, out-doors & in studio. Beginners & intermediates welcome. July 20-24; July 27-31; Aug. 17-21; Aug. 24-28. Acrylics, oils, watercolours. 250-537-4660.

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COMING EVENTS

COMMUNITY ANNOUNCEMENTS

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BIKE CABLE lock found at Baders Beach, Collins Rd., Sun., July 5. Owner may claim at the Driftwood.

CONFUSED SOUL has lost her car keys, central Ganges. 250-537-1556. FOUND: SILVER bracelet in

Thrifty's parking lot June 30. Call 250-537-9785 to claim. IF YOU have lost your marma-lade cat in the 240 Fulford-Ganges Rd. area please give us a call. 250-537-2789.

KEY WITH red heart found on Lower Ganges Rd. (east side) between Golf Course & Booth Canal Rd. Owner may claim at the Driftwood.

COMING EVENTS

COMMUNITY ANNOUNCEMENTS

LOST AND FOUND

LOST: CHARM bracelet with charms from around the world. Reward, sentimental value 250-537-1517.

LOST: FUJI Digital Camera, in black velcro case...on the GISS grounds while touring the Antique Automobile Show on Canada Day. Reward. Call 250-931-8460 to email shiftering behaves a shirleym@shaw.ca.

LOST: PELICAN, green & yellow, sit-upon kayak. Drifted into Cusheon Lk over winter. 250-538-5510.

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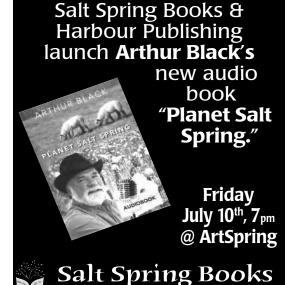
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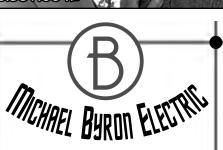
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TRAIN TO BE A MEDICAL LAB ASSISTANT. Work in health care. Do you enjoy working with people? The Healthcare industry needs YOU! MTI Community College. www.mticc.com. 604lege. w 310-2684.

HELP WANTED



Applications are invited for the continuing **CUPE** position of

Accountant: HR for the district School Board Office on Salt Spring Island.

Please refer to School District #64 website at www.sd64.bc.ca/staff.html for further information.

BARB'S BAKERY & BISTRO is looking for Experienced line and prep cooks. Wage de-pending upon experience. Drop off resume. Please, no phone calls.

THE SERVICE Department at Braby Motors in Salmon Arm, BC is currently seeking a Journeyman Technician to join its motivated service team. If you possess a Positive Team Atti-tude, Top Quality Workmanship skills and are a Proven Producer then we have a position for you. Excellent Wage and Benefit package available for the right individual. Please your resume pat@brabymotors.com or call 250-832-8053 for an appointment Monday to Friday, 10am

SALTSPRING SOAPWORKS requires permanent part/full-time order desk clerk ~ need phone & computer Heather. 250-537-2811.

HELP WANTED

HOME CARE/SUPPORT

DEADLINES

TUESDAY 10 AM

ARE YOU a senior who needs help at home? Experienced live-in caregivers available for disabled or child \$1350/month for 40 week. Pacific Live-in senior, care. hours/ Caregivers 250-616-www.pacificcaregivers.com 250-616-2346

TRADES, TECHNICAL

EXPERIENCED ESTIMATOR required for site services, demolition, environmental and excavation contractor. CET & Gold Seal Certified a must. Send resume (613-692-2430) by Email or (info@envisioninc.ca)

SOUTH ROCK LTD. is seeking qualified Asphalt Paving Personnel: Superintendent, Foremen, Paver, Screed, Roll-Foremen, Paver, Screed, Huller and Rakermen for work in Alberta. Highway experience preferable. For more information or to apply, visit: www.southrock.ca. Fax 403-568-1327.

VOLUNTEERS

Volunteer Wanted

APPLICANTS ARE INVITED TO SERVE AS A MEMBER OF THE SALT SPRING ISLAND PARKS AND RECREATION COMMISSION

The Commission includes 8 members, appointed by the CRD Board, plus the CRD Director for Salt Spring. One position is currently vacant with a term that ends this December 31, 2009.

Application forms are available by email at parc@saltspring.com OR at the PARC office -Monday to Friday 8:30am-4:30pm

Please submit your application form no later than July 22, 2009 to: PARC

145 Vesuvius Bay Road Salt Spring Island, BC Phone 250-537-4448 for more

WORK WANTED

YOUR Landscaping, carpentry, pressure washing, rototilling, lawn mowing, hauling, and any odd mowing, hauling, and any odd jobs. 250-538-7574.

LABOURER FOR hire. \$15-20 an hour. Call Casey 250-537-4606.

NEED A HAND? Carpentry repairs & renovations. Painting. Handyman work around the home. References, Andy

HELP WANTED

OUSE HOTEL

Jobs, Jobs, Jobs

Harbour House Hotel has openings in all departments for full time and part time year-round work. Good wages, good benefits, good times. We are striving to become one of the best places to work on Salt Spring.

- Front Desk Clerk Line Cooks
- Prep Cooks
- Dishwashers

Apply in writing by leaving your resumé at the front desk.

EDUCATION/TRADE SCHOOLS

CHARTERS

CHARTERS

Pacific Sports Fishing Charters 2 hours from



Home Support Worker • Resident and Long Term Care • Community

and Home Support • Psychiatric Disorders Residential Care Aid and/or Home Support Worker program graduates may be eligible for reduction of their B.C. studer

CAREER OPPORTUNITIES: loan through StudentAid BC. See StudentAidBC.ca Home Support Worker

Funding may be available for student loans, Service Canada & El qualified applicants Long Term Care-Aide



START IN JULY



West Coast Adventure! • Groups • Corporate • Families HOME/BUSINESS SERVICES

COMPUTER SERVICES

CALL BOB McIvor for trouble-Shooting, software & network-ing support. We do house calls. 537-2827 or (cell) 538-7017. Please go & back-up your important data now!

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Serving the Gulf Islands Salt Spring, Galiano, Mayne, Penders

- PARKING CURBS
- READY MIX
- WASHED GRAVEL • REINFORCED STEEL
- BAGGED CEMENT

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CONCRETE & PLACING

PLACING CONCRETE

Square Foot Charlie

250-537-7883

squarefootcharlie@gmail.com

DRAFTING & DESIGN

LET'S GET STARTED!

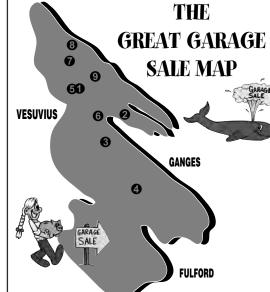
Bring your sketches & ideas and together we'll design (or upgrade) your dream home. Through the use of computer aided drafting, we'll quickly produce the working drawings you'll take to your

contractor. PLEASE CALL

HELSET DESIGN 250-537-1037 & ask for Jim

EDITORIAL PAGE A6-7

THE



DRIFTWOOD GARAGE SALE KITS

Everything you need for your Yard Sale! Includes posters, price stickers & your

classified ad published in the Driftwood on Wednesday, The Weekender on Friday, and online at www. gulfislandsdriftwood.com

ONLY \$19.95! Call today 537-9933

www.gulfislandsdriftwood.com

MOVING

148 CORMORANT, Sat. July 11, from 9-1pm. Multi-family sale: hshld, marine, garden.... GIANT MULTI-FAMILY

Garage Sale July 10 noon-5:00pm & 11 9-2:00pm. All benefits to Run 4 The Rescue 500 mile run in chains to end slavery. Good donations accepted, drop off Wed or Thurs. 370 Eagle Ridge Drive.

JULY 11&12: Sat/Sun, 9-4, 781 Fulford-Ganges Rd. Excess furn., fixtures & more. Call for directions 537-8406.

JULY 11th, 529 Horel Road (off Stewart) 9-3pm, lots of hshld, tools, appl's, furn. etc.

LIONS GARAGE SALE. CLOSED JUNE 28 TO SEPT. NO DROP-OFFS. Please no garbage!! 103 Bonnet Ave.

couches, book shelves, coffee tables, dining table, 18' pool, fabric bolts, patio set, TV, 80 prs. new, women's shoes (7 - 11), leftover stock from clothing store. Sat. Jul. 11, 227 Cormorant. MULTI-FAMILY garage sale, Sat., July 11, 10am-2pm. 134

SALE:

leather

Sat., July 11, Drake Road 6

SAT. JULY 11, 121 Howard Road, 9-2pm, Pictures, books, CD's, clothes, collectibles +++ THURSDAY, JULY 9th, 11 to 2. 217 Maliview, Toys tod-dlers, kitchen, linens, weedeater, kitchen cabinets, clothes, vintage furn., art, shop vac and lots more.

TONS OF Treasures, collectibles from a famous artist & incurable pack rat. Sat., July11 after 9am, 142 Trincomali Hts.

4-105 Rainbow Rd



Call Pacific Sportfishing for details Ph: 250-537-2838 • Toll free: 1-866-537-2838 or online at: www.pacificsportsfishing.ca since 1903

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STRONG WOMAN **HAIII ING**

Residential, Commercial & construction cleanup & haul away

Look for the new PINK one ton truck. WCB insured Established in 2003 "I love hauling! Vanessa 250-538-8985

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NEED A CUSTOM DECK OR FENCE? Lumber cut from beautiful local salvaged logs. CUSTOM BUILT CUSTOM CUT

Competitive prices.
Call Clint, 250-701-3499 or Office, 250-597-1236.

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GOLFSCAPES LANDSCAP-ING "turning your landscaping visions into reality" high end quality with budget conscious 20 years experience landscaping 1-250-435offering services Barry 1-250-0061 golfscapes@shaw.ca

All the listings - all the time gulfislandsrealestate.ca

HOME/BUSINESS SERVICES

MISC SERVICES

DRIFTWOOD CLASSIFIEDS

VIPOND'S

Site & Property Maintenance Seasonal Properties, Security, Maintenance, Concierge Services.

Rick Vipond 250-537-2484 250-537-3043 rlvipond@telus.net

RECYCLING

SALT SPRING Island Recycle Depot is located at 349 Rainbow Rd. We are open Tues. through Sat., 10am to 5pm. This service is operated by Salt Spring Island Community Services Please cell the People. Depot vices. Please call the Recycle at 537-1200, or Community Services at 537-9971 for information on materials accepted for recycling.

REAL ESTATE

COMMERCIAL/INDUSTRIAL

STEEL BUILDING Sale! Camanufacturer 1980. Easy do-it-yourself construction. Permanent, temporary or portable. 25X40 rary or portable. 25X40 \$5,990. 30X50 \$9,480. 35X60 \$9,990. 40X80 \$15,600. 50X120 \$29,900. Ends option-al. OTHERS! 1-800-668-5422. Pioneer Steel Manufacturers.

REAL ESTATE

FOR SALE BY OWNER

for sale by owner Immaculate 2 BR 1 BA Brinkworthy (55+) home

- Professionally decorated. 6 appliances.
- Wood-burning stove and electric heat.
- Upgrades. • Unique, attractive fenced landscaping providing

total privacy.

\$172,500. 250-537-9502

HOMES WANTED

WE BUY HOUSES

Damaged House! Pretty House! Too much Debt! Late Payment!
Moving! Divorcing!
Estate Sale! Grow Ops! Asbestos Problems! Quick Cash, Convenient & Private

Call: 1-250-616-9053

LOTS

LOT FOR sale on Malcom Island, 1/4 acre. To build all you need is an Electrical Inspector. Call 250-537-1132.

MOBILE HOMES & PARKS

60' X 12', 1978 trailer, 2 bedroom, wheels & hitch on. Best offer 250-537-8450.

NEWS PAGES A1-5

REAL ESTATE

MOBILE HOMES & PARKS

REPOSSESSED PRE-FAB HOMES!! SAVE 50%+++!!! Canadian Manufacturer's USA Downturn Order Cancellations.
Brand New 1260SF Pre-Engineered Package originally \$29,950.00, Factory blowout neered Package originally \$29,950.00, Factory blowout liquidation \$14,975.00!!! Other sacrifice prices!
GHEEN-R-PANEL Building
Systems: 1-800-871-7089. Immediate/summer/fall available!

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dave@mountaincity mortgage.ca

REAL ESTATE SERVICES

REAL ESTATE listings for the Gulf Islands are viewable anywhere in the world with Internet access. www.gulfislandsrealestate.ca

UNRESERVED REAL Estate Auction. Michener Allen Real Estate Auctions. 25 lots near Pigeon Lake. 1/4 acre lots (+/-) Power, gas, phone & sewer. No build time restrictions. Golf, stores, restaurants walking distance. August 15, 11 a.m. 780-968-1068: www.BidOnProperty.ca.

RENTALS

COMMERCIAL/INDUSTRIAL

1068 SF NOW for lease at Merchant Mews, near Ganges. Bthrm., insulated, heated, w/ bay door & carpeted upstairs mezz. Richard, 250-537-1669.

2000 SF INDUSTRIAL METAL BUILDING on 1.5 acres for lease. Close to downtown Ganges. 250 537-4457

Find what you need, sell what you don't. Deadline 10 am Tuesday for Wednesday paper, 4 pm Wednesday for Friday paper.

ANTIQUES/VINTAGE

1966 TELEFUNKEN cabinet 05 transistor, stereo radio //FM/short wave), Phono & reel to reel tape deck. Beautiful sound. Top needs refinishing. \$200 obo. 250-537-1118.

AUCTIONS

UNRESERVED REAL Estate Auction. Michener Allen Real Estate Auctions. 25 lots near Pigeon Lake. 1/4 acre lots (+/-) Power, gas, phone & sewer No build time restrictions. Golf stores, restaurants walking distance. August 15, 11 a.m. 780-968-1068; www.BidOn-Property.ca.

BUILDING SUPPLIES

#1 A STEEL BUILDING SALE! Save up to 60% on your new garage, shop, warehouse. 6 colors available! 40 year warranty! Free shipping, the first 20 callers! 1-800-457-2206. www.crownsteelbuildings.com.

DECORATIVE STONE PAN-ELS "EasyROCK" - The Beau-Easy Installation: Light Weight: R-4.5 Value: Built Green: A-1 rating: 604-248-2062 www.jmcomprock.com.

SEE US FOR A FAST QUOTE **ON ALL YOUR BUILDING REQUIREMENTS!**

- Flooring
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- Eaves
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- For all your building

requirements, large or small!



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Sunset Farm est. 1982

Naturally Grown SS Lamb Gov't Inspected

Available Year Round Also available: wool socks. comforters, knitting wool, billows, and sheepskin rugs

250-537-2082

FREE ITEMS

FREE: BLUE floral hide-abed. Call 250-537-4806.

FREE INFRARED sauna partially broken but fixable. 250-537-1010.

FREE: POWER washer, partially broken but fixable. 250-537-1010. FREE TILES - all sizes, col-

ours, & shapes. For craft projects? 250-537-9185 FROM RENOVATIONS. Glass windows: 4 dbl glzd, single; Cabinet doors; Aluminum window & screen door; 2 alumi-

num framed windows; Shower stall; Bookcase. Call 250-653-4710 for sizes. U-pick up. WOODEN PALLETS, pick up at SeaChange, 334 Upper Ganges Road (outside wrhse).

FUEL/FIREWOOD



FUEL/FIREWOOD

Merchandise ads with items totalling less than \$200 receive a 50% discount with your Residents Card.

HONEST OL'S **FIREWOOD**

GUARANTEED CORD Cut. Split & delivered Cédar Fence Rails

250-653-4165

FURNITURE

NEW TO YOU Find what you need and sell what you don't, in the Drift-wood New to You classified section. For private party merchandise ads that total a value of less than \$200, use your Chamber of Commerce Residents Cord and cours 50% off dents Card and save 50% off the price of your ad. 250-537-9933,

classified@gulfislands.net

TILE TOP wooden 42" round Expandable butterfly leaf, w/4 chairs. As new condition. \$250. Call 250-537-4806.

UPSCALE DECK furniture. Glass topped table 47", 4 chairs, 2 swivel, 4 super soft cushions green/white condition \$475, 250-537-4632

MISCELLANEOUS FOR SALE

35 SHTS 5/8 T&G plywd, \$700; 25 bndls of No. 1 cedar shakes \$875. 1-778-686-6947

8' HUNTERS' camper, brand new fridge, freezer & mattress. Absolutely no leaks, \$1000. Call 250-537-2394 after 5pm.

AFFORDABLE PHONE REfor new customers! Great rates for phone and long dis-tance! Call Tembo 1-877-266-6398 or sign up online sign up online www.tembo.ca.

A FREE TELEPHONE SER-VICE - Get Your First Month Free. Bad Credit, Don't Sweat It. No Deposits. No Credit Checks. Call Freedom Phone Lines Today Toll-Free 1-866-884-7464.

AT LAST! An iron filter that works. IronEater! Fully patented Canada/U.S.A. Removes iron, hardness, sulfur, smell, manganese from well water. Since 1957. Phone 1-800-BIG www.bigirondrilling.com

BEST WATER, best tanks. best service, best prices. Salt Spring Water Co. 250-538-0102.

SINGER TREADLE sewing works, \$150. 250MISCELLANEOUS FOR SALE

BIOLET ELECTRICAL composting toilet, gd. cond. works well, \$350; Regency woodstove, glass dr. CSA appvd, \$350; Speed-Air 2 HP 2-cyl. 20 gal. comprssr. Exc. cond, \$350. Call 653-9820.

DISCONNECTED? cheap reliable phone or inter-net service? Great low rates Calling features & long distance available. Free ADSL connection! Phone Factory Reconnect 1-877-336-2274; www.phonefactory.ca.

FANS 16" pedestal oscillating \$29; 2 1/2 lb camping axes \$15, Tarps, 6 pc Patio Sets w/umbrella \$169, Chaise Lounge \$58, 12'x20'x8'h Canopy w/3 sides \$399; Big parking lot furniture & mattress sale! Queen-size box/mattress used sets from \$99, Loveseats Swivel Rocker Hat/Coat Racks \$10. Solid Wood New 8pc Bedroom Suite \$1299. BUY & SAVE, 9818 4th St, Sidney. buyandsave.ca

FIND IT! SELL IT! Find what you need and sell what you don't - in the Driftwood Classifieds. For private party merchandise ads that total a value of less than \$200, use your Chamber of Commerce Residents Card and save 50% off the price of your ad. 250.537.9933, fied@gulfislands.net

HOT TUB - 3 person, rectangular. New digital heater pack. New cover, dual pumps. \$2100, 110 volt, 220 volt .250-538-8244.

538-8244. HOT TUB (SPA) COVERS.

1-866-652-6837 www.thecoverguy.com SAWMILLS FROM

Ext:400OT. SHIPPING CONTAINERS 20 RENTALS

COMMERCIAL/INDUSTRIAL

970 SF SHOP for lease avail. now at Merchant Mews, Ganges. Insulated. hear heated. skylights, bathroom. Ideal as warehouse or construction shop. Richard 250-537-1669.

COMMERCIAL space, Ganges Village Core as much as 2500 sq. ft. Up to as much as 2500 sq. ii. op 32 3 years free rent depending on improvements. Call 250-537-6860.

UPPER GANGES CENTRE 2nd floor office, 416 sq. ft. Available July 1, 2009. Chair lift, parking. Call Mary Lou 250-537-5528 or Richard 250-537-2239.

COTTAGES

SOUTH END, 1 bdrm, W/D, on acreage. \$850+util's. N/S, N/P, 250-653-9040, eves.

MISCELLANEOUS FOR RENT

SHOP, WORK studio, storage. 24' x 20', power, water, he Close to town. 250-537-8450.

WANTING TO rent: trailer, minimum 8 x 24 ft. Temporarily required as const. office during renovation of the Kingdom Hall at 276 Fulford-Ganges Rd from Aug. 21 to Sept. 20. 250-537-4388.

HOMES FOR RENT

3 BDRM duplex. Hardwood floors, fresh paint, wood stove & elec heat. W/D, carport. Long term, no dogs, \$1100 + Long term, no dogs, \$110 hydro. Avail. now. 537-4319.

3 BDRM, W/D, carport, water view, deer-proof garden, close to Bader's Beach, woodstove. \$1000+util's. Avail. immed. 1 year lease minimum. 250-537-2373.

BEAUTIFUL 3 BDRM, 2 bath home, Channel Ridge, Avail. July 15/Aug 1. No cats, NS, \$1650 + util. 250-537-6559. BEAUTIFUL FARMHOUSE

on 5 quiet secluded acres of meadow, orchard, forest. 2BR + huge study. This is a heritage building with many original features: fir floors and mantle, mullioned windows, French deeps Fully furnished. French doors. Fully furnished, some antiques. \$1175/mo. + util's (less with cat care &/or light caretaking). Avail. Aug 16/09 to May 15/10. N/S, no dogs. Looking for exceptionalresponsible tenants. References required. 250-538-1804.

EXECUTIVE WATERFRONT, 3 bed. 3 bath. Studio. Office Workshop, RV/Boat Pad, Double Garage. Private southern exposure, centrally located. N/S, N/P \$2,800/mo. Avail. Aug. 1 604-581-0321 or csher@telus.net

LOCATION, LOCATION! View details of this beautiful Ganges home by visiting: www.saltspring-rentalhome.com (include the dash).

OCEAN VIEW RANCHER in Crofton, 2 BDRM & office 2 full bath, 3 appls., sunroom, large fenced yard, garage, 3 mins. from ferry, Avail. immed. \$1300/mo. + util. Ph. 250-537.1517 537-1517.

PRETTY & AFFORDABLE 1 bdrm. apt. with beautiful lake-view in simple 1950's era row view in simple 1950's era row cottage. Your self contained apartment is sunny, compact, & recently renovated with its own green space. Your likeminded neighbours are meditators & artists - peaceful, quiet & non smoking. Long term, single occupancy, \$495 + hydro. ADSL avail. No pets please. 250-537-2294.

WATERFRONT WINTER ren-tal 3-bdrm 2 bath, fully furtal, 3-bdrm, 2 bath, fully furnished. Avail. late Sept. \$1700/mo. 250-537-8408.

RENTALS

SEASONAL ACCOMMODATION

ACCOMMODATION INFO for the Gulf Islands is a mousewww.gulfislandstourism.com

bcclassified.com

COMMERCIAL/INDUSTRIAL

RENTALS

SHARED ACCOMMODATION

LARGE, SUNNY room, avail. immed., own bath & ent.; share kitch. /laundry. \$450/mo. incl. util. 250-538-0287

LRG. BRIGHT room, sep. entr., long/short term, \$525/mo. N/S, N/D. 537-4723.

COMMERCIAL/INDUSTRIAL

Upper Ganges Village Shopping Centre

PRIME LOCATION

UP TO 3300 FT²

Contact: Ferd Kallstrom (250) 701-3591

HOMES FOR RENT

HOMES FOR RENT

ISLAND EXPLORER

Property Management Ltd. & Real Estate Services

Available August 1-31,

Large 3 bedroom home plus den, sunny home in Vesuvius, unfurnished/semi-furnished.....\$1500

3 Bedroom Waterfront High End Home, Indoor pool, 4 baths, 3 bedroom plus loft, private dock......\$3400

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LWR LEVEL APT LARGE STUDIO SETTING **FULL BATH PRIV** LAUNDRY NS NP \$ 850. + % UTIL MID ISLAND 90959

HOME (SEMI DETACHED) NS NP \$1500 + UTIL 2 BDRM 1 BTHRM LAUNDRY LARGE YARD **NORTH END 110980**

5 BDRM 2 BTHRM **WLK TO TOWN AVAILABLE 1 JUNE** NS NP \$1500 + UTIL MID ISLAND 94547

3 BDRM 2 BTHRM WLK TO TOWN **AVAILABLE 1 JUNE** NS NP \$1350 + % UTIL MID ISLAND 93589

1 BDRM 1 BTHRM **AVAIL 1 MAY 4 APPL** LAKE VIEW ACREAGE NS NP \$975. + UTIL MID ISLAND 112379

2 BDRM 2 BTHRM **OFFICE AREA 5 APPL FURN EXEC TWNHSE** NS NP \$1950. + UTIL **MID ISLAND 119479**

Call 250.537.5577 View @ www.royalproperty.ca

Strata/Commercial/Residential Management

AUCTIONS

AUCTIONS



Rooster Dollarhide Auction Events Inc. dollarhideauctions@live.com 10% SELLING FEE

TONIGHT!! UNRESERVED AUCTION OF EARLY CANADIANA

Wed. July 8, 2009 6pm • FARMERS' INSTITUTE-GANGES 10% Buyers' premium
 Viewing from 3pm to 5pm-sale day

Having received instructions from J.Hallam, Betsy Dosco, J. Thompson, to sell by unreserved public auction, furniture and miscellaneous items which allow them to downsize, we proudly present 40 lots of pre-19C to 1960 quality pine and hardwood furniture. Partial listing to date: Masonic regalia cabinet, 1920 Pine Armoire (art nouveau inlays), arrowback chair, secretary desk, 1930 telephone table, Bow-back chair, 5-piece Parlour set, tete-a-tete chair, antique teak dowry chest (brass handles), SS Manhattan blanket box (1850s) John Stuart scrolled writing, Honda generator (used 3 hrs), Harvest table (estimated 100 yr.old), Flow Blue Doulton China Platter, two Emil Soucher stone carvings, German time clock, plus many odd and unusual pieces for the woodcrafter, refinisher, home decorator or antique collector. Auctioneer's note: Gulf Islanders should not miss this auction! These are very old quality pieces that only show up once in a while in such a grouping. All items will be sold "as is, where is, with no guarantee as to quality, age, and full history." You, as the bidder, are the judge!

Method of payment: cash or certified cheques for this sale.

Best price. Best quality. All shapes & colours available.

or 40'. Buy or Rent. Safe and secure. Easymove Container Services. Serving Vancouver Island. 1-888-331-3279.

GREENHOUSE WANTED good condition. 250-537-9939

AUCTIONS

HOT TUB COVERS From \$310. Free delivery, free disposal of old cover. New foam inserts from \$80/ea. 250-

\$3,495.00 - Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. www.norwoodsawmills.ca/400t - FREE Information: 1,800-566-8899 1-800-566-6899

MISCELLANEOUS WANTED

Call Larry at 250-886-5006 or email roosterdollarhideauctions@live.com with questions

250-886-5006

RENTALS SHARED ACCOMMODATION

LOOKING FOR cozy quiet place to call home? Large loft room, incl. priv. balcony, walk in closet, internet, phone, laun-dry, parking, util's, room to garden, \$600/mo. 5 min drive to Ganges. Avail. immed. to Ganges. Avail. immed. NS/NP. Ref., post dated cheques req. 604-255-3703 orange_smoothie7@hotmail.com

MALAVIEW, SHARED w/2 outgoing, busy professionals.

1 BDRM Dnstrs suite in bright
3 bdrm w/oceanview. Separate entrance, Irg. sunny deck, yrd/garden, on bus rte. Shared Irg. kitchen and shower rm. Sngle or cpl, N/S \$800/mo. 250-931-1030 or 604-728-7360

RESP. ROOMMATE, in Ganges, Irg. priv. bthrm. \$600 incl. Ref's. lotushealing@shaw.ca.

WORKING IN DUNCAN?
Wanting to share my lovely old house near the centre of Duncan, could be weekdays only or full time. Rent depends on which. Some gardening/watering, sharing cleaning etc. Must be mature and fairly quiet, pref. vegetarian. No pets, children or smoking. References necessary. Ph: 250-748-4178

STORAGE

LARGE, CLEAN, dry garage for storage. \$200/mo. Near for storage. \$200/mc Ganges. 250-653-9898.

SUITES, LOWER

BDRM suite, suitable for one person, insuitable for one person, includes cable, hydro, and internet located near Old Divide and Saltspring Way. Has w/d hook up \$725/mo. Please phone 250-537-2300.

1 BED apt., 1000 sq. ft., patio & garden, w/d, own ent, suit couple, NS, NP, refs. June 30, lease, \$900 + util (avg \$100 per mo) 537-9470.

CUTE BACHELOR suite, own entry, walk to town, \$450 incl. Quiet, N/S. 653-9898.

NEW, 2 bdrm quiet ground level suite available Aug 1st . W/D, full kitchen, own yard, sw facing, clean, private, on bus route in Fernwood area. \$900.00 includes utils. References required. 537-0621. Suits quiet popsembling ten. Suits quiet, non-smoking ten-ant--ideal place for a single parent.

SUITES, UPPER

MODERN, BACHELOR, separate ent. Avail Aug. 1 in Vesuvius for long term. Resp. person. NP, NS. \$550+util. 250-537-0008 or 604-450-

STUDIO SUITE on private 10 acre view property, central location. High ceilings, open space. Hydro, internet incl. space. Hydro, internet inc. \$650 Avail Aug 1, Long Term. 250-537-9346.

WANTED TO RENT

3 BDRM, 2 bath house to rent for 6 months or more, starting Aug 1. Could possibly wait until Sept 1. Please call until Sept 1. Please Lorraine at 250-538-0929.

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\$0 DOWN & FREE 1st payment. Need a Car, Truck, Van or SUV? Auto Credit Fast. Bad credit! No credit! Bankruptcy, Repossession! Credit Counselling! No problem. Call Stephanie today and away 1-877-792-0599. away 1-877-792-0 delivery anywhere. www.autocreditfast.ca DLN30309.

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P&C

PAGES B10-13

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This Week's horoscope

by Trichael O'Connor

www.sunstarastrology.com sunstarastrology@gmail.com 1.888.352.2936

Aries (Mar 21 – Apr 20)

Sometimes we hold our cards closer to our chest. We want more privacy and feel protective. Quiet ambitions are often behind such behaviours. As life is a game, it is natural to play this way sometimes. Yet, you also seek variety and stimulation now. Family and friend visits and quality time close to home as a way to get both. Fortunately, your overall energy levels will increase starting this week. This trend will continue through mid summer anyway. Count your blessings, you hand looks good!

Taurus (Apr 20 – May 21)

Y A curious and flirtatious mood prevails. You have been making steady progress on a variety of fronts. Your ambitions will remain high. You are entering an excellent period to be able and have the energy to get a lot done. Whatever work you can call play might rank high on everyone's list. Sometimes, it is all about playing hard. All the while, desires to experience a deeper sense of security are lingering. For now, go for variety on

Gemini (May 21 – Jun 21)

Building a stronger foundation of security is big on your mind. Perhaps it is mental, or emotional, or physical/material and spiritual security is very likely as well. Knowing what each is and how to achieve it is a wise first step. Make a list of four for each of the above; call them the four corners of each theme. With this objective you can begin to create all that you need. Clarity of intention, focus, feeling and celebration as though the request is already given is the 'secret' to success.

Cancer (Jun 22 - Jul 22)

Explorations both within and without are leading you down new pathways. Every new thought activates a new neuropathway, by the way. Our brain hungers for this and feeds on it, unless we live excessively in our emotions. Think about this for a moment. It takes courage to consider new possibilities in thought and deed. Fortunately, this is precisely what you are pushing to realize. Breathe deep through the fear, feel it if it comes up, then do it anyway. Just don't overdo it!

Leo (Jul 23 - Aug 23)

A busy time doing most of the work behind the scenes is highlighted in the planetary positions for you now. You are pushing to explore new territory somehow. Your career and social life is a central motivation. Your ambitions will continue to ride high all summer. Keeping a balance between work and play is a priority. You are gearing up to really bring some of your bigger dreams down to earth! You have much to say and want to be heard and you will be. But allow for peace and quiet as much as you

Virgo (Aug 24 – Sep 22)

Letting your individuality shine bright is not entirely your style. However, sometimes you are more animated than others and this may be one of them. So, some of your jokes are sharp and perhaps a bit dirty; the price you pay for making others giggle and snicker. But seriously, something big is brewing in you. If you are experiencing a steady build-up momentum in your life, then you are probably right on track. You will get more serious about this soon and it will continue all summer. Push now, coast a little later

Libra (Sep 23 – Oct 22)

You power potential is rising steadily amidst disintegrations on other fronts. This may be a tricky time in your life as you transition form one reality to another. You have perhaps been pushing rather hard to secure your position for

now anyway. This step by step, side to side process will continue all summer and even into October. Pace yourself and be patient with the process and don't take it personally. Forces larger than you are playing a major role. Just be here now with patient focus, faith in the flow and

Scorpio (Oct 23 – Nov 21)

Of the possibilities...! Life is certainly guided by them, along with the probability. Having a keen sense of each is one of the greater achievements for us humans. O.K. so you have mixed blood and some is from off world. Same game! The time has come to reveal some more of your colors and stripes and perhaps some original DNA.... Respect yourself and believe in what you know and can and like to do and then simply follow

Sagittarius (Nov 22 – Dec 21)

Cleaning, clearing, purging are strong themes now. This may include forgiving and forgetting. Yes, you have to do both parts for it to work. Whatever is happening, make every effort to take full responsibility for your part. Since it is your movie, you play a leading role and are the producer and director as well, not the mention the set design and clean-up crew.... Life is busy so lighten the load whatever kind it may be. Accept the process and expect it to continue for a couple of weeks or so.

Capricorn (Dec 22 – Jan 19)

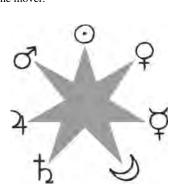
'How to make friends and influence people' is the kind of theme that is active now. You are in the mood to take initiatives to reach out and say hello. Your focus may be rather pointed verses casual. Yet, you are also willing to extend full diplomacy. You may be getting ready to make some key investments. Concerns about timing and spreading yourself too thin may be lingering. But when opportunity knocks, take a moment to answer. Just pay attention to the fine print on any contracts or legal documents.

Aquarius (Jan 20 – Feb 19)

A creative surge is shaking your world these days. Fortunately, this will continue all summer. Your mood is more playful than usual and you are ready to take a few risks. However, you are also eager to calculate the odds rather than take blind leaps. Trust the flow now and make efforts to go and do and be seen and heard. You are preparing to tap your deeper powers and these initial steps are necessary to the process. Be willing to take new initiatives and reach out and go there, as the flow goes.

Pisces (Feb 20 - Mar 20)

A creative and exciting period continues. You can see the humour these days more than usual; it is fun to laugh and therapeutic too! A gypsy at heart, being at home for you is about surrendering to a greater flow. Shifts, moves and ventures backed by a spirit of healthy ambition are pushing you along. Acknowledge your inner power and authority and commit to following through on its command. First be moved from within, and then be







of the earth!

THRIFTY FOODS

smiles every day."

NEWSBEAT



PHOTO BY DERRICK LUNDY

UNCLE SAM?:

Rosanne Leonoff
(Auntie Samantha) marks the
American July
4 holiday as
she dishes up
popcorn at the
United Church's
SummerFaire
in the Meadow
event on
Saturday.

SALT SPRING LIBRARY

Karen Hudson embraces new role in familiar locale

Library vision a chance to build community

BY SEAN MCINTYRE

RIFTWOOD STAFF

She's been on the job for less than a month and Salt Spring's newest librarian can hardly wait to get out of the office.

Karen Hudson may be joking, but only partially.

With an architect working on plans for a new downtown library building, it's hard not to get excited about the prospect of some new premises, especially when that new building has the potential to be the island's greatest community resource.

"Part of my vision is bringing the community together and the library is the heart at the centre of our community," Hudson said.

"Sure it's always going to be about the books, but we need to be offering other services and be able to help people get information."

Over the 10 years she's volunteered and worked at Salt Spring's library, Hudson has witnessed some pretty extensive changes.

"The library is so much busier than it was a few years ago," she said.

"People aren't just coming here to check out books. I think what's happening is that more people using the library are coming in to look at books, use the internet and read a magazine. It's become a very interactive place."

Making the library even more welcoming is among Hudson's top priorities. She'd like to see the library host author readings and writing workshops, offer meeting space and become a more accessible and comfortable place for people to share information and broaden their horizons.

Hearing what the public has to say about existing services and the library's plans for the future, she said, is integral to ongoing success.

She's especially interested in improving the library's young adult services and already anticipates a possible expansion of services in September.

Hudson credited the work of former chief librarian Marilyn Ming with laying the groundwork upon which she hopes to take the library to



PHOTO CONTRIBUTED

Karen Hudson.

a whole new level.

Hudson will work alongside new chief librarian Brigitte Peter-Cherneff, who was promoted following Ming's retirement in June.

"We are very lucky to have Karen bring her experience, professional training and personal energy to our community library," Peter-Cherneff said.

Hudson's experience includes serving as the Salt Spring Island Conservancy's executive director for seven years, working for the Vancouver Public and University of British Columbia libraries, and two years as librarian at the Salt Spring Centre School.

She recently completed a Masters of Library and Information Studies (MLIS) degree from UBC.

Hudson manages her 13-year-old daughter's soccer team and frequently walks the island's trails with her big dog Chet.

She is a warden of the Salt Spring Conservancy's new Northview Nature Reserve and enjoys swimming in the island's lakes as well as helping out with the island's annual eco-home tour.

Arts& Entertainment





LOTS OF LAVENDER: Ben Sutton is in the drying room at Sacred Mountain Lavender, where the seventh annual lavender Festival took place on Sunday.

Audience soaks up acoustic, carefree atmosphere of Friday night concert

Jeremy Fisher racks up new batch of fans

BY MEGHAN HOWCROFT DRIFTWOOD STAFF

Last Friday evening the combined Grapes of Wrath/ Jeremy Fisher concert capped off a perfect, hot July day.

The concert, which brought a younger-than-usual crowd to ArtSpring, featured a short opening set by newcomer Shel Neufeld, who backed his acoustic tunes with some projected photography. Neufeld's photos — filled with beautiful landscapes and mesmerizing close-ups — took centre stage over his mostly instrumental music, which although lovely, was slightly hesitant. More opportunities on stage

Camps

in Ganges with Maureen (Mo) Proctor

(artist & instructor extraordinaire,

with 25 years teaching experience)

the awkward kinks and allow Neufeld to develop a more confident stage presence.

Anything but awkward, Jeremy Fisher wowed the crowd not only with his lively music, but also with his wit and indelible charm. Fisher, one of my favourite new Canadian artists, has definitely got it — that indescribable X factor that makes a crowd fall in love with him the moment he steps on stage. Dressed like a young Bruce Springsteen in plaid shirt, tight jeans and hat, Fisher pulled out his memorable brand of down-home folk music that has been winning audiences both in Canada and

Fisher, often compared to Paul Simon and Bob Dylan,

will no doubt iron out some of makes music that's happy, catchy and sweet, with intelligent lyrics that people instantly "get." Fisher proved he is an extremely capable musician: the acoustic versions of his popular songs sounded anything but stripped down, despite the fact that it was just him, his guitar and a harmon-

Fisher seemed to revel in the intimacy of ArtSpring's theatre, even getting the crowd to provide back-up vocals for one number. As displayed in the popular song Cigarette, Fisher has the ability to be both cheeky and tender at the same time, a unique quality that makes me feel certain he'll go far in the music world.

Busting out a Greg Brown cover tune, "Come on and

taste a little love this summer. My grandma put it all in jars," Fisher took us back to another era of folk music, one full of innocence, joy and the celebration of life's simple pleasures. It was the perfect song for the evening.

Althoughrelativelyunknown to many in the crowd, by the time he left the stage to a genuine standing ovation, he'd racked up a whole legion of new fans, no doubt anxious to pick up his latest album Goodbye Blue Monday (an absolute

As if the night couldn't get any better, it was indeed "history in the making" when the acoustic duo version of the Grapes of Wrath reunited and

GRAPES continued on B2

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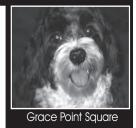


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ARTS & ENTERTAINMENT

Nordic Summer Festival invites crowds for July 11 celebration

Kubb, tafl and poetry face-off among day's events

BY NATALIE NORTH

DRIFTWOOD STAFF

No matter what your heritage, this weekend brings the opportunity to get together and celebrate Nordic traditions — which are

probably part of your ancestry, whether you realize it or not.

Challenge your opponent to a round of kubb, tafl or bocce. Welcome Goddess Sun, Frigga, Odhin, Thor. Freya, Freyr and Mother Earth, who will arrive on her wagon with blessings and gifts for the children. Indulge in the Sacred Feast before defending your street cred in the Battle of the Scalds — a poetry and spoken word faceoff fit for anyone with something to say.

The Nordic Summer Festival is a joyous event put on by the Fridhgard Fellowship Society, and while the society's mandate is to honour the ancient culture of the Nordic Tribes indigenous to Northwest Europe, the ancestry is much farther reaching than

"Nordic in the popular imagination refers to everything Scandinavian, but in the scholarly realms, Nordic actually refers to an entire group of cultures and tribes," said Dan Miller, founding member of Fridhgard. "That's any of the native speakers of the Germanic languages, plus other Nordic tribes that settled in Italy and France."

Miller has been an educator of Nordic paganism and taught workshops on Salt Spring, Vancouver Island and the Mainland, and he's hosted many local Nordic celebrations, including the annual Yuletide

"It was my work with the First Nations and a vision quest that I did as a younger man that drew me toward my own ancestry. I've Shea Bornn leads the parade in a past local Nordic event. always been very interested in indigenous cultures and I was surprised to learn that I had my own."

The newly formed Fridhgard Society literally translates to "peace yard" society — an old Norse term meaning traditional sanctuary and sacred space where violence is banned.

The Nordic Summer Festival unites references from as early as the 1st century AD to 13th century AD, along with traditions that are still practised in parts of Europe today. Dress in traditional garb if you feel inspired to (which could be as simple as a long tunic and belt, but it wouldn't hurt to throw on a cape) or come in your street clothes and learn more about the ancient ways.

While the inspiration for the Battle of the Scalds springs from a traditional poetry competition still practised in Iceland today, Miller has opened up the stage to anyone.

"We're putting the call out for a contemporary feel," he said. "We'd like poetic artists of any style. It's really more about moving the crowd than writing the perfect haiku.

"The poet who moves the crowd wins the day."

Moving the crowd could including any kind of oration, so get your thinking caps on. And if that means traditional Viking head gear, they do not have horns, contrary to pop culture's portrayal, Miller said.

While it's pretty common to toss some bocce balls around this time of year, when was the last time you got out and played some kubb — the Norse answer to horseshoes? And if it's brains over brawn, how about a round of tafl, a Viking chess-like strategy game?

The evening's careful details — too many to list — will culminate with the arrival of Mother Earth bearing gifts for the young guests. For Miller this

is among the event's

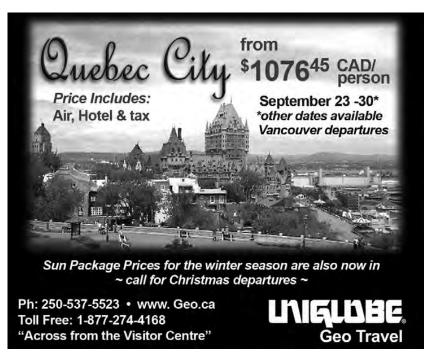
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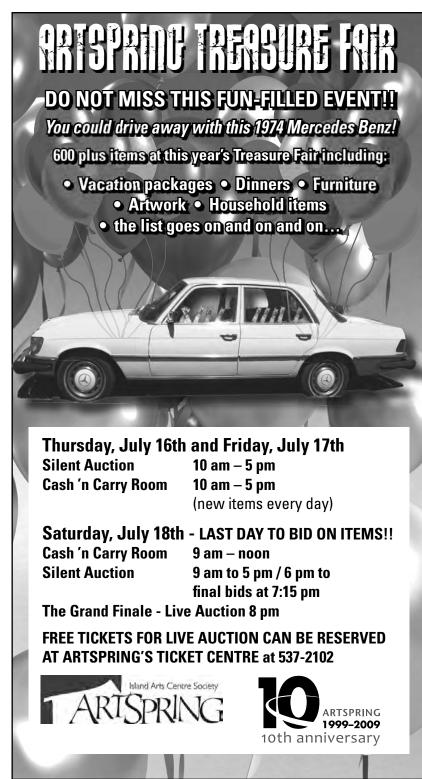
greatest reward. "I love the reaction of the kids. They really understand the magic," he said. "And the elderly people who come up to me later and express their appreciation. Everyone's welcome, but what brings a tear to my eye are the kids

and the old folks." Gates to the festival will open at 3 p.m., Saturday, July 11, with activities running from 4 to 10 p.m. at 350 Garner Road. Admission is by donation and guests are asked to bring their own food and beverages for the potluck feast.

"I'd like to reiterate our offer of hospitality and welcome all people of any origin and nationality who would like to see what we do," Miller said.

"We really see this to be the gentle heart of Viking culture that has been stereotyped as being quite violent and macho."





Musical duo connects beautifully on stage

GRAPES

continued from B1

took the stage. Salt Spring's own Tom Hooper and Kevin Kane carried on with the evening's unintended tone, taking us back to younger, carefree days as they strummed their classic Grapes hits to an appreciative crowd.

"I had this album on tape!" I heard someone whisper, and there were plenty of knowing glances as people recognized numbers like You May be Right and What was Going Through my Head, songs accompanied by funny stories from the duo's younger years.

Obvious from the start were Hooper and Kane's extraordinary musical skill. Whereas the old Grapes of Wrath may have buried the lyrics and melodies deep in their songs, this older, wiser

duo highlighted the vocals with Hooper's sincerity and honest flawless harmonies that were a sheer delight. Playing acoustically was a brilliant choice and helped ensure the music's continued relevance.

Hooper's rendition of I Can't Find my Home, accompanied by a story about spending \$500 on a long-distance phone-call home to his then-girlfriend (now wife), was extremely touching and beautifully sung. There is a quality to Hooper's voice that I really enjoy and which has only gotten better with time.

While the musicians maintained a distinct sense of independence on stage, Kane and Hooper were able to come together and connect perfectly when necessary. Although musically they blended well, their distinct personality differences were obvious, however. While love of music shone through, Kane's cynicism and slightly bitter edge, for me, took a bit of fun out of the show. I was glad when, for their encore, they pulled out George Harrison's Here Comes the Sun, during which Kane seemed to let down his guard and enjoy himself while making beautiful music.

A small criticism, not to do with the musicians, was the lack of theatre etiquette shown by audience members who arrived late, left early, talked through songs and pulled focus from the performers who deserved more

Despite this, it was definitely the concert of the summer and I'm sure we all went home humming happily to ourselves and feeling a little younger and a whole lot more carefree.

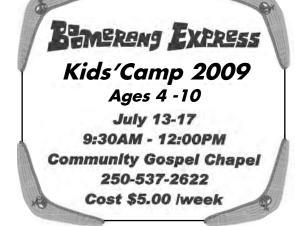
ARTS & ENTERTAINMENT





THE **STONES:**

Country singers, from left, Hank Angel, Sasha Stone and Oban Stone crank up the sound during Canada Day activities in Ganges.



YOUTH & MUSIC

Island fiddle fans fundraising for Dene youth to attend camp

Young man's potential can be supported

through island efforts

One islander is hoping Salt Springers will generously donate to a cause that will help a young and extremely talented Dene musician continue his musical education and possibly record his first album.

Ellie Langford Parks has put out a request to help Wesley Hardisty, a talented teenager from the Northwest Territories who resided with her while attending the Salt Spring Fiddleworks camp in 2008.

"Wesley is a 15-year-old Dene native who is a gifted natural musician," Parks states in a recent press release. "Anyone who was at the 2008 Salt Spring Fiddle Camp will remember the long-haired, talented boy who played and learned with such enthusiasm. He also attended the North American Indigenous Games where he was a volunteer for one week "

DRUM & DANCE

ally been transformed by music, studied fiddle with Salt Spring's own Zav RT and the duo were featured on North Beat on CBC

"In his small community of Fort Simpson there are no fiddle teachers; in fact, Wesley has been the music teacher for the last year with up to 30 students. As he was in foster care, his trip last year was organized by Lewis Beck of the Kole Crook Fiddle Association and supported by northern organizations. This year, although back with his parents, they are unable to provide any financial support for his return trip south."

Parks hopes that Hardisty can return to Salt Spring for eight weeks this summer in order to continue his fiddling education and to play, compose, perform and record his first CD. Funds are needed for Hardisty's travel to and from the Northwest Territories (up to \$1,500) and to help with the recording of his first CD at a local studio (approximately \$5,000).

"Any size contribution you Hardisty, whose life has liter- could make would be much

"Wesley is a 15-year-old

Dene native who is a

gifted natural musician."

ELLIE LANGFORD PARKS Fundraising coordinator

appreciated and you will be acknowledged at a special performance during the summer. We cannot provide tax receipts but please know that your donation will allow a special young person a chance to fulfill his potential."

For further information contact Parks at eparks@telus.net or at 250-653-9612. Cheques should be made out to Ellie Parks with "Wesley" noted on the memo line and mailed to 118 North East Road, Salt Spring Island, BC V8K 2A2.

A CBC TV video of Hardisty and Zav RT is available on You-

toby snelgrove



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ARTSPRING 1999-2009 10th anniversary

Wontanara hosts doundounba with dance party and workshops

All activities take place at Beaver Point Hall

African dance and drum enthusiasts will soon be able to get their fix at a dance party and two drum and dance workshops set for Beaver Point Hall on Saturday-Sunday, July 11-12.

Although the popular West African dance classes organized by Wontanara Drum & Dance have come to an end for the summer, Marielle and Mohamed Duranteau are offering some summer drumming and dancing opportunities at a "doundounba."

"Traditionally in Guinea, West Africa, a doundounba is the community dance of strength," states Mohamed in a recent press

"All over Conakry, all over Guinea, all over Africa, people come together to gain strength from the dance, the drum and each other."

Although Wontanara will perform at the beginning of the night, most of the evening will be organized to get islanders dancing and celebrating the joys of drumming and dancing with friends.

"[This] means having a more all-inclusive, community minded dance party.

'Victoria-based DJ Dancing Wolf, who is a gem in the art of African and World music, will also be there to spice things up a bit and of course to give those hard working drummers a break!"

Attendees will be tempted by Mohamed's famous fried plantains, ginger juice and couscous that will be on sale throughout

Doors open for the July 11 dance party at 8 p.m. with a showtime set for 8:30 p.m.

Tickets, available at Stuff 'n' Nonsense, Salt Spring Books and Acoustic Planet, are \$12 in advance and \$15 at the door. Children 12 and under are admit-

On Sunday, July 12, drum and dance workshops take centre stage at Beaver Point Hall. From 12 to 1:30 p.m., people can experience the joys of learning the djembe with master drummer Alseny Michel Diallo (all levels welcome) and from 1:30 to 3 p.m. N'nato Camara and Mohamed Duranteau will team up to teach an all-levels Guinean dance class.

Classes are \$15 each or \$25 for both. Drum rentals are \$5.

To register for these workshops, or for more information on the drumming and dancing events, contact Marielle at marielleduranteau@live.com or at 250-885-6315 or 250-653-

Do you have something to say about a story or letter? Comment on-line @ gulfislandsdriftwood.com

ARTS & ENTERTAINMENT

THEATRE

The Academy Presents dons Red Hat musical

Takes place four Mondays at ArtSpring

Hats! The Musical is coming to Salt Spring this summer, marking the Canadian premiere of a production based on the experiences of the women of the Red Hat Soci-

"If this means nothing to you, that's okay, but Red Hatters all over this province are going to be very excited and quite possibly planning a road trip!" states press material

on the production.

The musical, taking place at ArtSpring and directed by Sue Newman, is a production of The Academy Presents, a company whose intention is to create and sustain a bursary fund for local youth wishing to attend arts programming through The Salt Spring Arts Acad-

Hats! The Musical, which was originally produced at the Denver Civic Theatre by Sibling Theatricals, Inc. and is presented by

arrangement with Hats Holdings LLC and Sibling Theatricals, Inc. in New York City, has been staged in American cities such as Chicago, Denver, New Orleans, Las Vegas and New York.

Press material describes the premise of the musical: "Maryanne is 49.999 years old and dreading turning 50. Her mother Lady and her friends Baroness, Contessa, Dame, Duchess and Princess relate the glory of being 50 and older with songs and stories of wisdom in this

wickedly funny and deeply poignant tale."

For four Mondays only, on July 27, August 3, 10 and 17, Hats! The Musical will make its Canadian premiere on the ArtSpring stage. Tickets, which are \$20, are available through the ArtSpring ticket centre at 250-537-2102.

More information on the production is available through the Salt Spring Arts Academy at 250-537-4294 or at www.saltspringartsacademy.ca.

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We all get a chuckle from instructions like this: REMOVE PLASTIC WRAPPER BEFORE BAKING or THIS ITEM BECOMES HOT on the bottom of a sandwich toaster. We always take a minute to reflect on the probable reason behind such idiotic warnings: either the manufacturers have had complaints from some dweeb who objected to his buns tasting like plastic or who tried picking up his toaster right after he picked up his samitch, or, more likely, have, over the years, become sufficiently acquainted with all the inanities man(sic) kind is heir to to just go ahead and include matching directions.

Okay, that's one end of the instructions spectrum. In the middle are all the ones that make sense and are, to all intents and purposes, essential. As an absolutely last resort most of man(sic)kind actually does CURMUDGEON



read these, grumble a lot, but does find them helpful.

At the far end of this spectrum are those instructions that more and more seem to make up the bulk of the instructional world these days. A good many of these are packaged along with items like computer doohickies and other electronic devices. There are two characteristics to be noted about these instructions: (1) they are lengthy, a.k.a., wordy, and (2) WE HAVE NO IDEA WHAT THEY MEAN!

In fact, after a paragraph or two we are convinced that they are THE WRONG INSTRUCTIONS! They must belong to another product entirely — something like an antique Nash Rambler or a Zeppelin. These instructions, I now theorize, are written by people WHO DON'T NEED THE INSTRUCTIONS! I am convinced,

also, that only 10 per cent of these instructions (a 10 per cent spread in tiny phrases throughout the 35 pages) will be of any use to us. The other 90 per cent is total gobbledegook that make sense only to the writer of the instructions who is, quite naturally convinced that we don't need this 90 per cent anyway. And why don't we need it? BECAUSE WE BOUGHT THE SILLY PRODUCT, DIDN'T WE? And if we didn't know what the thing was why

Instructions for complicated merchandise and nothing these days is not complicated should be drafted in the "normal" way and then read aloud to Aunt Maude, who will hold up a finger of her choice every time she hears something she doesn't understand. Corrections are made and the next draft read out to Aunt Gertrude, etc., etc., until no finger shall be upraised.

I said up above that the last resort is reading the instructions; that is not truly the last resort. The last resort is the telephone, which is used to call the kid next door and **GET HER OVER HERE!**



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ARTS & ENTERTAINMENT



PHOTO BY DERRICK LUNDY

CANADIAN EH?: Aaron Trory rocks out at the Tree House Cafe during a Canada Day night performance.

MUSIC & MUNCH

Versatile vocalist performs July 15

Rosemary Delisle shares range of repertoire

Soprano Rosemary Delisle graces the stage at Music and Munch next week on July 15.

During her 15 years of singing on Salt Spring, Delisle has appeared in many musical productions, as a member of three choirs and at Music and Munch. Islanders will rememberher most recent performance at the Tuned Air/Sacred Sound concert held at All Saints at the end of June, where she sang the soprano solo in Mozart's Requiem and in the premiere performance of Besson's Il Sole Sorge.

At the age of six, Delisle began singing with her father at the piano in a home where her French/Irish heritage provided a rich musical environment.

Music continued to be important through her maturing years in Toronto where she found opportunities to sing in church, theatrical musical events and with her family.

She moved to Salt Spring in 1972, where she returned to her love of music after raising a family. Under the tutelage of Patricia McFarlane, she has developed a repertoire from classical to folk songs, which wonderfully expresses the versatility of her voice.

Her accompanist on this occasion is a newcomer to Music and Munch. Pianist Kim Cousineau obtained his Bachelor of Music degree in piano performance from the University of Victoria. For the past nine years, he has worked as a collaborative pianist for private lessons, concerts, exams and numerous choirs, including the Victoria Philharmonic Choir and the Newcombe Singers. On the island, he has played with Eva Bostrand for several master classes and in All Saints as a soloist.

Wednesday's program includes works by Schubert, Roger Quilter and John Tagore, whose songs are particularly challenging and beautiful. Perhaps better known will be a medley of songs from Broadway, which will be sure to send everyone singing into lunch.

Free music begins in All Saints at 12:10 p.m. followed by a delicious optional light lunch for \$5.50.



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What's On This Week

www.gulfislandstourism.com/calendar.htm



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LIVE ENTERTAINMENT

Josh Lavne. Famed harpist at Music & Munch. All Saints. 12:10 p.m.

Blues Fest. At Tree House Cafe, 7-10 p.m.

Harry Warner & Friends. Enjoy music, wine and a picnic at SS

Vineyards. 2-4 p.m.

ACTIVITIES

Summer Reading Club.

Activities for kids in grades 1-6 (but younger and older ages welcome) at SS Library. Special guest is Briony Penn. 1-2 p.m.

LIVE ENTERTAINMENT Billie Woods.

Live music on the Shipstones patio. 7 p.m.

Liverpool Pete.

Groovier than vinyl! Tree House Cafe. 7-10 p.m.

Blues Jam.

With special guest Brent Shindell at Moby's Pub. 8 p.m.

Open Mike.

With Stephanie Rhodes & friends, Thursdays at The Local bar & bistro.

Fulford Open Mike Night.

With Dale & Dave at the Fulford Inn on Thursdays.

Sat.

July 11

LIVE ENTERTAINMENT

Arthur Black Audiobook African Dance Party.

July 10

Launch. Planet Salt Spring launched at

LIVE ENTERTAINMENT

ArtSpring. 7-9 p.m.

Harry Warner & Friends.

Enjoy music, wine and a picnic at SS Vineyards. 2-4 p.m.

Sunyata.

Passionate gypsy music. Tree House Cafe. 7-10 p.m.

Donn Tarris & Tess Fama.

Live music on the Shipstones patio. 7 p.m.

Summer Jazz.

Live music on the Harbour House patio every Friday. 7:30 to 10 p.m.

Led by Wontanara Drum & Dance at Beaver Point Hall. 8:30 p.m.

Passionate gypsy music. Tree House Cafe. 7-10 p.m.

Justin Hewitt.

Sunyata.

Live music on the Shipstones patio. 7 p.m.

ACTIVITIES

Nordic Summer Festival.

Fridhgard Fellowship Society event of traditional pagan activities & potluck feast. 350 Dukes Road. 4-10 p.m. (Gates open at 3 p.m.)

Lady Minto Hospital Foundation

registration: 250-538-4845.

LIVE ENTERTAINMENT

Live Jazz.

Sunday's at Moby's. 7 p.m. **Stephanie Rhodes**

Untamed vocals. Tree House Cafe. 7-10 p.m.

The Barley Brothers.

Still alive and un-plugged. Every Sunday at the Fulford Inn. 6:30 p.m.

ACTIVITIES

West African Drum & Dance Workshops.

Beaver Pt. Hall. Djembe with master drummer Alseny Michel Diallo from noon to 1:30 p.m. All-levels Guinean dance class from 1:30-3 p.m.

July 13

LIVE ENTERTAINMENT

Patrick Brealy.

Roots cabaret singer from Toronto. Tree House Cafe. 7-10 p.m.

ACTIVITIES

Creative Fire Clay Camp.

Five-day camp with Tracy Harrison of Creative Fire Studio starts today. Info/ registration: 250-538-0144.

Creative Vessels Support Group.

Discussion group incorporating art therapy and journalling helps people deal with creative blocks. Location TBA. 7-9 p.m. Info: Gillian, 250-537-

Session. Core Inn, 3rd floor. 7 - 9 p.m. **Eckart Tolle Practising Presence Group.** Every Monday. Drop-in. 7:30 p.m. Info: Amrita, 250-537-2799. Osho Kundalini Moving

Hotel. 7 p.m.

LIVE ENTERTAINMENT

Open Stage. With host David Jacquest. Tree House Cafe. 7 - 10 p.m. Gene Grooms & Friends.

every Tuesday. 7:30-10 p.m.

ACTIVITIES

Transportation Commission Meeting. 118 Fulford-Ganges Road 7 p.m.

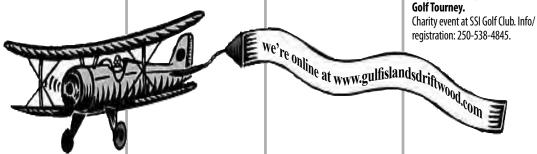
Market in the Meadow. Tuesday Farmers' Market begins in the United Church meadow on Hereford

LIVE ENTERTAINMENT

Alain Besson & Fabienne Huygen.

Concert of piano, dance and sound

Cousineau at Music & Munch. All Saints. 12:10 p.m.







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Pixar's latest offering is being hailed as a modern masterpiece of film making not to be missed by movie goers young

Harry Potter & the Half-Blood Prince plays next at The Fritz starting Wednesday July 15th!

EXHIBITIONS

- Inside/Outside is the exhibit at Salt Spring Woodworks, featuring new sculpture and art furniture by Arnt **Arntzen, Brent Comber** and **Peter Pierobon**. Summer hours are 10 a.m. to 5 p.m. daily through September.
- ArtCraft, the Salt Spring Arts Council's juried show and sale with work by some 100 artisans runs daily from 10 a.m. to 5 p.m. at Mahon Hall. Current Showcase exhibit is Precious Metals — Fine Balance.
- Photo Lumière Six Salt Spring Photographers. Work by Birgit Freybe Bateman, Janet Dwyer, Steven Friedman, Eric Onasick, Osman Phillips and Gillean Proctor shows at ArtSpring daily through Sun., July 12, 10
- · Salt Spring Potters' Guild annual Mark's Work Wearhouse window show, this year with a theme of Our **Harbour**, runs through the summer. • A Century of Canadian Art — 1909-2009. Historical and contemporary artworks at Pegasus Gallery.
- Hastings House Sculpture Garden 30-minute guided tours on Tuesdays at 1 p.m. by appointment 2362. The 1.5-km public Sculpture Trail is also open daily.
- Clare Singleton shows island scenes painted on location in an exhibit at Island Savings Credit Union. Shari Macdonald has new photos hanging at Jana's Bake Shop.
- Janet Dwyer has works hanging at Ganges Yoga Studio.

Our Calendar - on *your* smartphone



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5833; Louise, 250-537-8524. **Kundalini Dance.** Eye Chakra

Meditation. Every Monday. Drop-in. 7:30 p.m. Amrita, 250-537-2799. **Toastmasters.** Mondays in the Crofton Room at the Harbour House

Blues music at the Harbour House

Avenue, 10 a.m. to 2 p.m.

yoga. ArtSpring. 8 p.m. **Rosemary Delisle.** Vocalist with accompanist Kim







New book: generous to readers

Karen Shklanka animates reading experience in first book of poems

BY GEORGE SIPOS

SPECIAL TO THE DRIFTWOOD

One is always apprehensive about books written by doctors.

Or for that matter, books written by soldiers, humanitarian workers, Holocaust survivors and others who have experienced the harsh edge of human life first-

It's not that we want to spare ourselves knowledge of what it's like to confront mortality, illness, poverty or the other realities of lives lived in extremis, but rather that writers who do have experience of such things have such a huge advantage over the rest of us that reading their work can feel overwhelmingly humbling.

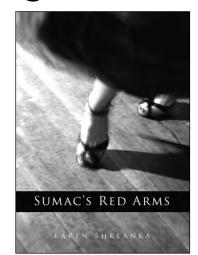
One can also sometimes feel in the presence of a kind of unfair one-upmanship: "I have watched a child die of AIDS while you spent your time tying out the pea vines.

Mercifully, one feels none of this in Karen Shklanka's recently published collection of poems, Sumac's Red Arms. Although Shklanka is indeed a doctor who has seen many years' service in emergency wards and remote northern communities, and although the volume does contain a number of poems that arise from this experience, the book is overwhelmingly generous rather than superior toward the reader.

"Look at this," the poems say. "Isn't being human amazing?" rather than: "Aren't you lacking for not having lived what I have?'

The same is true of the many poems in the book about travel

SPIRITUALITY



to exotic places - Berlin, Mexico, the Texas seaside, James Bay. It is the writer's being there rather than the reader's not having been there that animates the reading experience.

The other thing that needs to be said about this book is that its generosity toward the reader is apparent not just in subject matter. The language of the poems itself is driven always by a need for accuracy and emotional and descriptive precision, not by ostentation.

Look for example at the way a poem about morning on the Gulf of Mexico, where birds wade or fly or feed, each seen as only most obliquely correlative to the viewer's thoughts, ends:

The day is a message in a blue bottle; from the rocks nearby, an oys-

breathes the sea.

What matters here is not the anthropomorphism that sees the oysters breathing, but the perfect aptness of the image, the way it, as the last line of the poem, feels so much itself like a release (or like an intake) of breath.

Or look at the end of another

poem in which a woman has fallen in love with a man in Paris. After the familiarity we recognize, when "all moments/ accordion into this one/ where we touch a stranger's/ fingers, how our steps echo/ in the street," there is the inescapable parting described like this:

... a sudden kiss before the inevitable commutation, the door closing and the gleaming train.

The genius of these lines is not just the choice of the word "commutation," with the enormous weight of uncertainty it carries about the nature and duration of separation, but the restraint of the final line. Partly it's a matter of the emotional joy and pathos packed into the image of the gleaming train, but more importantly the deliberate refusal to self-dramatize in the choice of "and" where a lesser writer would have said "on."

It is in these specific acts of perfection, the deployment of a meticulous eye and ear and care about language, that this book

Sumac's Red Arms is a first collection of poems but it is clear throughout that many years of thought and care and precise observation have gone into its making. It is as fine a debut as anyone could wish for. We look forward, not with apprehension, but with eagerness for more.

Sumac's Red Arms is published by Coteau Books and sells for \$16.95.

George Sipos is a poet whose first book, Anything But the Moon, was shortlisted for the Dorothy Livesay Prize. His second collection will be published in spring

www.johncameron.ca www.saltspringphotos.com John Cameron | 250.537.5830 | jc@johncameron.ca



-ISLAND STAR VIDEO presents... Pick Pi

Universal and sobering Revolutionary Road

winning American Beauty back in 1999, and now returns following through proves modern audiences to realize 10 years later with another meticulously scathing attack on the supposedly soulless

landscape that is suburbia. Revolutionary Road sta young married couple living on constantly of New York in the 1950s. quickly fallen apart under what they perceive as the crushingly dull American way of life.

As the film begins, Frank meaning. works in the city as a mid-level employee for an office supply to feel as if this has all been company, while April takes done before. The suburbs April suggests they pull up Yates' novel was considered

made his mark with the Oscar- their relationship with a burst that the very fact the film is set of energy. However, actually increasingly difficult and the that things haven't really strain threatens to tear the changed in the last 50 years. Wheelers apart.

former Titanic castmates Leo 1961 novel, Revolutionary DiCaprio and Kate Winslet Road has its own tough hill as Frank and April Wheeler, a to climb. Firstly, Yates' novel meditates a charming little street outside characters' inner thoughts. While it was probably a wise What was once a marriage full choice by Mendes to avoid of optimism and wonder about inventing some kind of voicethe possibilities of life has over narration, the film ends up relying almost solely on dialogue and the impressive talents of its stars to convey

Secondly, it's difficult not stakes and move to Paris, a groundbreaking in 1961, and rough time at the movies.

Director Sam Mendes concept that initially spikes there's no doubt in my mind in the '50s might actually cause

> Unlike American Beauty, Adapted as it is from there is almost no humour to be chard Yates' critically lauded found in Revolutionary Road. This is one bleak little movie, with surprising intensity for a mainstream film. Couples out there should watch this thing with due caution, as the multiple factors behind the Wheelers' turmoil are universal and sobering, and the pairing of DiCaprio and Winslet is pure dynamite.

After the closing shot, which is as heart-rending as anything I've seen in a fair while. I had to take a few moments to recover my senses. Between Mendes' brutal work care of the two kids and the are stultifying? Never heard here and Kelly Reichart's house. In a flash of inspiration, that one before. Of course, similarly devastating Wendy and Lucy, I'm having a pretty

Kirtan dance evening runs Saturday

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Islanders are invited to experience joy through dance at an Ecstatic Kirtan event on Saturday night.

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Live music for the July 11 event, which takes place beginning at 7 p.m. at 471 Sky Valley

Road on Salt Spring, is provided by Manjari dasi on vocals and harmonium, and Ragalekha devi on vocals, tablas and mrdanga.

People should park in the roundabout on Sky Valley Road.

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-What's for Dinn

SALMON & SPINACH PASTA SALAD Short cutzs to cooking for one or two © 2009 with Sarah Lynn

SALMON AND SPINACH PASTA: Why are different types of salmon different colors? A salmon's color first starts with its diet. Salmon eat shrimp as part of their regular food source. Shrimp eat a large amount of algae and single-cell organisms that are full of a pigment called astaxanthin. The shrimp store the pigment in their bodies, absorbed from their alga meals in their shell and body flesh. When the salmon eat the shrimp in large quantities, the salmon's fatty tissue absorbs the astaxanthin. After large accumulations of the pigment, the salmon changes from its basic color as a white fish to a reddish color. My favorite salmon is Sockeye, if you ever have any leftover cooked salmon try this recipe for a nice summer

Prepare 4 cups cooked pasta of your choice drain & chill. Place 1 cup of fresh <u>cooked chilled salmon</u> in a medium-sized bowl add <u>2 tablespoons olive oil</u>, <u>2</u> tablespoons lemon zest, 2 tablespoons lemon juice, 2 cloves garlic, minced, 1 tablespoon fresh chopped dill , 1/4 cup sweet chilli sauce. Set aside. Wash & dry 1 cup fresh baby spinach leaves thaw 1/2 cup frozen peas. In a medium bowl, toss all ingredients together & serve chilled.

Shopping list:

Pasta (of your choice)

□ Salmon

☐ Olive oil

□ Lemon

☐ Garlic

☐ Fresh Dill

☐ Sweet chili sauce

☐ Baby spinach leaves

☐ Frozen peas

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ARTS & ENTERTAINMENT



PHOTO BY DERRICK LUNDY Dancers of all ages perform some colourful Polynesian pieces at Sunday's lavender festival at Sacred Mountain Lavender.

ISLAND ARTISTS

Art show success benefits homeless

Florence Roberae's Tuscan Harvest exhibit captures viewers and buyers

BY ELIZABETH NOLAN

Anyone who visited ArtSpring during the month of June could not have helped but notice the lobby exhibition by Florence Roberge.

The building's immense walls and ceiling heighth can sometimes overwhelm quieter works, but Roberge's Tuscan series fit the scale and the majesty of the surroundings. Many visitors agreed, and with eight paintings sold, her show is one of the biggest successes seen there for some time.

Her eye for colour and her preference for large canvases combined in this series to create grand-scale still lifes featuring the fruits of a bountiful Tuscan harvest, where bowls of grapes and figs radiate against rich ochres, reds and browns. Roberge, who makes an annual trip to the region, has clearly absorbed its warmth and

The appeal of Roberge's work is undeniable and it's



Florence Roberge.

satisfying to see a local artist make an impression on her home turf. (A mini buying frenzy occurred one day at ArtSpring with three paintings sold. With prices averaging around \$1,500 and going up to \$2,750, this is quite a testament to her appeal despite the economic atmosphere.)

During the dismantling of the exhibit, Roberge modestly conceded that it had been "very successful."

"There was all kinds of good feedback," she added, "people didn't just come here but to the website as well."

This was the first large show for Roberge since 2005, when she exhibited at the Rotary Centre for the Arts in Kelowna. She customarily opens her

studio each vear, however, and sells most of what she produces. Something that's different this time around, and adds an extra level of satisfaction, is the artist's decision to donate 100 per cent of her sale proceeds to the RainCity Housing and Support Society, a Vancouver organization that provides housing for the homeless.

"I'm a pretty fortunate person," Roberge said in explanation. A former Vancouverite, she has worked as a lawyer and a social worker and therefore knows something about the people the grassroots organization supports. Initially an emergency shelter for those that most shelters won't take in (residents aren't required to be clean or sober to qualify), the society now has almost a dozen programs, including emergency housing, long-term housing, food services and life skills support.

While her support for the organization is admirable, Roberge was quick to say that her motives aren't completely altruistic.

"Don't be fooled," she laughed. "It's not about charity work - I would be doing this

Roberge in fact began her

her early 20s in Vancouver. Even with her other vocations, "I always painted — I always did this when I could. The last 10 years I've been able to do it full time, which is great."

In her paintings and ceramic sculptures, Roberge is committed to the large scale. She is continuing her Tuscan series and is also working on a new series of "very huge" paintings of very tiny wildflowers. In her sculptural work, too, Roberge shows an expansive world view: her current work in that medium is figurative pieces 20 to 25 feet tall.

"People describe it as oversized, but I never think of it that way because that's just the way I see things," Roberge said of her still lifes.

As for Salt Spring, Roberge has only positive things to say.

"This is a wonderful island for being an artist. The artistic community is so generous and supportive, and stimulating."

She also voiced her gratitude for having ArtSpring as a

"I am so appreciative of this space and having it affordable is a great thing. I think more artists with huge works should take advantage of it."







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CONCERTS & HEALING Music, dance and sound yoga merge

Alain Besson's farewell events

On Wednesday, July 15, ArtSpring will present Alain Besson's last concert on Salt Spring Island with a special guest from Belgium: Fabienne Huygen.

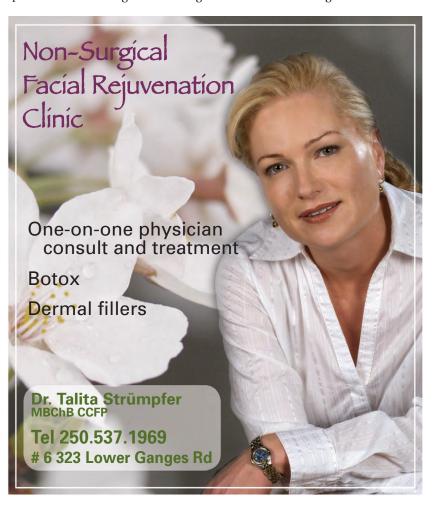
The program includes an original meeting of classical and modern eastern and western music with audience participation. It starts with the Beethoven's Pathetic Sonata, piano improvisations, classical and modern songs. The audience will progressively discover different forms of music, including sacred Indian mantras, dance and Sound Yoga.

Alain Besson is a pianist and conductor who recently organized the Music Festival for Peace and led the Mozart Requiem with Tuned Air and Sacred Sound choirs. He has given concerts and Sound Yoga sessions all around the world.

Huygen is a classical dancer who has also studied South Indian dance. a yoga teacher, singer and healer who expresses pure love, joy and feminine power through the sacred language of the body.

The show will start at 8 p.m.

Tickets, which cost \$20, are available at ArtSpring. A July 17-19 workshop will follow the concert at these times: Friday, 6 to 9 p.m. (\$30); Saturday and Sunday, 10 a.m. to 5 p.m. (\$90) at the Salt Spring Spa



People& *** Community

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B.C. heritage on display in harbour Boats should be preserved, not vilified

MARITIME HISTORY

BY GREG MIDDLETON

The other day I was down at the Ganges Coast Guard dock, mostly looking out over the harbour to make sure my boat was where I had left her out at anchor earlier in the day, when I heard someone ask why they let those old tugs anchor up out there.

There has been a little controversy about them, especially since the tug Seahorse turned up earlier this year and dropped mooring buoys off Grace Point. That so angered at least some Grace Point residents they paid \$1,800 apiece to drop four mooring buoys of their own to make sure no one else could put down a mooring buoy in front of them and "spoil their view."

First of all, it is perfectly legal for someone to drop a mooring buoy, usually big concrete blocks, as long as they don't impede traffic. It is just an anchor and one of the few remaining real freedoms we have is to anchor where

Secondly, what you see out there in those two venerable old ships and a couple more that regularly show up here are pages out of West Coast's maritime history, history that is quite quickly being lost.

The Tyee No 1 was built in Seattle in 1914 as a halibut schooner. It was in fact the biggest halibut schooner built on this coast and fished halibut in Alaska and off the Queen Charlotte Islands. In 1928 it was refitted for the Russian fur trade, taking supplies and trade goods up the Bering Sea to trade for furs. Eventually it went back to halibut fishing and ended its working life as a fish packer, bringing fresh iced fish back to market from the fishing grounds. About two years ago, with more than 90 years as a working boat, it was bought by Tyee Tom, as he is known around the harbour, with the idea of taking tours out for coastal cruises. Tom admits he maybe needs to win the lottery to do that.

The Seahorse is a work in progress too. It was built in Texas in the 1940s and towed supply barges out to the Marshall Islands in the South Pacific. After it finally retired, it slowly made its way up the coast. It is now owned by a local ferry captain, who is gutting



Tugboat Seahorse has been called an eyesore in Ganges Harbour.

it and will soon begin restoring it. Restoring old tugs has cult status among boaters. It's

akin to restoring old steam locomotives. Also often in the harbour is the Atrevida, once the Powell River to Texada Island ferry. Some islanders here remember watching with trepidation as their cars were hoisted aboard her with a winch.

Omage, a sturdy little Vancouver 29 that is out on a mooring buoy, was single-handed here from Panama after a few years in the Caribbean with one stop in Hawaii after three months at sea, a trip that would make even veteran sailors pause in admiration. After a winter refit at the dock it is shipshape and ready to cruise this coast.

Oh there might be a couple of boats out in the harbour and a few more over in what some call "Squalor Bay" or "The Trailer Park" that are a bit past their best-before dates. All you can see of one old Tahiti ketch is a few feet of the mast — an ignominious end for one who sailed the South Pacific in days before satellite navigation and radar, when all most sailors had was a compass and a sextant if they were lucky.

Some argue all the mooring buoys should be taken out and the harbour reserved for visiting yachts.

Me, I prefer these boats and fish boats like Ed Newman's venerable old trawler Lady

Jane, which has spent a lifetime feeding people prime trawl-caught salmon, to the huge plastic mega yachts that cruise by and tie up at Ganges Marina, safely behind a locked gate and tinted glass.

Remember, some of those old boats were B.C.'s life and livelihoods for a long time. They are what make a harbour picturesque and worth looking out over.

Others are veteran travellers and have seen the stuff heroic stories are written about.

If the people in Grace Point want to do something more than dog in the manger mooring buoys or lawsuits without a shred of merit, they might consider spearheading a fund to help the owners of these two boats spruce them up. Money to help them pay to get the hull scraped and painted would certainly accrue them more merit in this and the next life than carping.

All nicely painted up they would be quite a sight, something their dinner guests could ooh and aah over and give the Grace Point owners bragging rights.

"I helped restore that classic old boat, a piece of maritime history."

The writer is a seasoned sailor and the captain of the Cat's Paw II, a 32-foot sailboat, which does about 2,000 nautical miles up and down the B.C. coast each year.







To book your advertising space call Tracy at The Driftwood 250-537-9933 tstibbards@gulfislands.net



So what do you do with an abundance of zucchinis and a bunch of old toys? Well, how about a little recycling and some ingenuity to create a zucchini racer. There are many varieties of racers: stock zucchinis, mini stocks, modifieds and just about

whatever one can dream up. Racers need to keep in mind when designing their zucchini racer that the track is about 18" wide. Medium-large size zucchinis work the best, however, we have seen some small ones perform quite well. There is always a mechanic on duty for emergency repairs, if needed.

This has become such a popular event at the fair that an article was published in the British Columbia Magazine Fall 2008 issue. Make sure you check the Fall Fair schedule this year for race times and most of all Have fun at the fair!

Any questions, please call Noella Fraser 250-537-5393





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CAR SHOW

Public takes a shine to car show

2009 event the biggest yet

BY SEAN MCINTYRE

DRIFTWOOD STAFF

The Canada Day Show and Shine has gone from 38 to 120 in less than a decade and shows no sign of letting up.

Not even the mechanically disabled Fulford ferry prevented nearly 5,000 participants from catching a glimpse of the 120 classic cars on display at the SIMS/hydro field on July

"The show's popularity has grown so much, we're probably the number two event on the island right behind the fall fair," event organizer Marv Coulthard said following this year's ninth annual event.

The 2009 trophies, created by Salt Spring artist Jerry Ringrose, were awarded to Stan Wiseman and his 1936 Ford pick-up truck (best local in show), Ollie Hodges for a bright orange and purple 1926 Essex (best guest in show) and Bob Bentham for his exquisitely detailed black 1967 Buick GF (best overall).

"It turns out the owner is a professional car detailer," Coulthard said. "No wonder it had such a nice shine."

Salt Spring skydiver Bobby McGee kicked things off from several thousand feet above the field, landing on the bullseye in spite of gusting winds and onlookers' collective



PHOTO BY DERRICK LUNDY

Dan Braybrooks polishes his 1929 Model A at the Canada Day car show.

bated breath.

The jump proved a great start to a show featuring "lots of Salt Spring entertainment done the Salt Spring way" and included local music, a salute to Canada Day and an all-day concession stand.

"We're very happy with that entertainment," Coulthard said, adding that this year's show drew 10 more cars than the 2008 event.

That roughly two-thirds of the entries were entered by local car collectors shows just

how popular the car club itself has become since Coulthard helped get it rolling nine years ago.

The club has grown to include between 60 and 70 active car enthusiasts with 12 core members.

Since Coulthard "bit the bullet" and bought his 1960 Morgan back in 1998, he's discovered dozens of Salt Spring Island classic car enthusiasts with two, three, four or even more cars stashed away in their yards and garages.

The club, he said, is always looking for and ready to welcome new members.

"The car club is run the Salt Spring way," Coulthard said. "We've got no meetings, no executive, no dues and no rules except that the car must be antique or classic and be on Salt Spring."

For more information on how to get involved with the club, visit www.saltspringcarclub.com/canadaday.html or call Coulthard at 250-537-



Counselling Services: Short-term counselling for adults, youth and

Alcohol and Drug Program: Prevention and treatment service is free

Family Place: See www.saltspringcommunityservices.ca for schedule.

Let's Do Brunch: Tuesday, 9:30am - 12:30pm

Food Bank: Open Tuesday, 11am - 4pm

The Wall: Indoor Rock Climbing Gym, open Thurs. & Sun. 6:30-9:30 pm CLOSED for July and August.

Recycle Depot: Open Tuesday - Saturday 10am - 5pm, 349 Rainbow Rd., 250-537-1200.

Seniors Wellness Programs: Call Sharon Glover at 250-537-4607.

Emergency Mental Health Services: Available 4 pm to midnight at Lady Minto Hospital. Call 250-538-4840

24-hr. Crisis Line: Toll free: 1-866-386-6323. Caller is connected with the Need Crisis Centre in Victoria.

Nobody's Perfect: Registration at Family Place 250-537-9176.



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MARINE LIFE

Low-tide beaches: good combing time

Marine biologist inspires nature

walks

BY NATALIE NORTH

Last month's full moon brought with it recordbreaking low tides that exposed a hidden world of undersea creatures.

When I first met marine biologist David Denning in his Salt Spring lab, I also met squid egg sacks developing in a closely monitored tank. A peek under the microscope revealed 100-200 eggs in each sleeve, some already alive with tiny squid.

What makes the egg sacks so special is more than simply the miracle of squid life. The exciting thing about the eggs is how they were found. The clumps are usually laid down at a depth of about 15 feet, but given the extremely low tide, Denning simply walked down Fulford Harbour and borrowed one from the shallows just off the dock.

The tides in July won't be quite as ultra-low as they were in June, but they'll get close during the weeks of July 7 and 21, when the new and full moons' gravitational pull takes hold of the waters. While the moon has the greatest pull over the ocean given its proximity, the sun's pull also has an effect and it's during these summer months when both forces combine to create a beachcomber's paradise.

We live in a mecca for sea stars, with over 85 species living in our waters . . . or where our waters usually are. The ochre sea star, which comes in shades of purple and orange, is amongst the most common. But unfortunately for sea stars, which rely on maintaining moisture for their suctioncup-like crawl, the low tides will occur around the middle of the day and they could end up drier than a Manhattan.

There's really no telling what treasure you could stumble upon during a low tide trip to the beach. All kinds of nudibranchs are waiting to be found in intertidal pools and kids' favourites, the shore crab, will likely lurk under a rock or two.

Just remember to carefully return whatever you moved to its original position, so that life on both sides of the object has a chance at survival until the next tide comes rolling back in.



PEOPLE & COMMUNITY

EVENTS

Salt Spring's eco-home tour date now set for 2009

Early bird tickets on sale

Fans of past Salt Spring eco-home tours and those eager to see what the fuss is all about should mark Sunday, Aug. 16 on their calendars.

Then they should pick up a ticket for the Salt

Spring Eco-Living and Home Tour at the early bird price of \$20. Tickets are at Salt Spring Books (250-537-2812) and Gecko Green Living (250-537-1151). After Aug. 7, the price rises to \$25.

The self-guided tour of some eight to 10 different spots highlights green building, renewable

energy, ecological protection, food production, water conservation and transportation alternatives. It runs from 10 a.m. to 4 p.m.

"Visit exciting new projects and old favourites that just keep getting better," urges a press release. "Come out and see what your neigh-

bours are doing, share information and get new ideas for your project."

The tour is sponsored by the Earth Festival Society, Salt Spring Island Conservancy and the Institute for Sustainability Education and Action

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Court TV	133	Not Offered		
Discovery Kids	135	Not Offered		
BBC Kids	138	Not Offered		

JULY 16th					
VICTORIA & SALT SPRING ISLAND CHANNEL CHANGES					
CHANNEL	FROM	TO TO			
MSNBC	115	89			
Cosmopolitan TV	158	91			
VIVA	159	92			
National Geographic	116	93			
OUT TV	93	100			
MovieTime	114	101			
Showcase Action	118	102			
Showcase Diva	119	103			
Home & Garden Television	50	105			
CTV News	103	106			
CMT - Country Music Television	102	109			
MuchMusic	100	110			
MTV	101	111			
KSTW - The CW Seattle	106	112			
CPAC - House of Commons	109	114			
CFTM - TVA (West) Montreal	110	115			
RDI	111	116			
TV5	112	117			
NHL Network	117	158			
SERVICE CHANGES	FROM	TO TO			
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CONSERVATION

Islanders asked to look out for great blue herons

Bird on "special concern" list

BY LAURA MATTHIAS

Standing over one metre tall, the great blue heron (Ardea herodias) is the largest heron on North America.

The non-migratory, coastal subspecies (Ardea herodias fannini) is federally listed by the Committee on the Status of Endangered Wildlife in Canada as "special concern" (defined as a wildlife species that may become a threatened or an endangered species because of a combination of biological characteristics and identified threats).

This stately bird nests in colonies, called heronries, sometimes with several hundred nests in one heronry. Herons prefer quiet forested locations within a few kilometres of their feeding grounds for nesting sites. They often feed on fish and amphibians in eelgrass beds, grasslands, beaches, and estuaries.

waterfront foraging habitat are becoming harder to find in the populated southwestern B.C. coast. Herons have also been in decline due to habitat loss and other factors, such as a rise in bald eagle populations. Heron chicks often fall prey to these predators.

The predation is compounded when herons are disturbed during the nesting season, often by human activities. This causes the adults to fly off the nests, leaving the helpless chicks exposed to predation.

Nesting in colonies may be one mechanism for ensuring that the predation is dispersed over several nests. But it can also provide a smorgasbord of food for predators once familiar with a colony location.

Productivity of coastal herons has been documented to have been in decline for a number of years.

Many large, historic colonies on the coast, including Salt Spring's own McFad-



den Creek heronry and the neighbouring Crofton heronry, have abandoned their traditional nesting sites and dispersed.

Trudy Chatwin, rare and endangered species biologist with the Ministry of Environment, has been studying and documenting heron colonies with others for many years on B.C.'s coast. She has observed that the herons seem to be dispersing into smaller colonies, possibly as a means of trying to stay under the radar of bald eagles and other predators for as long as possible during the breeding season.

However, smaller colony sizes may also reflect that there are fewer herons out there. Chatwin notes that the smaller colonies do tend to fail over the long term.

As part of the Salt Spring Island Conservancy Stewardship Project, the conservancy is interested in hearing from you if you have seen groups of herons nesting in trees. Call us at conservancy at info@ saltspringconservancy.ca or 250-538-0318.

If you live near a heron colony, take care to avoid disturbing them, especially during the remainder of their nesting season for the next couple of months.

ADVICE expert

Insurance Advisor

How do I know how much life insurance I need?

There are three answers to this important question, as there are different reasons for having life insurance. The first is to simply provide for final expenses: funeral and burial

costs today run about \$10,000. There may also be legal and accounting fees to deal with the year a person dies. If death occurs while a person is travelling, it can be quite pricey to send a deceased person home in a casket. So in today's dollars, \$10-20,000 would be enough for this basic need for funds at the time of death.

The second category is to cover both the final expenses already mentioned, as well as enough to pay off any debts. Today, many people owe several hundred thousand dollars on their mortgage. If your intention is that your partner or other family members will be able to stay in the home, it is nice to have enough life insurance to clear the mortgage or any other loans upon your death.

The third level of protection is replacing income when there are dependents. If you are the main breadwinner, a rule of thumb is to own 5x your annual income in life insurance. You want your family to have choices - to be able to stay in their home and maintain their current lifestyle. This, plus enough coverage to clear debts, may add up to a large sum . . . but if you are healthy, the premiums may be quite affordable. Give me a call for a free quote!

Edith Stevenson

250-653-2440

edith.stevenson@sunlife.com www.sunlife.ca/edith.stevenson 129 Brookwood Place Salt Spring Island BC V8K 4W1



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Personal Trainer

How do I get started and stick with an exercise program?

It is not enough to purchase a membership to a gym. The best way to get started on an exercise program is to hire a personal trainer. When you hire a trainer and book regular appointments it becomes part of your life to show up to the gym. A personal trainer will also design a program for your body and goals that will give you the results you need to stay motivated and excited about exercising. At the Living Strong Gym, the Certified Personal Trainers are available to suit your schedule and get you started on your life-long journey of health and fitness. Keep in mind that with the new membership rates of a dollar a day at the Living Strong Gym you can budget for personal training and get the results you deserve. Come on in to our gym and meet one of our highly qualified and energetic trainers to get started on your exercise program. Live Strong to Live Long. Sheena Bull Bsc. Ag, CPT ACSM, owner of Living Strong Studio.

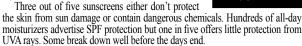
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Spa Explained

Does your sunscreen work?

Hello Sunshine! The decadent warm days of the summer season feel so good on our skin after the long winter months, but while we are outside soaking it all in, we do have to remember to take care of our skin.



This summer Eminence Organic Skin Care is excited to introduce a new face and body SPF 32 Protect and Repair collection that shields your skin in and out of the sun and the elements. Aloe vera, hibiscus, vanilla and shea butter are just some of the comforting and healing ingredients. When zinc oxide is paired with organic herbal ingredients an amazing natural sun barrier is created. The new Tropical Vanilla Sun Creams for both Body and Face contain SPF 32 to help ward off dangerous rays and have been shown in clinical tests to increase skin's moisture levels by 20 percent.

When you finally tear yourself away from the warm reach of the sun treat yourself to a soothing indulgence with our healing and repairing products featuring the incredible healing powers of aloe vera. Aloe Mint Hydrating gel-Face and Aloe Mint Hydrating Gel-Body are both after sun products that moisturize and soothe. Hibiscus Calendula Recovery Masque is a hydrating and healing after-sun masque.

Go ahead, enjoy the sunshine! Stay protected when you can, and when you can't, soothe your irritations with the new summer collection from Eminence Organic Skin Care available at Skin Sensations Day Spa.



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Financial Advisor

Avoid these mistakes when evaluating your portfolio's performance



JUDITH

When it comes to evaluating your portfolio's performance,

there are some common mistakes you can try to avoid. Here are six to keep in mind: Don't evaluate performance over a short period of time. Always keep a long-term

- Don't blame your financial advisor for factors beyond his or her control. Market
- declines are an inevitable part of the investing process and not a reason to sell quality
- 3. Don't overlook money moving into and out of your account or you could come to some wrong conclusions about performance.
- Look forward, not backward. The legal disclaimer appearing on nearly all investment literature states that "past performance may not be an indication of future results."
- Don't forget about income. Investors should realize performance comes from not only growth, but also growing income.
- Have realistic expectations. Wide price swings in the stock market can be difficult to stomach - especially equities when the news is bad and the market is down. But owning quality equities can provide the potential for growth.

With these points in mind, make sure you regularly review your portfolio with your financial advisor to stay on track to meeting your long-term goals.

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FR	9:50 am		11:00 am	
T0	11:50 am		1:00 pm	
			3:00 pm	
SUNDAY	3:50 pm		5:00 pm	
Ę	5:50 pm		7:00 pm	
S	7:50 pm		9:00 pm	

	LEAVE FULFORD HARBOUR	LEAVE SWARTZ BAY
	6:15 am	7:00 am
ΙХ	7:45 am	8:30 am
No	7:45 am 9:15 am	10:00 am
×	10:45 am 12:15 pm 2:00 pm 3:50 pm	11:30 am
Ø	12:15 pm	1:10 pm
Ë	2:00 pm	3:00 pm
šAI	3:50 pm	5:00 pm
v,	5:50 pm	7:00 pm
	7:50 pm	9:00 pm

Capital Regional District



Call for Credentials

Consulting Services for Salt Spring Island Septage Processing Facility Upgrade

The Capital Regional District invites qualified consulting firms to submit credentials for the provision of design, costing, tendering and construction management services for upgrading a septage processing facility on Salt Spring Island, BC. The purpose of this Call for Credentials is to select a maximum of three of the most qualified and experienced firms who will be invited to submit detailed proposals for this project.

For a copy of the Call for Credentials document, interested consultants are invited to visit our website at www.crd.bc.ca (Doing Business / Business Opportunities) or BC Bid website at www.bcbid.ca.

Submission of credentials should be made to the undersigned no later than 4 pm local time on July 17, 2009. A consulting contract will not necessarily result from this Call for Credentials.

Joshua Frederick, PEng Capital Regional District 625 Fisgard Street, PO Box 1000 Victoria, BC V8W 2S6 Tel: 250.360.3097

represents SSI

Islanders converge for Cowichan Challenge

BY SEAN MCINTYRE

Six members of the Salt Spring Island Triathlon Club made the trip to Chemainus on Sunday to compete in the 2009 Cowichan

"We were passing people on the uphills all the time," said Johan Bosman, a participant in the challenge's main event. "Normally I don't like the uphills, but today I was like, 'okay here's another one."

Bosman took pride in completing the race on

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WELCOME

WAGON

a "mountain bike that ate many fancy road bikes for breakfast."

The main event featured a 1,000-metre swim, 34-kilometre cycle and nine-kilometre run.

Despite incurring a three-minute "iPod penalty," Bosman, 28, earned a ribbon for placing third in his age category. His 2:21:04 finish topped the Salt Spring contingent and placed him 51st overall.

Neil Anderson, 30, finished with a time of 2:21:19, while Lisa Adams, 21, finished first in her age category with a time of 2:22:30.

Racers agreed that their hilly Salt Spring training ground was a huge bonus when it came to taking on the notoriously undulating Cowichan Valley course.

Competing in the 500-metre swim, 17-kilometre cycle and fivekilometre run sprint event, Karen Curtin, 38, finished in 1:17:34, Amy Geddes, 28, finished in 1:30:01 and Julie Van Soeren, 54, ended the event in 1:34:11.

"They said the race was hilly. What do they mean hilly? It's not hilly at all," Van Soeren said.

Tri-club members have turned their focus to their next major event, the Self-Transcendence Triathlon on Aug. 2 at Victoria's Elk Lake. For more information about the club, visit www.meetup.com/ triclub.



FAST SAVE: Cayce Fedberg faces a hard shot from Eric Rothwell as Jyah Flam looks for a rebound during weekend playoff action at the Fulford Academy of Soccer Training (F.A.S.T.)

DISC GOLF

Island stop strikes a chord with disc golf competitors



From left, Kelly Jasek, Jay Sammy and Gordon Murphy finish their round at last weekend's disc golf tournament.

open class

BY SEAN MCINTYRE

Barclay takes

More than 50 disc golfers from across the province convened at Mouat Park on Saturday for the annual Hart Memorial Disc Golf Tournament.

"Everybody had a great time," said event organizer Gordon Field. "It seems to have become a tradition."

A highlight of the day, Field said, was amateur-competitor Adam Sutherland's back-toback aces on holes 12 and 13.

Participants competed in 10 categories as part of the fourth stop on the Island Summer Series circuit. The next event takes place on July 25 and 26 on Cortes Island.

Keith Barclay won the ald (103) topped the five open class with a score of 89 over two rounds of

"He's going to be very happy about this," Field

Joah Chlopan and Steve Mawdsley tied for second place with 92 points and Ted Hickford shot a 93 to take third

Joan Gignac won the women's open class with a 104. The open masters title went to Gordon Murphy (93). Chevy (110) took home the open grand masters' title and Brook Holdack (113) won the open grand masters women's class. Fritz Arnold (104) took top spot in the open senior grand masters category.

Ben Dixon (95) finish first among advanced players. Clint MacDonamateur competitors. On the women's side,

Cheryl Netzke took the amateur class (124), while Rebecca Cox won novice women (136).

Tournament participants were among the first course users to experience the newand-improved Mouat Park course.

Upgrades like new tee boxes were made possible thanks to volunteers and a \$2,100 contribution from the Salt Spring Parks and Recreation Commission.

Island disc golfers await delivery of new signs and materials hoped to clearly identify the course area.

Field said the course is a source of pride for the volunteers and players who helped make the improvements possible.

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Complete

Natalie shapes up: an appetite for fitness

First article in a summer series

BY NATALIE NORTH

DRIFTWOOD STAF

When I first moved back in with my parents for the summer, my mom got me hooked on The Biggest Loser television show. How nice it was to curl up on the couch with a peach cider and a bowl of Doritos as we watched people fight the fat — a battle common to most at one point or another.

But by the time they all lost half their weights and pulled their loose skin into evening gowns, I lost my appetite.

I had a slew of excuses for why I stopped indulging in my passion for running and suddenly started buying clothes twice the size as the rest in my closet. A smattering of these include a foot injury; a lack of time to exercise between work and school; apathy toward my physical well-being; love of bocconcini pizza; a whole lot of love for rye and Coke.

But now I'm ready to make physical health a priority in my life and to take ownership of my muffin top — which ironically, was achieved with help from whole muffins, not just their tops.

This week I embarked on a two-month journey toward improved fitness under the direction of personal trainer Leslie Wiens at North End Fitness. I probably should have been frightened by a person who signs her e-mails with a "Moohahahaha" under her name, but I knew it was time. I need the brutality.

Everything was going as planned for our first session. We chatted while I spun, then several litres of sweat spewed from my pores during the 30-minute — sorry — 30-second sprint intervals. I hopped



PHOTO BY DERRICK LUNDY

Natalie North at North End Fitness.

up and down from a step before crouching behind it and lunging repeatedly. I didn't ask questions. And it actually felt pretty good to slide around on a vinyl mat in 30-degree weather doing crunches and

Then I stood up.

Then I sat down again.

I doubt it ever goes well when a chubby chick with a threeto-one coffee-to-water ratio is thrust into timed anaerobic exercises in the summer heat.

If my sweaty self grossed out Leslie, she did a good job of hiding it, or maybe she was too busy studiously recording my scores which we'll use as a barometer to measure my

progress at the end of the summer. Leslie's sinister sign-off and the advice given to me from her previous client — to feign a knee injury and score some leniency — were unnecessary scare tactics.

I didn't quite faint after the first round of activity. Vision a little spotty, hearing a little sketchy, but consciousness still intact. We worked on some resistance training for my voluptuous back and I agreed to keep a food journal. Just when I thought the possibility of passing out was no longer, a sneak attack of lightheadedness struck me down at

I grabbed the closest seat

deck. Mentally, I've already gotten in shape, but in reality I've hit ground zero. How did this happen to a recreational marathon runner who used to jog around the 10-km Elk Lake trail twice back to back for fun? I probably should feel more discouraged that I'm in far worse shape than I suspected, but I don't. This is an opportunity to make some serious progress.

Leslie's body composition report is less bleak and her approach is logical. I'm no longer allowed to pretend I don't see the nutrition facts on the bocconcini pizza and I have begun to count every calorie to shed my excess cuddliness. According to the report, just under 30 per cent of my body is fat. I aim to get that number down to 25 per cent, which is within a healthy range for me. I'm not a numbers person, however, and I don't really care what the scale says. At 5'9" (that's six feet in heels, yikes) I don't ever want to be close to 120 or even 130 pounds again. I'm shooting for the ability to outrun my middle-aged father. (Sorry Dad, it's a long-standing goal.)

I have accepted that I might never fit some of those adorable little clothes in my closet that are laughing at me with their spaghetti straps and unflattering-on-a-broomstick high waistlines. I'm so very lucky that I have Leslie guiding my way, but the only person I'm doing this for is me and it's time.

Still, if anyone else is trying to lumber through the heat and turn down margaritas in exchange for club soda with lime, I'm happy to offer some group support or comic relief over here. Probably the latter. Whatever I'm doing, it ain't



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MEN'S GOLF

Excellent weather aids success on the greens

Schwenger, Jensen and Luckie Mashie winners share men's golf titles

The extremely dry weather has meant great golf with matching great scores for men at the Salt Spring Island Golf Club this season.

Strong fields competed for the Schwenger Cup won by Mike Winter and the Jensen Cup (for men over 70) won by Ralph Quick.

On June 25, 20 teams teed off for the highly coveted "Lucky Mashie Trophy" with the team of Don Nemeth and Kurt Duff coming out on top, narrowly beating Lee Hurd and Michael Wheaton.

In a Parsons Cup qualifying round on July 2, some outstanding scores were turned in with Bob Gibson's net 60 proving to be the best of the day.

The business men's night (TNT) first semester was won by Chad Little, who came on strong at the end to beat out Vassa Drobyshev and Doug Wellington.









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